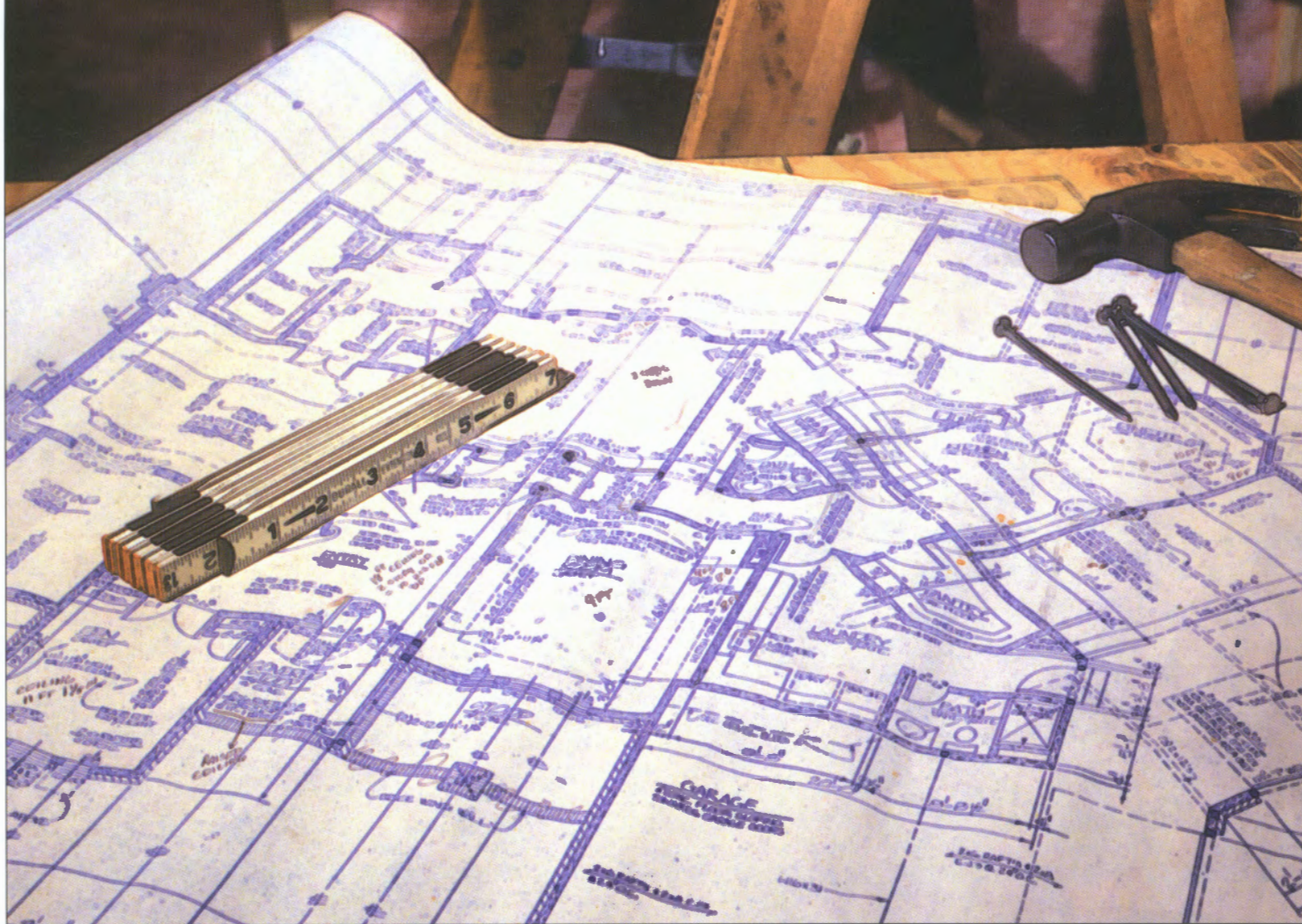


FACS

FALL 2001

*Better
Housing
For Georgia's
Workforce*

Responding to Crisis

As this issue of FACS magazine was going to press, unthinkable terrorist attacks destroyed thousands of lives in New York City, Washington, D.C., and Pennsylvania. The damage inflicted on two icons of our way of life in the United States — the World Trade Center and the Pentagon — continue to reverberate throughout our governmental, economic, communication and transportation systems, as well as in our relationships in families and communities.



**Family and
consumer
sciences
research is
highly relevant
to many of the
issues facing
our country
today.**

In response to this crisis, elements in the national character of the United States of America have come into sharper focus, including generosity toward those who suffer, mutual support, affirmation of freedoms, and strength found in spiritual beliefs from a variety of religious faiths. Leaders at the national level and in local communities guided the nation through the rituals of mourning. Our nation was joined in these expressions by people from all around the world, reinforcing the reality of globalization.

Now, we turn our attention to the long-term task of dealing with the obvious as well as the insidious threats of terrorism. There is a role for family and consumer sciences professionals to play in responding to this crisis, just as we have responded in other times of crisis, such as the Great Depression, wars, and natural disasters. Information needed by families, consumers, and organizations is made readily available for community rebuilding efforts.

Family and consumer sciences research is highly relevant to many of the issues facing our country today. Some examples:

- studies of what makes families resilient provide guidance for coping with crisis,
- research on children's fears offers help to parents, teachers, and child care providers as they reassure children,
- understanding consumer behavior in the face of uncertainty enables educators and financial counselors to offer alternatives for stable financial management,
- research on the role of stress on nutritional status alerts citizens to dietary adjustments they may need to make during times of crisis, and
- studies of the global marketplace in apparel, furnishings and food, and of the contributions of various countries and cultures to fashion and interior design, can help students and others gain an appreciation for the role of many groups in the international economy and avoid the tendency toward isolationism in a time of national crisis.

The stories reported in this issue of *FACS* magazine reflect the synthesis of research and the application of knowledge in partnership with communities. Whether in ordinary times or in times of crisis, family and consumer sciences fulfills our mission of taking knowledge to the public.

We are proud to include the Honor Roll of Donors in this issue. Thank you for supporting the alumni activities of the College and the enhancement programs for our students. Our development goals are ambitious because the needs are great. We truly appreciate your commitment in helping to achieve them.

Seeing what family and consumer sciences professionals here in Georgia and across the nation are doing to help families respond to crisis makes me extremely proud to be a part of this profession. As alumni of a great institution, I hope you feel the same.

A handwritten signature in blue ink that reads "Sharon Y. Nickols".

Sharon Y. Nickols, Dean

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FACS

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Fall 2001

SPECIAL

From the Desk of the Dean	OPPOSITE
Remembering Dr. Mize	INSIDE BACK COVER
Alumni Relations: Athens Autumn	11

FEATURES

House Report	4
IHDD Defined	7
Darlene's Voice	9
Senior Study	12
Teaching the Teachers	14

pp. 7, 12



NEWS

Breaking News	2
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FACS FACTS

Alumni/Students/Faculty Notes	16
AAFCFS Fellowship Recipients	16
In Memoriam	19
Nominees	20



p. 4

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Research for the

Award Winning Photo

Kriya Reuter (BSFCS '01, Consumer Journalism) was a winner in the Office of International Education's Student Council on Globalization Photo Contest. Her photo was one of 89 entries and was taken in Monterosso, Italy, the fifth "terrace" town of Cinque Terre. ■



Research Grants: Improving the Lives of African-Americans

FACS researchers have received three major grants that are allowing them to expand and refine their projects.

■ **Dr. Gene Brody** (Research Professor, Child and Family Development) received \$3.1 million from the National Institute on Alcohol Abuse and Alcoholism to develop prevention programs to decrease alcohol and substance use by African-American children living in rural Georgia. The project builds on Brody's longterm research with African-American families, identifying their coping mechanisms and effective parenting strategies.

■ **Dr. Velma McBride Murry** (Associate Professor, Child and Family Development) has secured \$3.2 million from the National Institutes for Mental Health to develop a program designed to decrease young African-Americans risk for HIV/AIDS. Murry's focus is on parenting practices that help children develop positive self-concepts, which other research shows has a positive buffering effect against risk behaviors.

■ Researchers in the Foods and Nutrition Department have received a \$2.1 million grant from the U.S. Department of Agriculture to expand a project focused on developing and testing a culturally appropriate dietary intervention for African-American children and their families.

The researchers — **Dr. Rebecca Mullis** (Department Head, FDN), **Gail Hanula** (Public Service Assistant and Extension Nutrition/EFNEP Specialist), and **Marilyn Hughes** (Research Scientist), as well as **Dr. Thomas E. Reeves** in the College of Education — plan to recruit fourth-graders through the Atlanta Public School System and their families to participate. The program will work through the Expanded Food and Nutrition Program using home videos mailed to the participants' homes. The researchers believe that by the end of the study the children, as well as their parents, will ask for and eat more fruits, juice, vegetables and lower-fat foods. ■

making news

needs of African-Americans... 100 FACS friends...

The 2001 Alumni Award Winners

More than 100 people attended the 2001 Alumni Awards Luncheon at the Athens Country Club, which included a tour of the UGA President's House and a talk by Mrs. Mary L. Adams, wife of UGA President Michael Adams.

Awards also were presented to alumni and friends of Family and Consumer Sciences.

Beth Epling, (BSHE '70, Home Economics Education) received the Distinguished Alumni Award. Ms. Epling spent many years as the 4-H Director in Effingham County and also was a leader in 4-H throughout the state of Georgia. Since retiring, she has taken on the role of Education Coordinator for the New Ebenezer Retreat Center in Effingham County.

Geraldine Clarke (BSHE '76, Child and Family Development, MED '96, Adult Education) received the FACS Outstanding Service Award. Ms. Clarke, Director of Resident Services for the Athens Housing Authority, also has served the Athens community through her work with the Girl Scouts, the United Way, the YWCO

and the Commission on People with Disabilities.

Dr. Karen Shetterley (PhD '91, Child and Family Development) received the Emily Quinn Pou Professional Achievement Award. As a Senior Program Developer at the Georgia Center for Continuing Education, Dr. Shetterley develops and implements programming in the areas of child and family development and adult aging. She also manages and directs grants for the center totaling \$9 million.

Kindra Watters (BSFCS '93, Home Economics and Journalism) was awarded the FACS Pacesetter Award. Ms. Watters works for the Georgia Department of Agriculture in the

area of commodities promotions. She also serves as President of the FACS Alumni Association for 2001-2002.

Dr. William Flatt (Professor Emeritus, Foods and Nutrition) was awarded the Creswell Award for his leadership in motivating and guiding students. In addition, Dr. Flatt and his wife, June, have established several scholarships and recognitions for outstanding FACS students. Although officially retired, Dr. Flatt continues to guest lecture and direct graduate students.

Dr. Glenn Burton (Professor, Agronomy) was awarded the FACS Appreciation Award, which goes to an individual who has demonstrated significant support of Family and Consumer Sciences. Dr. Burton's support includes establishing the Glenn and Helen Burton Feeding the Hungry Scholarship and the International Study Award. ■



Award Winners with Dean Nickols: (l.-r.) Bill Flatt, Beth Epling, Kindra Watters, Glenn Burton, Sharon Nickols, Geraldine Clarke, and Karen Shetterley.

HouseReport

**The first
comprehensive
study of housing
in Georgia,
conducted by
the FACS
Housing and
Demographic
Research Center,
identifies
problems and
offers solutions.**

By Denise Horton

Twenty-four-year-old Soledad Chavez, her husband and three children live in a 1972 single-wide trailer with a roof that leaks. The family bought the trailer, which sits on two acres of land outside Ellijay, close to two years ago for \$28,000.

Recently, Chavez was able to pay off the note on her home with a \$15,000 interest-free loan from her sister. She's committed to paying off the loan in two years and hopes to buy a newer home and rent the trailer to another family.

Chavez's housing situation is just an example of the information uncovered by a comprehensive study conducted by the FACS Housing and Demographic Research Center. The study is the first in the state to document Georgia's current housing situation, housing options that are available, and what needs to be done to ensure that appropriate housing is available — both for the lowest paid workers and middle managers.

"Common sense might tell you that if you have a job and you have money then you can find housing," says Dr. Tom Rodgers, Associate Dean for Public Service and Outreach, "but that's not necessarily true. What we found, particularly in rural areas, was a shortage of rental properties, of single-family starter homes for sale, and of land available for building. All of which can impact whether a company chooses to build in a particular location.

"The bottom line," Rodgers continues, "is that much of Georgia's workforce has to settle for inadequate housing because too few housing options are available."

The study was funded by the Georgia Department of Community Affairs and grew out of interest by Lt. Gov. Mark Taylor to bring more jobs into the state's rural, economically depressed areas.

"By focusing on the housing infrastructure found in rural Georgia, we're demonstrating the importance of affordable housing both as an economic development issue and as a quality of life issue," Taylor says.

The first half of the 100-plus page report is an extensive data analysis regarding housing and population trends in Georgia.

"As a state, we do not have any system to collect housing data on an on-going basis," says Dr. Brenda Cude, department head of HACE and a member of the HDRC.



Researchers in the Workforce Housing Study include (left to right) Karen Tinsley, Dr. Anne Sweaney, Dr. Tom Rodgers, Janet Valente, Dr. Brenda Cude, and Dr. Jorge Atilas. Not pictured are Dr. Gladys Shelton and Dr. Doug Bachtel.

"Because an adequate supply of housing is essential to the future of Georgia's economy, we hope this study will be the first of an on-going effort to collect housing information and provide it to decision makers at the city, county and state levels."

Dr. Doug Bachtel, professor of Housing and Consumer Economics, oversaw much of the data analysis, which drew on information from a wide variety of sources, including the U.S. Census, the Georgia Department of Revenue and the Georgia Department of Community Affairs, the National Low-Income Housing Coalition, the manufactured housing industry, and city and county officials.

"This study reinforced the critical need for rental

units in rural areas," says Dr. Anne Sweaney, HACE professor. "If you're a new teacher almost anywhere in rural Georgia, you're going to have a difficult time finding an apartment to rent."

The final report also includes results from 12 town hall meetings held in representative communities throughout Georgia; a web-based survey of members of the Georgia Economic Development Association; case studies of three industries that have either located or expanded their sites in rural Georgia in the past five years; and a series of "success stories" regarding housing.

"Data collected by agencies like the Census Bureau are at least a year old when they become available," says Karen Tinsley, project manager of the study. "That infor-

mation is essential to understanding trends, but we also wanted to include first-hand accounts of what people see happening in their communities.”

For example, those attending the town hall meetings included local government officials, representatives of the Chambers of Commerce, builders, bankers and the general public. The survey of economic developers focused on the impact of housing on economic development. The case studies, which included formal surveys of hourly employees as well as informal interviews with executives, provided an even closer snapshot of how housing issues have affected employees in three companies.

The information gathered in the case studies covers the gamut from a company that’s concerned about its largely uneducated Latino workforce being taken advantage of by unscrupulous landlords and home sellers, to a company whose executives refuse to live in the area because of poor schools and low property values. In some cases, employees would like to live near their workplace, but there’s no land to purchase. In others, the increasing salaries of employees are allowing them to leave government-subsidized housing for manufactured homes they can afford to buy.

“It’s important to recognize that in each of the case studies we found a culture that wanted to enhance the housing of its employees and wanted to be good citizens

in the community,” Rodgers says. “But in some cases, there are impediments that are working against those goals.”

A final step in the HDRC study is a collection of “success stories” in the area of workforce housing.

“We want to provide possible solutions to the problems we found,” says Janet Valente, HDRC educational program specialist. “Some of those solutions already exist and we want to be sure that everyone who sees this study knows about them.”

For example, Mercer University and the city of Macon are combining private and public resources in a major redevelopment project that will encourage homeownership in inner-city neighborhoods. Likewise, a neighborhood in the town of Martinez demonstrates how manufactured housing can provide a positive benefit for a community.

“This community is designed with sidewalks and nice yards and all the things you would find in any well-planned neighborhood,” Valente says. “The homes are both single-wides and double-wides. Some of the homes are older, but they’re in excellent condition, which dispels the myth that as manufactured housing ages it falls apart. These homes have been maintained, just like site-built homes must be repaired as they age.”

Other solutions suggested by the HDRC team

include government support to encourage developers to build homes and apartments in rural areas, and developing consumer education programs to help employees decide if they’re ready to buy a home, what they should look for in a home, and how to maintain a home.

“This study pulls together the good, the bad and the ugly of workforce housing outside the Atlanta area,” says Rodgers. “By recognizing what’s missing in a community and by studying the success stories that are out there, we hope rural leaders will draw on these findings and make the necessary changes that will allow them to successfully attract new industries and thus enhance their communities.” ■

Cristina Ortiz-Stafford translates Soledad Chavez's answers to a survey for the Workforce Housing Study from Spanish into English.



IHDD Defined

**The Institute
on Human
Development and
Disability works
with other
institutions and
agencies to help
Georgians with
disabilities
transform their
own lives.**

It would be more comfortable if the Institute on Human Development and Disability could be put into a tidy box; easily understood. But like the people it serves, IHDD defies simple categorization.

Beginning this year, its full title is "The Institute on Human Development and Disability: The Center for Excellence in Developmental Disabilities Education for the state of Georgia," but from 1965 through 2000, IHDD also carried the title of being a University Affiliated Program, one of 60 programs in the United States associated with universities and teaching hospitals that were established as part of a federal initiative to help improve the quality of life for people with disabilities and their families.

"Someday, I'm going to write a small book on the joys of collaboration," says Dr. Zo Stoneman, director of IHDD, following one of the many meetings she attends to discuss various conferences and projects that involve the Institute. "Then, I'm going to write a really big book on the challenges of collaboration."

Stoneman and the rest of the IHDD staff embrace collaboration as an integral part of their nearly 20 projects that are funded by a wide variety of organizations. Collaboration includes working with state agencies to arrange conferences and training; working with faculty members both at the University of Georgia and other academic institutions; and, most importantly, collaborating with those with disabilities who are the end-users of the many projects overseen by IHDD.

"Self-advocacy and self-determination is an idea that dates back nearly 20 years, but in Georgia there's been an immense increase in these goals during the past five years," Stoneman says.

The roots of self-advocacy can be found in efforts by students with physical disabilities to attend universities, but now it has grown to encompass those with cognitive disabilities, as well.

An interesting side note: IHDD is now located at River's Crossing, a



IHDD Director Zo Stoneman

building that once housed people with severe cognitive and physical disabilities. As a result of a change in federal law a decade ago, most of the River's Crossing residents were moved into community settings — living with family, friends or other caregivers and receiving the support they need with funding through Medicaid, Social Services block grants, state dollars and other funding sources. A study by Stoneman has shown that nearly all of these former residents have successfully transitioned to community living and many have made great gains in their lives as a result.

But living in a community isn't enough, Stoneman says. Now, an added effort is employment and workforce development for those with cognitive disabilities.

"When you talk with people with disabilities," she says, "the number one thing they say they want is to work."

Employment issues are addressed by a number of IHDD projects including the Americans with Disabilities Act project, which educates business owners about the types of accommodations they must make for people with disabilities. But, Stoneman says, there are also institutional barriers that must be addressed. For example, if a person with a disability makes a certain amount of money he or she may be at risk of losing Medicaid funding.

While addressing the needs of those with disabilities will always be a prominent part of IHDD's mission, Stoneman says the institute is beginning to focus on more general topics.

"If you only focus on developing projects that address the needs of those with disabilities, you're never going to have inclusion," she says. "Now, we're looking at the underlying philosophy of more generic systems and making sure that philosophy includes those with disabilities."

An example is a project IHDD is developing for the Georgia Office of Adolescent Health and Youth Development.

"AHYD decided that practitioners needed to shift



Above: PhD student Keith Bell and Annette Moore participated in a torch relay commemorating the 10th anniversary of the passage of the Americans with Disabilities Act.



Left: Each year parents and children from throughout Georgia attend the Babies Can Wait Parent Conference on Early Intervention that is coordinated by IHDD.

their thinking from focusing on 'teenage problems' to seeing youth as participants in positive youth development," Stoneman says. "With that in mind, we're developing and will implement an ongoing, comprehensive, statewide youth development personnel training system with the goal of helping those in Georgia's Adolescent Health/Youth Development system learn the skills to improve the behavioral, developmental, and health status of Georgia's youth, including youth with disabilities."

Underlying all of IHDD's work is its training mission.

"When the program began we primarily worked with students in special education, psychology, and teacher training," Stoneman says. "Now we're trying to touch all areas of the university because people with

disabilities interact with the rest of society.”

“Law school students, economics majors, journalism majors, all benefit from understanding people with disabilities and their roles in society,” Stoneman says. “The reality is that nearly everyone will at some time have someone with a disability as a customer, an employee, a neighbor or a family member.”

For many years, IHDD has offered students from undergraduates to post-doctoral students the opportunity for interdisciplinary training. Students can work on projects with staff members, develop research practica that they conduct in cooperation with IHDD faculty, or work

in internships under the guidance of IHDD that gives them direct experience working with people with a range of disabilities.

Since obtaining institute status, however, Stoneman says IHDD will soon be offering a certificate program for interested students.

“There has been a need and an interest in doing this,” she says. “A certificate can highlight for future employers or graduate schools that a student has this expertise. For students in majors that aren’t generally considered related to disability studies, this can be a real plus.” ■

Darlene's Voice

**The Georgia
Personal
Assistance Service
Corps/AmeriCorps,
one of 20 projects
overseen by the
IHDD, helps a
woman discover
her strengths.**

“Growing up, I wasn’t lucky,” says Darlene Coggins. “I was born with a cognitive disability. Back then they called it ‘mentally retarded.’”

Coggins repeatedly heard — few people talked to her directly — that she had the mind of a 5-year-old and would never be able to make decisions for herself.

Now, through the Georgia Personal Assistance Service Corps/AmeriCorps, Coggins is making decisions for herself and her 12-year-old son, as well as going around the country talking to large groups of people about the importance of self-advocacy, in addition to looking for opportunities to encourage people with disabilities throughout Georgia to become their own self-advocates.

The Georgia Personal Assistance Service Corps/AmeriCorps program is one of about 20 projects overseen by the Institute on Human Development and Disability. Its goal is to recruit members — both people with and without disabilities — to serve people with disabilities on a part-time basis for a year, according to Katie Ford, who directs the program.

Coggins is the first Georgia PAS Corps/AmeriCorps member who is a self-advocate, a fact that Ford had to consider when accepting her into the program.

“I didn’t know Darlene,” she says. “We had been in a workshop together, but I didn’t know what supports she might need. During our first interview, I asked her why she wanted to join AmeriCorps. She said, ‘I found my voice and I want to help others find their voices.’”

Soon after, Coggins and her son moved to Athens to be closer to friends from whom she receives help dealing with the physical limitations caused by

multiple sclerosis as well as her cognitive disabilities.

"My cognitive disability has affected me in a lot of ways," she says. "I don't have no book learning. I went to the 12th grade. I graduated, but I don't know if it's a certificate (of attendance) or a diploma. I don't understand numbers. I can't keep a checkbook. I don't know how to do a timesheet. I can't read very well."

Despite her disabilities, Coggins is a strong advocate for her son, who struggles with his own reading, and she and Ford work together on the speeches Coggins gives around the country. Coggins tells Ford the key points she wants to make and Ford writes them in large letters that are easily readable.

A natural-born storyteller, Coggins weaves a narrative that includes childhood abuse, multiple foster homes, becoming a mother, being diagnosed with multiple sclerosis and time spent in an institution that can make listeners shudder. But her story is undergirded with strength and a belief in herself.

It was while she was institutionalized that Coggins



Darlene Coggins (left) and Katie Ford look over changes Darlene has developed to simplify the office time sheets.

set her mind to regaining control of her life.

"It was hell," she says. "I couldn't call my son or my sister. I couldn't have visitors. I realized that if I didn't be good, I wasn't leaving that place. I started working on my attitude."

Coggins was released and began work at a sheltered workshop in a nearby county.

"I got that first check and I was so proud," she says. "I went down to the bank and handed it to them, thinking I'd earned \$198. They handed me \$1.98 for a whole week. I took it back to the service center, put it on the table and said they could keep it."

At about this same time, Coggins attended her first People First meeting. People First is a self-advocacy program for people with disabilities.

"They asked me to stand up and say my name and it clicked for me," Coggins says. "I thought, 'This is it.'"

Coggins started a local chapter of People First in Greensboro, called Soul Freedom. For nearly a year, she spent her time and energy overseeing the organization and finding a place for it to meet. Among her accomplishments was working with the local government to develop a playground that was accessible for children with disabilities.

"These children had nowhere to go," she says. "They'd just roll around in the parking lot."

When she met with resistance, Coggins used a tactic that's served many an advocacy group well.

"As I was walking out, I told them, 'by the way, we are registered to vote.' They asked me to come back," she recalls with a grin. The playground was built.

As an AmeriCorps member, Coggins receives a monthly stipend and will be eligible for an educational grant when she completes her term of service. She plans to use the grant for photography classes.

While her work as an AmeriCorps member is ending, Coggins will continue to work at IHDD through the program, "Everyone Can Serve!" which focuses on including more people with cognitive disabilities in national service programs like AmeriCorps, Vista and Senior Service Corps, and will continue to fight for others to have the same control over their lives as she's obtained.

As a part of the federal Olmstead Decision, each state is required to develop a plan to help people with disabilities move out of institutions and into community settings.

"I take this dearly to my heart," Coggins says. "I go into institutions and ask if they want to come out. I've helped get one out and I'm working on another." ■

Family & Consumer Sciences at the University of Georgia

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—Amanda Hull,
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 (FACS) program and work
 with the fine faculty of this
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 and caring."**

—Sheryl B. Lash,
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AthensAutumn



I want you to take a stroll down memory lane with me for a minute. If you are rushing through this column on your way to the class notes section, slow down for just a moment. I want you to relax and enjoy some special memories, times and feelings. Get a cup of coffee, settle into your favorite chair, and let's reminisce.

Think back with me to the day you first arrived at the University of Georgia as a freshman. Summer's heat was still bearing down when we arrived on campus that mid-September day. Filled with excitement and a little trepidation at being on our own, we crammed all of our worldly belongings into the bathroom-sized dorm room we would share with another person and call home for the next nine months.

Autumn in Athens brings back memories of Saturdays and Georgia football. The brass section of the Red Coat Band playing those lazy opening strains of "Georgia On My Mind" would make my heart leap, then "Glory, Glory to Old Georgia" and I was ready to take on Tech! Remember how weekdays before the game could be chilly, but come kick-off on Saturday, the sun would be blazing in the student section of Sanford Stadium? If you didn't sport a sunburned nose and forehead on Sunday, it was a dead giveaway that you had either gone home or studied in the Library all weekend.

Fall colors on campus are among the brightest and most brilliant memories for me at this time of year. There is just something about walking to Dawson Hall on a crisp autumn morning, seeing the trees on fire with the season's colors and feeling that first nip of winter's promise in the air that always takes me back to my first year on campus.

So much is changing at the University. The year begins in August now that we are on semesters. Physically, we have added East Campus to our map and grown to educate over 30,000 students each year. Dorm rooms have their own telephones, televisions and computers.

But some things will never change. The memories that have lasted a lifetime for me are many of the same ones freshmen are making today.

Let me invite you back to campus sometime this fall. Come walk through North Campus and hear the rustle of leaves beneath your shoes as you remember going to classes with books under your arm and a sweater around your shoulders. Be my guest and sit in on a class in Dawson Hall, just for old time's sake. Take a tour around our building, and go down to the Home Management Houses. The outsides are still the same, but what goes on inside is a new and excitingly different story and I'd like to tell you all about it.

Autumn in Athens ... then, as now, a great place to be! ■

Ruhanna Neal is Director of Alumni Relations. She can be reached by email at rneal@fcs.uga.edu or by phone at 706/542-4881.

Senior Study



**Foods and
Nutrition
Professor Mary
Ann Johnson
researches
the nutrition
needs of older
citizens.**

"I hope I got the real vitamins," former Nicholson Mayor Geneva Nix says about a research project led by Foods and Nutrition Professor Mary Ann Johnson. "I'm anxious to take the memory test to see if it's gotten better, then I'll know if I've gotten the real ones."

The "vitamin guessing game" has provided a new distraction for the regulars at the Jackson County Senior Citizens Center. More than 150 are participating in the research, helping Johnson and her colleagues determine whether increasing the levels of vitamin B-12 can enhance the hearing and cognitive abilities of older citizens.

"We know that a lack of B-12 is related to poor cognition and hearing," Johnson explains. "Now, we want to see what happens when you replenish it, and how high a dose is required."

The study began in January and includes six different senior centers around Georgia. Researchers will finish gathering data this fall and begin analyzing it.

Nikki Hawthorne, a FACS alumna who is a registered and licensed dietitian, is the lead nutritionist and overall project director. Others involved include, Dr. L. Stephen Miller, UGA Department of Psychology, who is making the cognitive assessments; and Dr. Kelly Shea-Miller and Dr. Al DeChicchis, UGA Department of Communication Sciences and Disorders, who are conducting the hearing assessments. The U.S. Centers for Disease Control and Prevention in Atlanta also have been very supportive of this study and are conducting many of the blood tests.

The vitamin study is one of several foods and nutrition projects that are combining research and service.

"I think this is a wonderful project," says Shirley Smith, director of the Jackson County Senior Citizens Center. "We participated in a nutrition and exercise project a year ago and we still have one of our participants lead an exercise class every day and we've continued to incorporate more fruits and vegetables into our menus."

In the current study, the participants also have received extensive blood work and hearing tests in addition to the vitamins.

"We received much better blood work than we could anywhere else," Nix says. "My doctor was very impressed when I took all that information to him. Also, I got to find out that my hearing was normal and my husband, Wilson,

found out he needed hearing aids and has gotten them.”

“Four years ago we began looking at the nutrition problems of older citizens,” Johnson says. “We found out there is a high prevalence of B-12 and D vitamin deficiency. There also are high rates of obesity, diabetes and hypertension.”

With the aging of the Baby Boom generation, the percentage of Americans who are 60 or older is rising steadily. By 2030, up to 25 percent of Americans will be 60 years or older.

In addition to exploring the effects of adding B-12 back into their diets, Johnson and her colleagues also are looking for other ways to improve nutrition for older citizens.

In a cooperative study with the North Carolina and Georgia Extension Services, Johnson is implementing a nutrition education program in 25 senior centers in Georgia. The training is provided by county agents, such as Judy Bland in Tift County.

“It’s important that those who design education programs have a thorough understanding of our audience,” Bland says. “For example, we had one curriculum that was way too heavy on filling out forms. The seniors we work with were not going to do that. There are also issues such as the reading level of materials. Again, it needs to be at the level of our clientele.”

Johnson and her fellow researchers plan to reach 1,000 seniors in this study and see if the education program changes their dietary habits. In particular, the program is focusing on meals that are served in congregate settings, such as at senior centers, and programs such as Meals on Wheels.

In Georgia, these meal programs serve more than 45,000 people each year. Most people receive five meals each week which means more than 11 million meals are served each year in Georgia alone.

“This is a great opportunity and challenge to help improve the nutritional health of older adults in Georgia,” Johnson says.

While some seniors are highly motivated to improve their nutrition and exercise habits, others are slower to motivate.

“For many of our older adults, transportation and money are an issue,” Johnson says. “We have to be sensitive. Also, we have to come up with fun and interesting ways to help them.”



Study participants include Geneva Nix, 75, Margaret Miller, 79, and Neville Farmer, 82. Researchers include Jean Edwards (top) and Dr. Kelly Shea-Miller.

In addition to targeting older adults directly, Johnson also is working on a project that educates those who prepare the foods.

“Not everyone who works with older people understands nutrition,” Johnson points out. As part of this education effort, county Extension agents and staff with the Georgia Department of Human Resources’ Division of Aging Services are working with registered dietitians to educate the directors at senior centers on nutrition issues.

“As a part of this project, we’re developing a nutrition information website for educators that will include lesson plans that can be used in a range of settings,” Johnson says. “In a second phase of this project, we plan to expand the website and include nutrition and health information, recipes and handouts that the directors of senior centers can use both in their center’s program and meal planning and to educate older people on these issues.”

Back at the Jackson County Senior Citizens Center, Director Shirley Smith says she’s ready to join any project sponsored by Johnson and her colleagues.

“I know we’re doing another project in the spring,” she says. “I’ve told them anytime there’s a project, we want to be involved.” ■

Teaching the Teachers

**PreK-Grade 2
program
prepares
college
students to
teach young
children.**

On a warm spring day, Sally Tamplin's 20 kindergartners file into their classroom following their weekly art class. Tamplin has them sit down while she discusses the upcoming math lesson.

Holding up five small colored blocks — three red and two green — Tamplin (BSFCS '00) asks the class a series of questions:

"Is this right?" she questions, putting two red blocks, followed by the two green and ending with a red.

"Noooo!" the children call out. "You don't have all of the red blocks touching."

After putting the blocks together incorrectly two more times, Tamplin is finally greeted with a loud chorus of agreement when she correctly places the three red blocks together followed by the two green.

To those uneducated in how young children think, the exercise seems simplistic, but Tamplin knows that her kindergartners will more quickly grasp addition if they're able to use objects to reinforce the concept.

Tamplin divides the children into four groups and each group practices addition concepts with different types of objects, including beans, colored beads, and squares of construction paper they glue into patterns. They follow the hands-on activity by carefully writing out the equation, including the occasional backwards "3" or "5."

For the next 20 minutes, Tamplin and her teacher's aide move from one child to another, instructing, encouraging and, occasionally, reminding students to continue their work rather than chat with a friend.

When the math lesson ends at 2 p.m., Tamplin talks with the children for a few minutes about the classroom chrysalis that will soon become a butterfly before the children lie down to rest and Tamplin has a brief break.

"It's draining because the kids all need you and you can only help one person at a time," Tamplin says of this first year of teaching. "When you have two children who get hurt at the same time and a third is losing a tooth, it's hard to bal-



Sally Tamplin helps her kindergarten students learn addition using a variety of techniques.

ance all of that. I think I could sit behind a desk until 8 p.m. and not be tired, but I'm emotionally drained at the end of each day."

Although teaching 5-year-olds is challenging, Tamplin says she was well-prepared due to the Pre-K-Grade 2 program that she completed. The program, jointly offered by the Department of Child and Family Development and the College of

Education's Early Childhood Education Department, was established in 1994 specifically to prepare college students to teach young children.

"Our program focuses on the development and education of the whole child, not just their cognitive development," according to Dr. Julia Atilas, Senior Academic Professional. "When it was begun, pre-kindergarten was just being established as an opportunity for all children; we wanted to make sure the pre-kindergarten program wasn't just a watered down version of kindergarten."

In answer to critics who suggest that a college degree isn't necessary to teach young children, Atilas says, "Human development is a very complex thing. Caring about the children is essential, but there's much more. It's also essential that teachers of young children understand how they develop, what should be expected of them at different ages, how to work with individual children to ensure that they all reach their potential, how to recognize the early signs that a child may have special needs so that those needs can be addressed, as well as knowing how to teach dif-



Sally Tamplin and Dr. Julia Atilas look over a teaching portfolio. Atilas is overseeing a program that allows first-year teachers like Tamplin to mentor university students.

ferent subjects and how to teach them the best. And none of this is to say that a four-year degree is enough. That just gets teachers started. They have to be life-long learners."

In addition, teachers like Tamplin are also teaching social behaviors, such as taking turns, sharing and using appropriate language.

"They're not just teaching them songs and the alphabet," Atilas says.

To ensure that university students are receiving the training they need, Atilas received a grant establishing a program that allows a first-year teacher to mentor a university student.

"We're asking these new teachers to work with the students in developing their teaching portfolio," Atilas explains. "This accomplishes two goals: It helps the teachers reflect on their own training and how it has affected them in the classroom and it helps us ensure that the training we provide is relevant.

"It's a very straight forward project," she continues, "but it's also a way to continue mentoring these new teachers. It's given me a reason to meet with them every week; to sit and talk and tell us what challenges they've faced that we could have prepared them for." ■



FACS FACTS

Alumni Notes

1930s

Carolyn Norton Bowen (BSHE '39) has written an autobiography titled *Heap of Living*.

1960s

Carolyn H. Mahar (BSHE '68, Child Development; MS '70, Home Economics Education; EDS '95, Early Childhood Education) was chosen Teacher of the Year at Enota Elementary School in Gainesville.

1970s

Patricia "Vandie" Leak Enloe (BSHE '77, Child Development; MEd '79, Early Childhood Education) is a program specialist with Children's Health Care of Atlanta.

Judy Herrin (BSHE '72, Clothing and Textiles) is vice president of professional services at The Community Foundation in Jacksonville, Fla.

Cynthia Jones Kozlowski (BSHE '79,

Child Development) is the director of a private pre-kindergarten program in Rochester Hills, Mich., that just received accreditation from the National Association for the Education of Young Children.

Mary Rider (MS '78, Housing, Home Management and Consumer Economics) is a consumer health policy Extension specialist at the University of Nebraska.

Donna Taylor (BSHE '79, Home Economics Education) is president of Human Capital Developers in Atlanta.

Deborah Burgess Wise (BSHE '76, Home Economics Education) is a fifth-grade teacher at Claxton Elementary School. She also is a demonstration teacher at Georgia Southern University.

1980s

Sandra Jane Nix Cantrell (BSHE '90, Home Economics Education; MS '91, Housing, Home Management and Consumer Economics) is an independent sales director with The Pampered Chef in Gainesville.

Lisa Hamby Chawla (BSHE '88, Fashion Merchandising; MEd '99, Marketing Education) is teaching at a local learning center in Gwinnett County. She also has a 3-year-old son named Julian.

Beadie Davison (BSHE '82, Clothing and Textiles/Home Economics Education; MEd '83, Home Economics Education) received the State Distinguished Service Award and the State Public Relations Award at the Family and Consumer Sciences Professional Association state meeting held in September 2000. She is an Extension agent in Augusta-Richmond County.

Michele Jones Ellington (BSHE '89, Home Economics and Journalism) is in the Continuing Education Department at the Medical College of Georgia in Augusta. She plans continuing education conferences for doctors, dentists, and nurses.

N. David Frushtick (BSHE '89, Consumer Economics and Home Management) is the vice president for Helen Frushtick Furs at the Apparel Mart in Atlanta.

Debbie Redeker Phillips (BSHE '85, Home Economics and Journalism; MS '87, Housing, Home Management and Consumer Economics) owns The Quadrillion, a full service marketing, training, and image development firm in Stockbridge.

Elizabeth Hatton Roper (BSHE '83, Furnishings and Interiors) passed the National Council of Interior Design Qualification Exam. She and her husband have a son named Jacob and live in Las Vegas, Nev. Elizabeth is an interior designer with Boise Cascade Office Products.

Deanna Wood (BSHE '87, Home Economics Education; MEd '88, Home Economics Education) married Mark Bowen on June 9, 2001. She teaches Family and Consumer Sciences at Jackson County High School.

1990s

Ashley Carol Arnall (BSFCS '99, Consumer Economics) married Carle Ashby Felton III on Dec. 2, 2000. She is an account executive with HPCi Publications in Atlanta.

AAFCS Fellowship Recipients, 2001-2002



Dean Sharon Y. Nickols with **Emilia Papakonstantinou** (PhD student, Foods and Nutrition), **Robyn Mowery** (PhD student, Child and Family Development), and **Kelly Manley** (PhD student, Housing and Consumer Economics), after they received their AAFCS Fellowships for 2002 at the annual meeting in Providence, R.I. Not pictured is **Margaret Kabahenda** (MS student, Foods and Nutrition), who was in Uganda collecting data for her thesis.

Tim Barrett (BSFCS '98, Consumer Journalism) is the events manager at the Georgia Center for Continuing Education at the University of Georgia.

Melissa Lee Blankenship (BSFCS '98, Child and Family Development) recently received her Master of Education degree with an emphasis in educational technology.

Heidi Boynton Butler (BSFCS '96, Fashion Merchandising) and her husband Brett Lee Butler of Mt. Pleasant, S.C., announce the birth of their daughter, Brittany Anna Butler, on Nov. 23, 1999. The grandparents are **Anna Blocker Boynton** (BSHE '66, Home Economics Education) and her husband Rooks of Atlanta.

Kijuana Freeman (BSFCS '96, Child and Family Development) is a resident services coordinator with the Athens Housing Authority.

Danielle Green (BSFCS '98, Furnishings and Interiors) is an interior designer for The House, a fine furniture gallery in Alpharetta.

Karen Hayes (BSFCS '99, Furnishings and Interiors) works for Harrison Design Associates in Atlanta.

Ivy Gentry Hubler (BSFCS '99, Dietetics) has completed her Master in Public Affairs degree at the University of Alabama in Huntsville, Ala.

Cory Lawson (BSFCS '98, Housing) is a placement specialist with Williamson Staffing Services, Inc. in Marietta.

Laura Elizabeth Linton (BSFCS '00, Child and Family Development) received her MEd in Family and Consumer Sciences Education from UGA during the August 2001 commencement.

Tara Malone (BSFCS '96, Furnishings and Interiors) works for Inner Space Design Group, Inc. in Norcross.

Bryan Marquardt (BSFCS '97, Furnishings and Interiors) is a project designer allied with ASID at EXPO Design Center in Atlanta.

Tiffany McIntyre (BSFCS '97, Consumer Economics) works for Liebert, Joe Powell and Associates, Inc. in Norcross.

Tracy Chason Nolan (BSFCS '98, Dietetics; MS '00, Foods and Nutrition) is employed as a clinical dietitian at Emory Hospital in Atlanta.

Melanie M. Paradise (BSHE '90, Fashion Merchandising) is an admissions coordinator at Pellissippi State Technical College in Tennessee.

Amy M. Patrick (BSFCS '99, Consumer Economics) is the office coordinator for Bradley Arant Rose and White LLP in Washington, D.C.

Stacy Kay Pitchford (BSFCS '96, Child and Family Development) married Victor Joseph Buffo on July 1, 2001. She is a third-grade teacher at Buford Academy.

Dallas Pride (BSFCS '99, Consumer Journalism) is a community relations coordinator with Celtics Basketball, L.P. in Boston, Mass.

Marion Martin Ray (BSFCS, '99, Fashion Merchandising) is a facilitator at the Georgia Center for Continuing Education at the University of Georgia.

Jake M. Wakefield (BSFCS '93, Hotel and Restaurant Administration) married Allison Ward in March 2001. The couple lives in Macon.

Jennifer Minish Wimberly (BSFCS '98, Consumer Economics) owns "The Garden Gate" in Five Points. She is married to **Rob Wimberly** (BSFCS '98, Consumer Economics), co-owner of Bulldog Waste Services, Inc.

Robin Vance (BSFCS '99, Consumer Economics) is a real estate assistant with Robert Properties, Inc., in Atlanta.

2000s

Laura Leigh Barton (BSFCS '00, Clothing and Textiles) is a marketing coordinator at Campbell High School in Cobb County. She received her Master of Education degree in marketing education from UGA at the August 2001 commencement.

Allison Blackshaw (BSFCS '00, Furnishings and Interiors) is an interior designer for Stephen Fuller, Inc. in Duluth.

Nick Cassini (BSFCS '01, Consumer Economics) was named to the United States squad for the Walker Cup golf competition.

Robin Fierer (BSFCS '00, Furnishings and Interiors) works for Harrison Design Associates in Atlanta.

Lane Hodges (BSFCS '00, Furnishings

ATTENTION

HACE Alums Sought!

The Housing and Consumer Economics Department wants to know about its alumni. HACE grads are invited to fill out the online form at www.fcs.uga.edu/hace/a_form.html

Tired of Telemarketers?

Make your annual donation to the FACS Alumni Association via email at www.fcs.uga.edu/development/index.html and we'll remove your name from our Phonathon list this fall.

and Interiors) is an interior designer at Kay Fuller Interiors in Alpharetta.

Ryan A. Posner (BSFCS '00, Child and Family Development) is director for Posner Consulting in Athens. He specializes in website development.

Ellen Strickland (BSFCS '00, Consumer Economics) is employed as a loan processor for West Coast Bank in Salem, Ore.

Darby D. Thompson (BSFCS '00, FACS Education) received a Master of Education degree in Family and Consumer Sciences Education from the University of Georgia during the August 2001 commencement.

David James Van Dyke (Ph.D. '00, Child and Family Development) was awarded the Dissertation Award by the American Association of Marriage and Family Therapy. His dissertation is titled, "Effectiveness of a Multiple Family Group Therapy Approach: Reducing Recidivism of Juvenile First Offenders."

Faculty and Staff

Dr. Julia Reguero de Atilas (Senior Academic Professional, Child and Family Development) received the 2001 Donald O. Schneider Award for Mentoring in the College of Education. Dr. Atilas is joint-appointed in FACS and COE and is coordinator of the Pre-K-Grade 2 program.

Carolyn Ainslie (Senior Public Service Associate, Morgan County) was awarded the FACS Outreach Award for County Agents; **Mick Ragsdale** (Data Collection Coordinator, Housing and Demographic Research Center) received the FACS Outreach Award for Staff; and **Dr. Gladys Shelton** (Professor, Housing and Consumer Economics) received the FACS Outreach Award for Faculty.

Dr. Patricia Bell-Scott (Professor, Child and Family Development) has been named a Fellow by the National Council on Family Relations. Dr. Bell-Scott, who also holds an appointment in Women's Studies, was a founding editor of *SAGE*, the only scholarly journal exclusively focused on African-American women, and she is the author of three highly praised books on African-American women.

Dr. Carolyn Berdanier (Professor Emerita, Foods and Nutrition) has published her latest book: *Nutrient-Gene Interactions in Health and Disease*. Dr. Berdanier edited the book with Naima Moustaid-Moussa. It is published by CRC Press, Boca Raton. Another book, the *CRC Handbook of Nutrition and Food* is scheduled to be published in October or November.

Dr. William Flatt (D.W. Brooks Distinguished Professor Emeritus, Foods and Nutrition) gave the inaugural Clara Dishman Memorial Science Lecture at Bethel College, Tenn. The lectureship was established to bring leaders in the natural sciences to Bethel to present their ideas. Dr. Flatt attended Bethel College in 1948-49. His wife June is a 1954 graduate of Bethel.

Ms. Sharon Gibson (FACS Educator)

was a leader in developing a conference for South Georgia on "Public Health Impacts of Prolonged Drought in Rural Georgia," which was held in May at Albany State University. Speakers included Dr. Don Bower (Associate Professor, Child and Family Development and Extension Human Development).

Dr. Diane Hodson (Academic Professional, Child and Family Development) received the 2001 FACS Outstanding Advisor Award and also was selected campuswide as the first Outstanding Academic Advisor/Mentor Award recipient representing classified staff and non-tenure track faculty.

Dr. Hui-Chin Hsu (Assistant Professor, Child and Family Development) has received a two-year grant for \$143,456 from the National Institute of Child Health and Human Development for the study of the "Role of Maternal Emotion in Mother-Infant Interaction."

Dr. Lee Johnson (Assistant Professor, Child and Family Development) has accepted a position focusing on the Marriage and Family Therapy program. Dr. Johnson came to FACS from Friends University in Kansas City. His PhD is from Kansas State University.

Dr. Mary Ann Johnson (Professor, Foods and Nutrition) and Dr. Al DeChicchis, associate professor of communication sciences in the College of Education, have been awarded \$200,000 for two years from the U.S. Department of Agriculture for their research project on vitamin D deficiency and auditory function of genetically disordered mice. The research will provide new insight into the possible interrelationships of nutrition, genetics and age on auditory function.

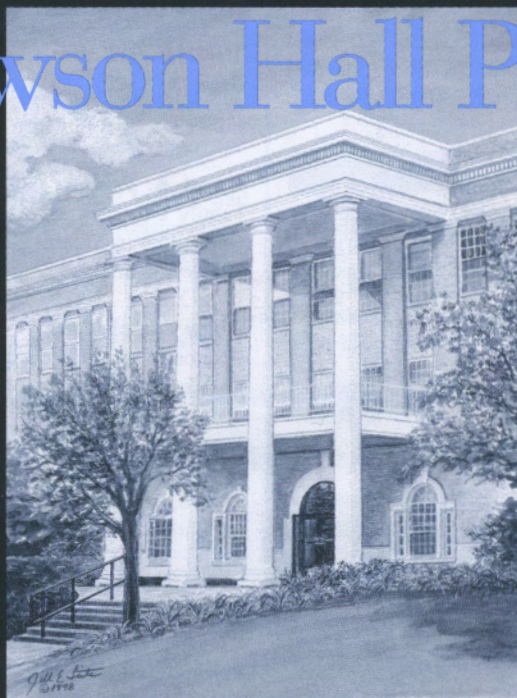
Dr. Naz Kaya (Assistant Professor, Textiles, Merchandising and Interiors) has accepted a position focusing on the interiors and furnishings major. Dr. Kaya, who is originally from Turkey, completed her PhD at Oklahoma State University.

Dr. Julia Marlowe (Professor, Housing and Consumer Economics) was chosen HACE 2001 Advisor of the Year.

Dr. Rebecca Mullis (Department Head, Foods and Nutrition) has been appointed to the Office of Women's Health Leadership at the Georgia Department of Community Health.

Dr. Velma McBride Murry (Associate Professor, Child and Family Development) and **Dr. Anita Payne Smith** (Senior Public Service Associate, Child and Family Development) were sworn in to the State

Dawson Hall Print



Enhance your home or office with this full-color offset lithograph print from an original watercolor by Jill E. Leite. Two sizes are available: a large, limited-edition print — signed and numbered by the artist — and a smaller, signed print. A brief history of Dawson Hall is included. Officially licensed by the University, 15% of the proceeds will benefit the Foundation for the College of Family and Consumer Sciences.

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Children's Trust Fund Commission in July. The commission advises Gov. Roy Barnes on changes in state programs, statutes, policies, and standards that affect children.

Dr. Sharon Y. Nickols (Dean, College of Family and Consumer Sciences) has been named President-Elect of the American Association of Family and Consumer Sciences beginning July 2001. She will become AAFCS President in July 2002. In addition, Dean Nickols and Dr. Carol Anderson of Cornell University were selected to give the 2001 Commemorative Lecture at the AAFCS annual meeting on the topic, "The Essence of Our Profession: Head, Heart and Soul."

Dr. Lily Paguio (Associate Professor, Child and Family Development) retired in June 2001 after 32 years on the faculty.

J. Richard Parker II (Adjunct Professor, Housing and Consumer Economics) has been elected senior vice president of the Public Housing Authority Directors Association. PHADA serves as a liaison between its members and the U.S. Department of Housing and Urban Development. Mr. Parker is Executive Director of the Athens Housing Authority.

Dr. Sharon Price (Professor Emerita, Child and Family Development) is editor of two recently published books. *Families Across Time*, a volume of 17 original essays, explores the life course approach to family life—including sibling, parent-child and spousal relationships. In addition to Dr. Price, the book is edited by **Megan Murphy**, FACS doctoral candidate in marriage and family therapy, and Patrick McKenry of Ohio State University. Dr. Price and Dr. McKenry's second book is the second edition of *Families and Change*.

Dr. Bill Quinn (Professor, Child and Family Development) is collaborating with faculty in the College of Education on a project to curb youth violence, funded by the Centers for Disease Control. The project features alternative intervention strategies in area schools and is a multi-state effort. Funding of \$900,000 for the third and fourth years of the project has been awarded.

Michael Rupured (Public Service Associate, Housing and Consumer Economics) has been designated as a member of the national leadership team for Family Economics at CSREES/USDA. Michael will manage the national electronic newsletter and coordinate the working group on linkages between family economics and social work, among other duties.

I N M E M O R I A M



ALMA JACKSON FORTSON

(BSHE '36)
January 20, 2001

ANN DOLVIN ROZIER

(BSHE '31)
February 14, 2001

FRANCES RENTZ HOWELL BECKEMEYER

(BSHE '43)
February 2, 2001

KATRINA J. MILLS

(BSHE '42)
February 8, 2001

LORETTA YVETTE CLEVELAND

(BSFCS '96)
March 31, 2001

MODANE MARCHBANKS

(BSHE '31)
March 8, 2001

MARY SUE MCCLESKEY

(BSHE '47)
April 14, 2001

JESSIE J. MIZE

(BSHE '32)
July 15, 2001

MAY WOOD FOSTER

(BSHE '30)
July 17, 2001

RUTH MAYNARD

(BSED '33, MSSED '42)
August 25, 2001

The article, "Promoting Your Department via a Website," written by **Dr. Anne Sweaney** (Professor, Housing and Consumer Economics), **Janet Valente** (Human Services Training Associate, Housing and Consumer Economics), and **Kelly Manley** (MS Student, Housing and Consumer Economics), was published in the November 2000 issue of "What's New," the magazine for Family and Consumer Sciences, Health and Guidance Educators.

Linda Toney (Administrative Secretary, Housing and Consumer Economics) is the 2001 recipient of the Nettie Marie Nickols Outstanding Performance Award. Linda has worked in the College since 1993. Staff Council Chair Vici Decker said, "Linda's heartfelt and invaluable support makes her a natural for this award, and her numerous and varied services to the community reflect a very generous and loving nature."

Janet Valente (Human Services Training Associate, Housing and Consumer Economics) was selected as an AAFCS Leader for 2001. This recognition is for those who have given extensive service to the profession and have shown outstanding performance.

Dr. Charlotte Wallinga (Associate Professor, Child and Family Development) received the 2001 FACS Outstanding Teacher Award. Dr. Wallinga also has been chosen as one of eight UGA faculty to participate in the 2001-2002 Senior Teaching Fellows Program.

Marilyn Wright (Nutrition Specialist, Registered Dietitian, Foods and Nutrition) has been recognized as "Young Dietitian of the Year" by the Georgia Dietetic Association.

Student News

Elizabeth S. Beasley (BSFCS '01, Dietetics) has been awarded the Gamma Sigma Delta Senior Award, and Rebecca Hinson (Junior, Family and Consumer Sciences Education) has been awarded the Gamma Sigma Delta Sophomore Award.

Cady Berkel (PhD Student, Child and Family Development) has received one of the new UGA Presidential Graduate Fellowships. Cady will receive \$20,000 plus tuition for five years while working on her doctorate.

Kimberly Gibson (PhD Student, Foods and Nutrition) has been awarded the 2001 American Dietetic Association Foundation's Scholarship, honoring Jane V. White, 2000 ADA President.

Ginger M. Knowles (BSFCS '01, Family and Consumer Sciences Education), **Megan L. Notter** (BSFCS, '01, Child and Family Development) and **Emily A. Smith** (BSFCS '01, Consumer Economics) were selected to appear in the 2000-2001 edition of *Who's Who Among Students in American Universities and Colleges*.

Robyn Mowery (PhD student, Child and Family Development) has been awarded the Jean Dearth Dickerscheid Doctoral Fellowship for \$1,000 from the Educational Foundation of Phi Upsilon Omicron.

Megan Murphy (PhD student, Child and Family Development) has been selected as the National Council of Family Relations

Student of the Year. She has recently accepted a position at Iowa State University.

William Boyd Mayer (MS student, Foods and Nutrition) has been awarded the Outstanding Teaching Assistant Award for 2000-2001.

Heather Donaldson Teague (Senior,

Child and Family Development) has been awarded the Phi Upsilon Omicron Educational Foundation's Lucile Rust Scholarship.

Jacquelyn A. Tucker (Senior, Child and Family Development) has been awarded the Phi Upsilon Omicron Educational Foundation's Tommie J. Hamner Scholarship. ■

Calling all nominations for the 2002 FACS Alumni Association Awards

DISTINGUISHED ALUMNI AWARD

Presented to a FACS graduate who has made life-long contributions that sustain the beliefs and values of Family and Consumer Sciences.

CRESWELL AWARD

Named for the first dean of the College, recognizes a current or retired faculty or staff member who has provided leadership in motivating and guiding students.

FACS APPRECIATION AWARD

Given to an individual, other than a College alumni or faculty, who has contributed to the support of FACS either significantly, financially, programmatically, or legislatively.

OUTSTANDING SERVICE AWARD

Presented to a FACS graduate for continued involvement in her/his community, faith community, helping organizations, the College or the Alumni Association.

PACESETTER AWARD

Given to an individual who graduated from the College within the past 10 years and actively promotes the beliefs and values of family and consumer sciences.

EMILY QUINN POU PROFESSIONAL ACHIEVEMENT AWARD

Presented to a graduate who has attained substantial achievements and is in the midpoint of her/his career.

I would like to nominate _____ for the

- ☐ Distinguished Alumni Award ☐ Creswell Award ☐ FACS Appreciation Award
☐ Outstanding Service Award ☐ Pacesetter Award ☐ Emily Quinn Pou Professional Achievement Award

Your name: _____

Nominations are due November 30, 2001

Submit your nominations to: **Ruhanna Neal, 210 Dawson Hall, University of Georgia 30602**

Remembering Dr. Mize

The perfect alumna and the perfect donor...



Dr. Jessie Julia Mize

On July 15, 2001, the College of Family and Consumer Sciences lost a friend who many consider the "perfect alumna."

Dr. Jessie Mize was quite ambitious throughout her life. She earned three degrees at UGA in the 1930s and her Ph.D. from Cornell University in 1952. After serving in several FACS positions, Dr. Mize retired as head of the Housing and Home Management Department in 1974. She was honored for her leadership in guiding and motivating students with the FACS Alumni Association's Creswell Award in 1980.

When I began working for our College five years ago, I got to know Dr. Mize well. I was astounded at her depth of knowledge. She knew the latest research in her area, rarely missed an annual alumni meeting, attended South Campus Tailgate and football games, and even celebrated her 90th birthday in Dawson Hall with faculty and students.

Dr. Mize was also the "perfect donor."

Beginning in 1944, she never missed making an annual fund contribution (probably she made gifts prior to then, but our records aren't that old). She designated many of those gifts in memory or in honor of others. Dr. Mize was a Founding Presidents Club member. She creatively used tools such as the pooled income fund to provide funds for the College's future while receiving income for herself during her lifetime. She was a UGA Heritage Society member which means she provided documentation that an estate gift would be made to the College upon her death. Her estate gift provided for a fund to recognize her mother, Leila Ritchie Mize, who was also a FACS alumna, and will fund an annual stipend in perpetuity for the Legislative Aide program, which was her special interest area.

You might think that Dr. Mize was a very wealthy woman. Her gifts were not the largest given, but collectively they likely have been among the most meaningful. Dr. Mize has left a legacy beyond an endowment.

Is it possible for you to be like Dr. Mize? Have you considered including FACS in your estate plans and using your resources to help the program you care about the most at the College of Family and Consumer Sciences? Such programs may be leadership development, McPhaul children's programs, or study abroad opportunities. Will you be like Dr. Mize and allow the College to create an innovative activity like the Legislative Aide program? Will you be interested in students and be an active alumna or alumnus when you're 90 years old?

True wealth comes from good investments. Dr. Mize invested in students, programs and friends. In reflecting upon the legacy she left at UGA and in her community, meeting the many friends that attended her funeral, and watching her active participation within her profession at age 90, I think it's easy to say that Dr. Mize did indeed die a very wealthy woman.

Are you ready to begin investing?

For more information on how to give a current or deferred gift, please contact me at (706) 542-4946, or send an email to kbowers@fcs.uga.edu, or write to me at FACS, 224 Dawson Hall, UGA, Athens, GA 30602.



FACS Director of Development Katrina L. Bowers



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Saturday, March 2, 2002 • 11:30 a.m.

Silent Auction with items from around Georgia, plus items from our own Home Management Houses. Tours of the International Garden and Heritage Garden following lunch.

Cost \$25 • Make reservations with Cheryl Williams at
cwilliams@fcs.uga.edu, or call (706) 542-4111



THE MAGAZINE OF THE UNIVERSITY OF GEORGIA COLLEGE OF FAMILY AND CONSUMER SCIENCES