

JUSTICE

for the Kids

Knowledge for Real Life—Strategic Directions for the Future

The capacity of families and communities to meet human needs is of paramount concern as we begin the new millennium. As a field of study and an academic unit at a major public university, the time is right for Family and Consumer Sciences. “Knowledge for Real Life” is not just a motto—it shapes our preparation of emerging professionals, sets our research agendas, focuses our outreach programs, and guides our strategic plan for the future.

As a part of the university-wide strategic planning process, FACS has been engaged in developing plans for 2000-2010. The strategic plan of the College of Family and Consumer Sciences builds on our land-grant tradition, our characteristics and culture of a small college in the large university, and the tremendous strengths of our faculty and staff.

If we are to meet the demand for Family and Consumer Sciences expertise in the future, substantial new resources must be secured. Thus, many aspects of the plan focus on increasing physical, faculty, and financial resources.

I want to highlight these plans so that as alumni, friends, and constituents of FACS, you can help us reach these lofty goals. Yes—you can play a part in making these goals a reality. The strategic directions for 2000-2010 are:

■ **Foster a community of learners through an addition to and renovation of Dawson and Speirs Halls.** A space analysis conducted last year indicated that FACS is operating with just one-half the space it needs to carry out current programs. The UGA Campus Master Plan includes a location for the addition adjacent to Speirs Hall. Estimated cost is \$30 million.

■ **Establish the Center for Prevention of Obesity and Related Disorders.** Obesity affects more than 55 percent of Georgians which has the dubious distinction of being at the top of the national list of overweight citizens—young, middle-aged and old. The Department of Foods and Nutrition is taking the lead in developing the Center for Prevention of Obesity and Related Disorders, including plans for new faculty, support for Center administration, and research initiatives.

■ **Reduce financial illiteracy and indebtedness.** Bankruptcy petitions, high credit card indebtedness, and lack of financial literacy are at an all-time high in Georgia. At the other end of the financial management spectrum, investing and financial security for retirement is of concern to “baby boomers” who are in their peak earning years. There is a high demand for family financial management counselors and for M.S. and Ph.D. graduates to fill positions in higher education institutions. The Department of Housing and Consumer Economics is revising the undergraduate major to meet the criteria for Certified Financial Planner credentialing. An endowed professorship and graduate scholarships will help attain goals in this strategic direction.

■ **Promote resilience among diverse families.** Diversity characterizes Georgia’s families. There is a critical need for careful demographic and contextual studies to understand families in today’s rapidly changing society and to develop and rigorously test intervention and outreach programs. While segments of Georgia’s population have



The ultimate purpose of strengthening the capacity of the College of Family and Consumer Sciences is to benefit the families and communities of Georgia...

FACS

THE MAGAZINE OF THE COLLEGE OF FAMILY AND CONSUMER SCIENCES



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UNIVERSITY OF GEORGIA

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Cover photo by Nancy Evelyn
Judge Kathy Palmer with her nephew and
niece, Erik and Helen Petersen.
They are the children of Clark and Bonnie
Petersen (BSHE '79).

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SPECIAL

Spring 2001

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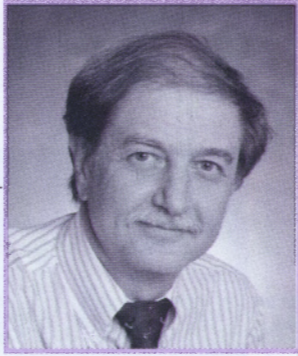
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Awards & Grants for FACS Pros

FACS Professionals Win Top Service Awards



Dr. Douglas C. Bachtel



Dr. Elizabeth Andress



Judy Bland

■ **Three FACS professionals** have captured the top public service and outreach awards given by the University of Georgia.

Dr. Douglas C. Bachtel, professor of Housing and Consumer Economics, was named the 2001 Walter Barnard Hill Distinguished Public Service and Outreach Fellow, while **Dr. Elizabeth Andress**, professor of Foods and Nutrition, and **Judy Bland**, FACS Extension Agent for Tift, Turner, Irwin and Ben Hill counties received the Walter Barnard Hill Awards for Distinguished Achievement in Public Service and Outreach.

Comparable to a distinguished professorship, the fellowship is the highest award offered in service and recognizes faculty who have made extraordinary contributions to university public service and outreach programs.

The Hill Awards recognize distinguished achievement in public service and outreach by faculty members and service professionals. Each awardee receives a permanent salary increase of \$2,000 and becomes eligible for appointment as a Walter Barnard Hill Distinguished Public Service and Outreach Fellow. The fellowship recipient receives an additional salary increase of \$1,000 as well as a supplemental fund for use in the advancement of his or her program of work.

Bachtel is highly regarded for his ability to turn statistical data into valuable assistance and comprehensible information for elected leadership, business groups and citizens. In addition to the well-known Georgia County Guide, he has developed the Georgia Municipal Guide and the Georgia Housing Guide. He recently prepared a statistical report formulating strategies to provide employment services to former welfare recipients, provided a statistical sampling frame to monitor illegal tobacco sales to minors in Georgia, and assembled a comprehensive profile of rural Georgia, highlighting the economic conditions of 149 Georgia counties.

Andress is recognized as the foremost expert on home food preservation in the United States and Canada. She serves as project director for the National Center for Home Food Processing and Preservation and is co-author of the Complete Guide to Home Canning. She also is a recipient of the D.W. Brooks Faculty Award for Excellence in Extension and other awards.

Bland serves as an agent trainer for Family and Consumer Sciences. She has certified 89 professionals in food service management and developed the curriculum "Handwashing and Food Safety" for young children. As chair of the Tift County Youth Leadership Committee, Bland helped develop a leadership program for high school students. In 1995, Bland was recognized as a recipient of the D.W. Brooks Faculty Award for Excellence in Extension.—

By Heather Buckner, Public Relations Student Assistant

making news

and Institute ... 2001 Georgia County Guide Tells All...

IHDD Receives Grant and Award

■ **The Institute on Human Development and Disability**, in partnership with the national Self-Advocates Becoming Empowered organization, has been awarded a grant for more than \$410,000 from the Corporation for National Service to make the inclusion of adults with cognitive disabilities in national service a reality.

The grant, organized as the Everyone Can Serve! Project, will assist national service program directors to encourage greater participation of people with disabilities in their programs, and provide information about opportunities for national service to self-advocates with cognitive disabilities.

The project will be directed by Katie Ford, who presently directs the IHDD's Georgia PAS Corps/AmeriCorps project, with support from Dr. Jenny Manders and other IHDD staff members, and national leaders of self-advocacy organizations.

"The awarding of this grant is a reflection on IHDD's inclusive projects," said Ford. "We include self-advocates with cognitive disabilities in all our projects and on our consumer council. Self-advocates have been involved with the development of this grant since its inception. They will be co-coordinators of this project, assisting in all aspects of the project's implementation. The project will enable us to show others in the South how our inclusive policies benefit all people."

In a separate recognition, IHDD was recognized by the inaugural Jimmy and Rosalynn Carter Partnership Award for Campus-Community Collaboration for its work with People First of Georgia, the state's largest self-advocacy group for people with disabilities.

IHDD was one of the top seven of 40 applicants, representing 31 Georgia colleges and universities. It was the only nomination from the University of Georgia.

Awards were announced in a November ceremony at Georgia State

University attended by the former president and first lady, Gov. Roy Barnes, and U.S. Senator Max Cleland.

People First of Georgia, Inc., has 29 chapters and more than 600 members across Georgia. Since collaboration began in 1993 with the IHDD, membership has increased 42 percent and the number of chapters increased by 50 percent. In addition, more than 2,500 people with disabilities, family members, advocates, and service providers have received training and information on important issues provided by self-advocates.

"Self-advocacy is defined as people with disabilities speaking for themselves and working together to make change," said Dr. Jenny Manders, project coordinator. "People First promotes the full inclusion of people with disabilities as contributing members of their communities. It is part of the national and international self-advocacy movement for men and women with disabilities." — *By John Weber*

Guide Contains "Final Answers" About State

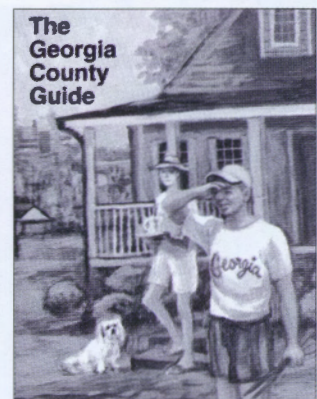
■ **It might not make you a millionaire**, but you can find the answer to almost any question about Georgia in the latest Georgia County Guide.

Begun in 1981 by Doug Bachtel, a professor in the Housing and Consumer Economics Department, data in the guide is arranged by subject with county-level and state statistics on agriculture, crime, economics, education, government, health, housing, labor, natural resources, occupations, populations, public assistance, religion, transportation, veterans and vital statistics.

The guide includes handy information on education (Cobb County students received the most HOPE scholarship awards, \$17,529, 620; the Chickamauga city school system in Walker County had the highest high school graduation rate, 91.9 percent.)

And, there is information you never know when you'll need: There were more deer-related accidents on Henry County roads than in any other county — 346; military veterans showed the greatest increase in Union County from 1990 to 1999 — 20.9 percent; and the Catoosa County marriage rate was highest — 52.1 percent 1,000 population.

This year's guide is available in book form or electronic data sets in Microsoft Excel format. The data sets include individual county-state profiles in Adobe Acrobat format with free software available on the Web. The book is \$15 and data sets are \$50. Complete book and ordering information is available on-line at www.agecon.uga.edu/~countyguide. — *By Faith Peppers*



Judge Kathy

**Kathy Palmer
draws on work
with children
and families
in her new
position as a
Superior Court
judge.**

Driving down U.S. Highway 1 from Swainsboro to the Toombs County Courthouse in Vidalia on a warm fall afternoon Kathy Stephens Palmer is quick to respond with her thoughts on which cases will be the most difficult when she begins her term as a Superior Court judge for the Middle Judicial Circuit on Jan. 2.

“The cases involving families and their children are the ones I’ll agonize over,” says the 1976 Child and Family Development graduate. “It’s not hard to give a convicted child molester 10 or 15 years. But when you have two parents who are both loving, caring and nurturing arguing over the custody of their children, that’s a hard decision to make.”

But it’s precisely her experience in dealing with cases involving children and families that helped Palmer capture the judgeship, defeating the district attorney for the Middle Judicial Circuit who had been prosecuting cases for the past 18 years.

“When I decided to run, I analyzed the case breakdown for the circuit and talked about my experience in all areas,” Palmer explains. “Criminal cases are only 25 percent of the caseload, 58 percent of the caseload in this circuit involves families and children, and the remaining 17 percent is general civil litigation.”

Arriving at the Toombs County Courthouse, Palmer seems to know everyone in the building. She first speaks to a young family waiting to see the Juvenile Court judge. Social workers with the Department of Family and Children Services are trying to remove the three children from the parents’ custody, citing ongoing neglect, such as the children having lice. Palmer has had a contract with the Middle Judicial Circuit to represent parents in DFCS child-custody cases, ensuring that their legal rights are protected. However, since her election, Palmer has begun closing down her law practice and is hoping this case will be turned over to another lawyer and the decision on placing the children in foster care delayed.

Before the family’s case is heard, Palmer takes care of several other items of business: She makes sure the chief bailiff is still going to serve in her court, touches base with the local sheriff, and handles an unexpected plea agreement for a former client who has been arrested on an outstanding warrant. Palmer considers helping another prisoner seeking bail whose lawyer hasn’t appeared, but after hearing details realizes the case is too complicated to handle in a short period of time.

“That’s part of being a good officer of the court,” she says. “If you’re able to do something to help cases move along, you do it.”

In the case of the young family, Palmer achieves her objective. The children aren’t

Palmer on the campaign trail.



removed from their parents' custody and the case will be transferred to another attorney.

"Public policy in the state of Georgia says that children should be raised by their parents," Palmer says. "I support that policy and I cite it all the time in these sorts of cases."

As Palmer's day continues—it began with her arranging a plea bargain for a client in Swainsboro, continued with the DFCS hearing in Vidalia, and concluded with another plea bargain in Statesboro before she returned to her Swainsboro office and an evening at a peanut boil sponsored by Emanuel County Sheriff J. Tyson Stephens (no relation to Palmer's family)—she tells how she went from being a child and family development major with plans to become an Extension Agent to being the first woman elected judge in this South Georgia circuit.

"I actually started out in pre-law," she says, "but I married Danny my freshman year and decided I'd transfer into Child and Family Development and become an Extension Agent."

Palmer's background would seem easily suited to her becoming an Extension Agent. She grew up picking cotton and tobacco with her sisters on her grandfather and uncles' farms in rural Johnson County and participated in all aspects of the local 4-H program, including winning second place in the state for her fruit and vegetable production, the title of Master 4-H'er, and a scholarship to the University of Georgia. In choosing CFD as a major, she became one of three sisters to earn a home economics degree at UGA. Her brother attended the UGA College of Agricultural and Environmental Sciences, while a fourth Stephens sister received her doctorate in statistics from UGA.

"I was picking cotton when I was 6 years old and I took tobacco off the stick and graded it the day before I matriculated to the University of Georgia," she says, clearly proud of her rural roots.

Several elements of fate intervened with Palmer's plans for Extension work, including her acceptance into a



UGA-based program that provided scholarships to women and other minorities in exchange for them receiving training for careers in police administration. Palmer was a top graduate and spent about a year as a police officer for the University of Georgia.

By the time she graduated in 1976, Palmer knew that she wanted additional education. She applied to both the graduate program in Child and Family Development and to the UGA School of Law, eventually choosing to pursue a law degree.

Several years—and a series of law-related jobs—passed before Palmer and her family, including sons Kyle and Kirk, settled in Swainsboro. She accepted a position with a local attorney with the agreement that she would try civil cases while he handled the criminal work.

“I had worked as an assistant solicitor in DeKalb County and I just didn’t think I could switch sides and begin representing criminal defendants,” Palmer explains. However, that soon changed.

“I had been at work for about a week and the other attorney went on vacation. I asked the judge for a continuance on my colleague’s cases and he agreed except for one case involving a man charged with DUI.”

After an initial feeling of panic, Palmer drew on past experience as an instructor for the Prosecuting Attorneys Council of Georgia where she taught police officers and state court judges about a variety of issues, including traffic laws.

During the one-day trial, Palmer was able to demonstrate three major technical errors the arresting officer had committed in applying the breathalyzer test. The test was thrown out and her client walked free. From that point on, Palmer began representing criminal defendants as frequently as she accepted civil cases.

“One of the things criminal defense lawyers do is to help law enforcement personnel become better at their jobs by pointing out their mistakes,” Palmer says, laughing before becoming more serious about the role of defense lawyers.

“Everyone is entitled to good representation to be certain that their rights are protected,” she says. “What makes this job worth doing is knowing that some of our clients are innocent and it’s essential that the technical points of law be addressed to ensure that an innocent person isn’t convicted.”

Deciding to run for judge was a gradual decision, according to Palmer, one that she and her fellow attorneys had discussed for the past six years.



Palmer explains a plea agreement.

“Our circuit became eligible for a third judgeship six years ago, but it hasn’t been funded,” she explains. “So, we’ve all talked about who the governor would appoint when it was funded and I had definitely decided I was interested.”

But instead of waiting on an appointment, Palmer had the opportunity to run for a judgeship when long-time Judge Marvin Hartley announced his retirement in March.

“I had about a zillion phone messages from people telling me about Judge Hartley’s retirement. Then, a friend of the district attorney called and asked if I planned to run,” Palmer recalls. “I said, ‘Oh yeah, I’m in.’”

And like that she was on the campaign trail.

Palmer clearly relishes a challenge and admits thriving on stress, but overcoming her opponent’s advantage as a long-time district attorney required a unique solution.

“I talked about families and I talked about children,” she says. “I visited a different church every Sunday morning, and I called every civic group around and asked to come speak. They didn’t want to hear campaign speeches, so I focused on the issue of family violence and the effect it has on communities.”

Palmer won the race with 56.4 percent of the vote.

As a judge, Palmer has reached what’s considered the pinnacle of a career for a lawyer, but she’s not willing to concede that this is her last career move.

“In order to run for another office I’d have to resign my position as a judge,” she says seriously.

But then a smile begins to form on the edge of her lips and a mischievous look comes into her eyes as she shrugs her shoulders and says, “Well, you just never know....” ■

Cuisine & Art

**FACS
graduate
Kyle Shadix
is finding
ways to
revolutionize
institutional
food.**

Puréed food never sounded so tasty as when Kyle Shadix describes the work he's doing at a cancer research center in New York.

"We use food molds to form the puréed chicken, so when it comes out it looks like a chicken breast," the 1994 consumer foods graduate explains. "We can do the same with most foods, such as roasted carrots and sugar snap peas, so the chicken looks like chicken and the carrots and peas look like carrots and peas. Then, we can add a nice sauce and garnish the plate with a rosette of pureed spinach from a pastry bag and you have something that looks attractive."

Making food appealing can mean the difference in whether a patient consumes enough calories, according to Shadix.

"A lot of patients already are depressed because of their illness and the side effects of the cancer treatments," he says. "Then, you give them this gray blob and tell them to eat it...."

For years, Shadix has told friends that his goal is to "revolutionize institutional food," and his work at the cancer research center is just one of several projects he's juggling in accomplishing that goal. Others include serving as the personal chef to playwright Terrance McNally, completing his master's program in dietetics at New York University, and developing a series of culturally sensitive menus for soup kitchens.

It all started with his high school home economics teacher in Bremen, Georgia.

"Martha Cassidy was the first person to tell me about the Culinary



Institute of America (CIA) in Hyde Park, New York," he says. "I've always loved to cook. We didn't live on a farm, but we always had a garden and my dad always raised a cow or a hog on someone else's land that we'd slaughter for meat. When I was in high school, I was the only guy in Future Homemakers of America. I'd hand-dip chocolate truffles for teachers. Ms. Cassidy would pull me out of other classes to demonstrate how to whip cream without turning it into butter."

But Shadix knew that he wanted a bachelor's degree before pursuing his interest in cooking.

"I worked at the only French restaurant near Bremen, and the chef there talked to me about foods and nutrition and food science programs," he says. "I knew that there was more to food than being an owner of my own restaurant; that was never my goal."

Shadix chose the consumer foods program at UGA and while earning his undergraduate degree spent his

junior year in France, further exploring his interest in cooking. He also gained extensive experience while in Athens catering private parties for university professors and then-Athens-Clarke County Mayor Gwen O'Looney.

"I had the opportunity to cook for former Poet Laureates of the United States Mark Strand and Josef Brodsky," he says. "I even remember making a kosher lasagna for the dean of Yale's law school."

After graduation, he moved to New York and worked at the trendy Gotham Bar & Grill while deciding his next steps.

"I knew I either had to go to cooking school or to graduate school," he says.

At first, it looked like graduate school had won. Shadix returned to Athens and entered the food science program, but during his first quarter he was notified that he'd received more than \$12,000 in scholarships – all designated for students studying culinary arts.

"I decided it was God's will and headed to CIA," he says.

Shadix spent a year studying baking and pastry and was the top graduate in 1996. Afterward, he worked for several New York restaurants, but ultimately realized his interest lies beyond being a chef in a tony restaurant. Instead, he returned to plans to earn his master's degree at NYU and become one of the few chefs who are also Registered Dietitians.

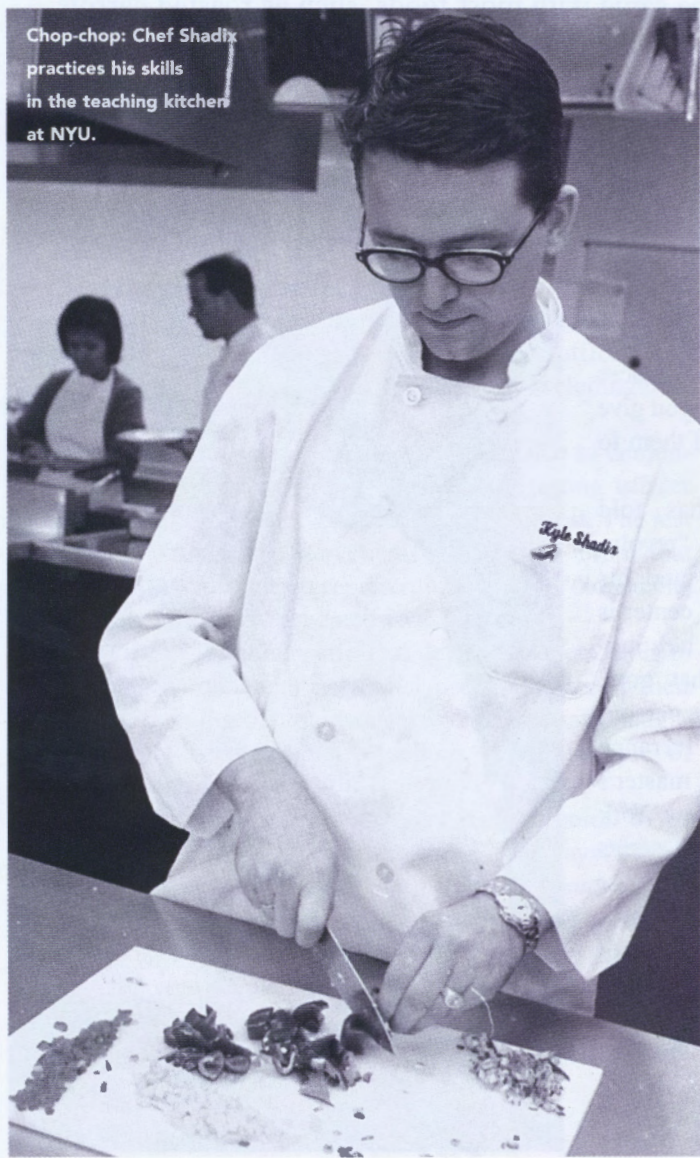
Shadix's newest project focuses on New York soup kitchens.

"The United Way of Greater New York asked me to develop recipes that recognize the different cultures that are represented in NYC's soup kitchens," he says. "Right now, a soup kitchen with mostly an Asian-American clientele might be serving meatloaf and cornbread."

Shadix has developed menus for Asian, African-American, cross-cultural and Caribbean clienteles, as well as focusing on other criteria, such as ensuring that much of the food is fresh and making use of food available through government commodity programs.

Currently, Shadix is a full-time teaching fellow at NYU, teaching undergraduates food production and management. He doesn't know what the future will hold for him once he's completed his master's and passed the Registered Dietitian exam, but he's thinking about applying to Teachers College at Columbia University for the Ph.D. program in nutrition education.

Even as his imagination runs wild with ideas for the future, Shadix makes clear that his commitment to "revolutionizing institutional food" will continue: "I want to be a pioneer in making school food good food." ■



Chop-chop: Chef Shadix practices his skills in the teaching kitchen at NYU.

To view Shadix's website go to <http://www.kyleshadix.com>

Wetlands, Inc.

**A manufacturer
teams up with
FACS scientists
and nature for
clean water**

After installing a constructed wetlands to “polish” their wastewater before releasing it into a nearby stream, officials at the Toccoa manufacturing plant of Coats North America, the largest global supplier of sewing thread, knew their water was cleaner, but knew that additional research could be beneficial to other textile companies in Georgia.

With that in mind, Coats employees are working closely with two researchers in the Textiles, Merchandising and Interiors Department examining the benefits of wetlands on a wide variety of compounds.

“If it works, there are a number of benefits to using wetlands,” says George Baughman, senior research scientist. “Besides reducing any trace compounds that remain in the treated wastewater, wetlands are far less expensive to construct and operate than other wastewater treatment facilities. By working with Coats and



learning how their wetlands works, we can provide information to textile manufacturers throughout Georgia and, ultimately, help other companies determine if wetlands are something they should install at their plants."

Baughman and Warren Perkins, Georgia Power Professor of Textile Sciences, have completed the first year of a three-year study of the Coats' wetlands and have been able to determine how the wetlands remove trace amounts of chemicals, metals and dyes from the wastewater.

"Throughout the 1990s we've been searching for better ways to lessen the impact of the treated wastewater we release into East-anollee Creek," says Mike Bell, environmental manager for Coats North America.

Prior to establishing the wetlands, Coats already had an extensive biological and chemical treatment system. Coats worked with their environmental consultant — ERM-Southeast — and decided to install a wetlands area to provide additional cleaning of their effluent before it was released into the creek.

"Our first step was to install a pilot wetlands area that was 3,300 square feet," Bell explains. "That worked well, so we installed the full-size wetlands which consists of eight one-acre plots."

The wetlands include a variety of plants, including giant bulrushes, cattails and various grasses. Wastewater from the textile plant goes through two separate treatments before it reaches the wetlands, which is able to handle between 1 million and 1.5 million gallons of water per day — roughly the equivalent of a daily 7 1/2-inch rainfall.

"This project provides two values," says Ian Hardin, head of the Textiles, Merchandising and Interiors department. "We're able to help an individual site further understand what's happening to the compounds. Also, we're able to offer some insight about what might happen if the plant changes its processes."

With funding from the Consortium on Competitiveness in the Apparel, Textile and Carpet Industries, Baughman and Perkins have completed the first year of a three-year study of the wetlands and their results already are helping Coats.

While Coats conducts standard tests on its wastewater, the research Baughman and Perkins have conduct-



Testing the waters: George Baughman and Warren Perkins gather samples.

ed includes more specific tests that examine how the wetlands affect a wide variety of individual compounds in the water.

"In addition to the research they've conducted on the effect of the wetlands on our wastewater, George and Warren were able to invest the time necessary to understand the physics of the wetlands system — such as how long it takes the water to flow across the wetlands and whether the water flows across in a smooth sheet or in channels," Bell says. "They've also made some interesting and useful insights based on their understanding of how Coats' manufactures thread."

For their part, Perkins and Baughman have found the pilot wetland particularly useful in their research.

"Because the pilot wetland is a closed loop — that is the water that comes out of it is re-treated using Coats' traditional methods — we can use it like an outdoor lab," Perkins explains. "For example, we can add a particular dose of a dye and see what happens without worrying that it will flow into the creek."

"One of the things that was interesting was when we started looking for the reasons behind discoloration of the wastewater, we found that most of the coloring wasn't due to dyes. Instead, some of it may be that the wastewater picks up color from the naturally decaying plants that are a part of the wetlands. Also, we're looking at whether other chemicals used in the manufacturing process might change colors or become colored as an effect of being exposed to sunlight."

"There's no question that this wetlands does what the company intended it to do," Baughman says.

Bell agrees, noting that there's also a side benefit.

"We now have quite a little wildlife habitat at the wetlands with egrets, great blue herons, ducks, turkey and deer," he says.

There's also the far-more practical benefit of ensuring that textile companies in Georgia remain economically viable.

"We've been making thread in Toccoa for 63 years," Bell says. "We want to continue contributing to this community's economic base. And, in keeping with our corporate values we also want to be good environmental neighbors. The research being provided by George and Warren is helping us accomplish those goals." ■

Honeymoon



How long can I expect to feel this excitement for my work as Alumni Director?

How long does a honeymoon last? When I got married, ours lasted about a week. My youngest daughter married last May and her honeymoon to Fiji (the week after the coup) lasted two weeks and could have lasted a lot longer depending on the political climate at the time. During the “really olden days” honeymoons could last up to a year. Young couples would go to Europe to do the grande tour, or they would stay with relatives for their first year of marriage. Can you imagine?

The reason I’m asking is that I feel like I’m on a honeymoon here at Family and Consumer Sciences. Everything is new to me and it’s all wonderful! I’ve met so many of our FACS alumni and I’m beginning to recognize names of folks I’ve not yet had the pleasure of visiting. I’ve found a new friend with each introduction and that’s been delightful!

I’m becoming more familiar with the many different events that are sponsored by the FACS Alumni Association. The thought of Tailgate frightened me at first. Although I’ve planned and pulled-off dozens of alumni events, I’ve never hosted more than 400 red-and-black clad football fans at one time. But, Tailgate was terrific and I can’t wait for next fall. (Sept. 15, 2001—Mark your calendars now!)

The Alumni Board of Directors is a great team. President Gena Tyler and her officers are dedicated to this college and want the very best for not only the students here, but for each of you as well. We have a slate of new officers who will begin serving at the end of February and I look forward to setting goals for the association with them.

I feel like I’m on a honeymoon with the faculty and staff in Dawson. Each and every person has been so kind and helpful as I’ve settled into my office and begun adjusting to the FACS way of doing things. I can imagine some of my craziness has taken some adjusting to, also!

Students? Well, they’re just about the same all over...just about. Eager young souls going into classes...but I have to say I find something really special about FACS majors. The vast majority of these kids know what they want to do with their lives. They have goals and dreams of making a difference in this world, and I believe they understand the adults here in Dawson Hall are eager to help them make those dreams come true. They want to succeed, and we all want them to do just that! It’s been fun getting to know these kids and it’ll be even more fun to see where life takes them.

So, how long can I expect to feel this excitement for my work as Alumni Director? How long does the honeymoon last? Did I say that when I married my husband our honeymoon lasted a week? Let me correct that. Our trip to Williamsburg, Va., took about a week...but the honeymoon is still going on 30 years later.

That’s what I’m planning for my relationship with Family and Consumer Sciences! ■

Ruhanna Neal is Director of Alumni Relations. She can be reached by email at <rneal@fcs.uga.edu> or by phone at 706/542-4881.

FACS FACTS

Alumni

The **FACS Alumni Association** hosted the annual Donor-Scholar Recognition Program Nov. 2, 2000 at the Day Chapel of the UGA Botanical Garden. More than 80 people, including students, parents, and donors, faculty, and alumni attended. The event provides an opportunity for those who have established scholarships and study abroad awards to meet the students who received these generous gifts.

1960s

Claudia Stembridge Arp (BSHE '65, Home Economics Education) of Knoxville, Tenn., appeared on NBC Today's Show, on Oct. 30, discussing the stresses of marriage when one partner retires. She and her husband, David, also are co-authors of the book, *Fighting for Your Empty Nest Marriage*. Their website is <www.marriagealive.org>.

Mildred Caroline Coleman (BSHE '65, Home Economics and Journalism) will be a speaker on the Antebellum train tour from Washington, D.C. to New Orleans this spring. Also, her daughter graduated from FSU with a degree in Child and Family Development and Religion.

Annette McCullough Googe (BSHE '63, Home Economics Education) of Lawrenceville is the grandmother of two grandsons, Wells Scott and Jack Googe.

Joy T. Elder Gorman (BSHE '68, Home Economics Education; MED '77 Home

Economics Education) married Thomas M. Gorman Jr. on Aug. 19, 2000. They live in Watkinsville.

1970s

Virginia Budd (BSHE '75, Housing) is an account executive in the sales department at the Classic Center in Athens.

Dr. Candice Logue Phelan (BSHE '71, Child Development; MS '75, Child and Family Development) has been awarded the NOVA Award for leadership, the highest award given by Lockheed Martin. She lives in Derwood, Maryland.

Sherry Thompson Shepherd (BSHE '72, Home Economics Education; MED '80, Home Economics Education; EDS '87, Home Economics Education) works for Morgan County Middle School in Madison County.

Donna Mull Vonderlage (BSHE '70, Family Development) is the director of Anderson's County Promise in Oak Ridge, Tenn.

Elected Officials

In addition to **Kathy Palmer's** election as a Superior Court Judge of the Middle Judiciary Circuit Court (see "Judge Kathy," page 4), three other FACS alumni also have been elected or re-elected to posts in Georgia.

Barbara Massey Reece (BSHE '65, Home Economics Education) has been elected to a second term as the District 11 representative to the Georgia General Assembly. District 11 includes Chattooga County and parts of Floyd and Walker counties.

Dr. Mary Jo Beverly (BSHE '70, Home Economics Education) has been elected to the Thomas County Board of Commissioners.

And, **Dr. Marihope Troutman** (BSHE '58, Home Economics Education; EDS '74, Home Economics Education) has been elected to the Board of Education in Newnan. ■

1980s

Jan Leavy Bone (BSHE '89, Fashion Merchandising) of Americus, is a contributing editor to *The Brunswick News*. She has created "itty bitty info," a brief format in the newspaper targeted to teachers, parents, and children and focusing on early education.

Jennifer Jackson (BSFCS '88, Child and Family Development) works at Iowa Western Community College as the chair of child development/early childhood programs.

Caroline Ballard Leake (BSHE '81, Consumer Economics), an interior designer in Atlanta, is currently serving as chair of the Swan House Ball 2001. Funds raised by the annual event are targeted toward restoring the historic Swan House to its original splendor while also updating the facility. In addition to this work, Ms. Leake and her husband are the parents of two sons, ages 2 and 5.

1990s

Anurag Bairathi (MS '93, Clothing and Textiles, Interiors and Furnishing) is a second-year MBA student at the Wharton School, University of Pennsylvania, one of the top-tier MBA programs in the United States.

Cynthia R. Burroughs (BSFCS '93, Consumer Economics) is the assistant director for program development and training in the office of the vice president for research at the University of Georgia.

Derrick M. Byrd (BSFCS '98, Consumer Economics) is a banking officer with SunTrust Bank in Columbus.

Tracy Chason (BSFCS '98, Dietetics) married David Nolan on Sept. 9, 2000. The couple lives in Atlanta.

Loretta Cleveland (BSFCS '96, Housing) who works for the Athens-Clarke County Human and Economic Development Department as a community development administrator, also has a side business as an aromatherapy product sales person for Sensational Scents.

Katie Mary Davis (BSFCS '97, Consumer Economics) is the regional coordinator with Randstad Staffing Service in Atlanta.

Regina Cannon Dunn (BSFCS '95, Home Economics Education) has joined the staff of the Terrell County Extension Service.

Shawna Jane Gregg (BSFCS '98, Dietetics) married Joseph Angelo Greco III on May 20, 2000. Both currently attend the Medical College of Georgia in Augusta.

Mitchell R. Hardeman (BSFCS '93, Housing) and his wife Jennifer are the proud parents of a baby girl, Ansley Elizabeth Hardeman, born June 17, 2000.

Renita S. Jones (PhD. '94, Textile Sciences) was recently promoted to strategy/business analyst for the Fabrics and Fibers Business Unit of BP (formerly Amoco, Fabrics and Fibers Company). She also began the Executive MBA program at Emory University in January 2001.

Stacy Bishop Jones (BSFCS '93, Home Economics and Journalism) is working for Vc3, a computer software provider technology company specializing in government software. She is in the marketing and sales division.

Amy McKenzie (BSFCS '99, Furnishings and Interiors) works at Semple Brown Design architecture firm in Denver, Colo., as an interior designer focusing on commercial interior design.

David Branden McMahon (BSFCS '96, Consumer Journalism) lives in Decatur and works for ESPN.

Hunter McMichael (BSFCS '97, Consumer Economics) is working with Horton Homes in Eatonton.

Cynthia Graham Metzger (BSFCS '99, Consumer Journalism) is a marketing assistant for Savannah Foods and Industries, maker of Dixie Crystals Brand Sugar. She plans marketing for Wholesome Sweeteners, an organic line of sweeteners.

Marie Castagna Penumadu (MS '91, Foods and Nutrition) is a Registered Dietician at the Agarwald Renal Center in Ogensberg, N.Y.

Shawn Reuter (BSFCS '99, Consumer Economics) is a Xerox sales representative for the Athens area.

Sarah Kathryn Smith (BSFCS '98, Consumer Economics) owns the Atlanta-Eight

I N M E M O R I A M



HELEN BENTON BENNETT
(BSHE '48)
August 22, 2000

REBECCA BARKER CUNNINGHAM
(BSHE '42)
December 29, 2000

JOSEPHINE SPENCE GOOD
(BSHE '37)
September 2, 2000

CAROLYN RODGERS NEWTON
(MED '86, BSHE '66),
October 21, 2000

ELIZABETH KAY RAPP
(MS '89)
July 10, 2000

GRACE HARTLEY GERMON, food writer and editor of *The Atlanta Journal* and *The Atlanta Journal-Constitution* from 1937 to 1970, and long-time friend and supporter of the College of Family and Consumer Sciences died Sept. 14, 2000 at the age of 95.

"Miss Grace," as she was known to many wasn't a graduate of the University of Georgia. She earned her degree at what was then known as the Georgia State College for Women in Milledgeville. But when the Georgia Egg Commission and other groups established a scholarship in her honor for consumer journalism majors in the College of Family and Consumer Sciences, she became one of the college's most ardent supporters and made a point of meeting each of the 50 student journalists who had received the award up to the time of her death.

"She was very spunky, very loyal and very forward thinking," said Katrina Bowers, FACS Director of Development, in an article following Miss Grace's death in *The Atlanta Journal-Constitution*. "She was much more visionary than most people. She was willing to let go of the old and accept the new."

As a food editor, Miss Grace began the National Food Editors Conference in 1942. She embraced the opportunities presented by new ideas — such as frozen food and microwaves — but she also recognized the importance of connecting with people.

"The people who are writing for the food pages now are all good writers and good eaters," she said in a 1997 interview, but what's missing is "that feeling of close communion with the reader. I visited in readers' homes. I'd find out they did something special and I'd take a photographer and off we'd go."

Miss Grace's communion with readers, student journalists and her many friends in the College of Family and Consumer Sciences will be missed. ■



at Eight Dinner Club. The matchmaking service is responsible for two marriages and has been featured in the *Atlanta Business Chronicle*, *Atlanta Journal*, and on 99X radio station. The website is <http://www.8at8.com>.

Scott William Sweitzer (BSFCS '94, Consumer Economics) is the proud father of a baby girl, Sara Grace Sweitzer, born on Nov. 2, 2000.

Fleur Penman Whitaker (MS '92, Clothing, Textiles, Interiors and Furnishings) and her husband David are the proud parents of a baby boy, James David, born on July 10, 2000. The family has recently moved to Bowling Green, Ky.

Dana Rebecca Wood (BSFCS '98, Consumer Economics and Housing) married Timothy Keith Carlan on Nov. 4, 2000, at

Living Word Worship Center in Jefferson. Becky is currently employed as an office representative at State Farm Insurance in Commerce. She is the daughter of Diane Wood, Degree Program Specialist in the FACS Office of Student Services.

Recipe for Success

From Wendy Wolfenbarger's desk on the 10th floor, you can look down at the hustle and bustle of the food court in the CNN Center—all that activity is quite a contrast to the quiet, intense concentration in the newsroom.

Wolfenbarger is one of the editors of the Entertainment page at CNN.com. She was promoted to this position after 1½ years as the sole editor of CNN's Food page. Just talk to Wolfenbarger for a few minutes, and it becomes obvious that she loves to talk about food and is very knowledgeable about many aspects of the industry. A self-described 'sponge,' Wolfenbarger reads everything about food that she can get her hands on.

While most food-related internet sites simply rehash information presented in associated magazines or television programs, CNN's site is all original content. That means, as editor, Wolfenbarger was responsible for all aspects of the site, from what articles would appear to the pictures and layouts. She did much of the researching and writing herself, looking to restaurant menus, cookbooks, farmers' markets and conferences for trends and inspiration.

Wolfenbarger's love for the internet is apparent, too.

"The internet can do great things with food," she says. "You can use lots of pictures because you don't have the time and space constraints that you'd have on TV or in a magazine."

She illustrates her point by showing me step-by-step visuals of the proper technique for preparing lemongrass for use. These visual instructions are a popular feature of the site, allowing viewers to learn at their own pace and print the instructions if they desire.

Wolfenbarger also made sure the site "kept nutrition in focus, because it's so important." Nutrition stories are prominent on the site, and nutrition information is included in recipes whenever possible.

At 26, Wolfenbarger admits that she is much younger than most food editors she has encountered, and she credits her success to the newness and flexibility of the internet. Her hard work and determination certainly didn't hurt her either. Wolfenbarger, a recipient of the Grace Hartley Scholarship, graduated in 1996 with a degree in consumer journalism. After a short stint at the *Athens Banner-Herald*, she moved to Atlanta, and for the first few years held several jobs at once, including two internships and a part-time job at CNN, and an apprenticeship with Nathalie Dupree.

What does the future hold for Wolfenbarger? She is enjoying her new position right now, but someday she wants to work with food again. "I'm very happy I chose the web," she says, and she definitely wants to stay there. ■ —*Alison Kane, master's student in foods and nutrition*



2000s

Cynthia Aldridge (BSFCS '00, Child and Family Development-Early Childhood Education: Pre-Kindergarten-Grade 2) married Gregory Gordon Griffin on May 20, 2000.

James Berg III (BSFCS '00, Consumer Economics) is a financial consultant at Robinson Humphrey in Macon.

Erika Jannette Escoe (BSFCS '00, Consumer Journalism) is a leasing consultant for Tara Apartment Homes in Athens.

April Few (Ph.D. '00, Child and Family Development) received the outstanding paper award from the NCFR Family Health Section. She is a faculty member at Virginia Polytechnic Institute and State University in Blacksburg, Va.

Catherine Brooke Gambrell (BSFCS '00, Consumer Journalism) is working for Business Objects America in Duluth as a channel development representative.

Corbett Hugh Gilliam (BSFCS '00, Consumer Economics) is an investment consultant for Equity Advisors in Atlanta.

Alison Kay Gordon (BSFCS '00, Child and Family Development) has accepted a job with the career services department at George Mason University in Fairfax, Va., as the employer/co-op programs assistant.

Barbara Grogan (BSFCS '00, Consumer Economics and Housing) works as a constituent service representative for Congressman John Linder. She specializes in the area of taxes, housing, Social Security, agriculture, labor, education, and immigration. She also is pursuing a master's degree in public administration.

Julie Christine Massey (BSFCS '00, Consumer Foods) is working for Heavenly Ham Franchises as a field marketer manager. She serves as a coach for franchise owners on food safety, marketing, accounting, advertising, and a wide range of other tasks.

Michael Jared Sapp (BSFCS '00, Consumer Journalism) is a leasing consultant for Tara Apartment Homes in Athens.

Jeff Nicholas White (BSFCS '00, Child and Family Development) did his internship with Focus on the Family in Colorado Springs, Colo. This experience led to a permanent job which he began in January.

Alissa Marie Reinhart Wilson (Ph.D. '00, Foods and Nutrition) is a nutrition sci-

entist for Tropicana in Bradenton, Fla. She acts as a nutrition consultant to the new product development teams, is responsible for nutrition labeling and packaging messages, developing and maintaining communications with health professionals and consumers, and assessing research proposals for possible funding by Tropicana. ■

Faculty and Staff

Richard Lewis (Associate Professor, Foods and Nutrition) was featured in UGA President Michael Adams' annual report regarding his research on bone density. Lewis' research has shown that former gymnasts over the age of 40 have higher levels of bone density than non-gymnast control groups. He is now testing the possibility that even low-level gymnastics at a young age can significantly reduce the risk of osteoporosis later in life.

The following FACS faculty and a graduate student have been awarded grants from the UGA Gerontology Center: **Dr. Jinkook Lee** (Associate Professor, Housing and Consumer Economics) will study financial security and health status of ethnic minority elders. Dr. Lee also received a faculty travel grant, along with **Lisa Belliston** (Ph.D. Student, Child and Family Development), to attend the Gerontological Society of America meeting. **Dr. James Hargrove** (Associate Professor, Foods and Nutrition) will assess stages of change for cancer prevention among Georgia seniors. **Dr. Mary Ann Johnson** (Professor, Foods and Nutrition) and **Dr. Joan Fischer** (Associate Professor, Foods and Nutrition) have begun "Noah Net: Nutrition for Older Adults' Health."

Dr. Pat Bell-Scott (Professor, Child and Family Development) is one of the founding members of the UGA Teaching Academy.

Also, **Dr. Anne Sweaney** (Professor, Housing and Consumer Economics), **Dr. Mary Ann Johnson** (Professor, Foods and Nutrition), and **Dr. Nancy Canolty** (Associate Professor, Foods and Nutrition) have all been appointed as the "inaugural class" of the University of Georgia Teaching Academy. The purpose is to promote and celebrate teaching and learning.

Dr. Tom Rodgers (Associate Dean for Outreach and Extension) has been appointed to the Advisory Council for the Department of Community Affairs' Housing Finance Division. Dr. Rodgers also serves on the Board of Directors for the Athens Area Habitat for Humanity.

The McPhaul Center has earned accreditation by the National Association for the Education of Young Children. This honor is only held by about 7 percent in early childhood programs nationwide. The center also received a \$70,000 grant that will allow them to help childcare centers across Northeast Georgia.

Dr. Jinkook Lee (Associate Professor, Housing and Consumer Economics) received recognition for her article "Returns to Information Search: Consumer Credit Card Shopping Decisions," published in the journal, *Financial Planning and Counseling Education*. ■



Dr. Esther Maddux (BSHE '72, Professor Emeritus, Housing and Consumer Economics) has been awarded the AFCPE Distinguished Fellow Award by the Association for Financial Counseling and Planning Education. The award is given to a candidate who is a nationally recognized leader in financial counseling and planning education and who has displayed high standards of professional and ethical conduct throughout her professional career. Dr. Maddux is shown with **AFCPE President Michael Rupured** (FACS Public Service Associate, Housing and Consumer Economics). Dr. Maddux also has been named the recipient of the Distinguished Alumni Award from the College of Consumer and Family Sciences at Purdue University. She earned her doctorate degree at Purdue in 1979. [Special Photo] ■

Student Notes

Christa Grey (Senior, Child and Family Development) and other members of the UGA women's tennis team were honored for winning the 2000 National Tennis Championship during halftime ceremonies of the Sept. 18, 2000, Georgia football game.

Iliana Pedraza (Junior, Fashion Merchandising) has been selected to the 2000 class of Leadership UGA.

Jane S. Defenbaugh (BSFCS '98, Home Economics Education; MS Dec.'00, Housing and Consumer Economics) received a Diamond Anniversary Fellowship for \$1,000 from the Educational Foundation of Phi Upsilon Omicron.

Lisa M. Belliston (Ph.D. student, Child and Family Development) received a Jean Dearth Dickerscheid Doctoral Fellowship for

\$1,000 from the Educational Foundation of Phi Upsilon Omicron. Lisa also received the Doctoral Award for Completed Research from Division 20 of the American Psychological Association.

Laura Louise Henderson (Senior, Child and Family Development) represented her home country of Canada in the World Cup Amateur Golf Championships in Berlin, Germany. The World Cup is considered the Olympics for golf and only three players are chosen from each country. Since then Laura

has competed in several NCAA golf tournaments in the U.S.

The following students have been awarded Undergraduate Research Grant Awards:

Iliana Marie Pedraza (Junior, Fashion Merchandising) will study style changes in women's day dresses from World War I to 1920. Dr. Patricia Hunt-Hurst is her advisor.

Alexis Christine Goebel (Senior, Family and Consumer Sciences Education) will study historical and contemporary coexistence between feminism and family and consumer sciences. Dr. Helen Hall is her advisor.

Elizabeth Maria Mikulcik (Senior, Dietetics) will study the impact of the flavonoid quercetin and glutathion-S-transferase activity in Sprague-Dawley rats. Her advisor is Dr. Joan Fischer; **Chad Eric Howard** (Senior, Consumer Economics) will study credit card debt and usage of UGA students. His advisor is Dr. Deborah Godwin.

Holly Haslam Garner (Senior, Dietetics and Consumer Foods) will study the effect of fill weight, initial temperature, and marinating procedure on process time for pickled vegetable relish. Her advisor is Elizabeth Andress. ■

Stiths Endow International Study Award

The Alan and Sally Stith Foundation has endowed an International Study Award in the College of Family and Consumer Sciences with a \$10,000 gift. This award will provide students an opportunity to receive a stipend to be used for FACS-approved study abroad experiences. Sally Stith received her BSHE degree in Home Economics Education in 1965, while Alan Stith earned his BBA in Marketing in 1964 while also playing basketball for UGA. The Stiths, who have retired to Stockbridge, have two sons who also are UGA graduates. ■



A Letter from the Dean

cont'd from inside front cover

achieved greater prosperity in the past decade, large numbers of children continue to be disadvantaged by conditions of poverty. Faculty in the Department of Child and Family Development will be even more effective in promoting family resilience with increased resources for endowed professorships and graduate student support.

■ **Reserve Georgia's material culture in the Historic Costume Collection.** Georgia's diverse populations contributed a rich heritage in the material culture of dress and accessories. Preserving this culture in the Historic Costume Collection of the Department of Textiles, Merchandising and Interiors and contributing to interdiscipli-

nary programs in historic preservation and museum studies, will strengthen the arts and humanities elements of Family and Consumer Sciences. New physical facilities for the Historic Costume Collection are an integral part of the new building plan. Funding for operations and special projects and exhibits are needed to fully exploit the value of the Collection.

These new initiatives will take FACS to a new level of distinction in addressing the pressing needs of our state and nation. They will constitute the core of the college's development plan for the next decade.

The university's aspiration to be among the top public universities in the nation provides the context for the College of Family and Consumer Sciences' strategic directions. Our college is excellent today; it can be

even better tomorrow. The ultimate purpose of strengthening the capacity of the College of Family and Consumer Sciences is to benefit the families and communities of Georgia, the nation and our international partners. We look forward to the partnerships that will help achieve these goals.

SHARON Y. NICKOLS
DEAN

Note: The complete College of Family and Consumer Sciences Strategic Plan for 2000-2010 can be found on the College website: www.fcs.uga.edu or can be requested from the Director of Communications, Denise Horton, at 706/542-8014.

“I Feel Good”

—James Brown



Katrina L. Bowers
FACS Director of Development

As we approach tax season, the normal article for a development director to write would be on the tax advantages of charitable giving. I could also write about the new charitable gift annuities that are becoming popular tools for giving at UGA. I thought about highlighting the fact that we had more private dollars given to our college last fiscal year than ever before, how younger graduates are quite philanthropic, or how private donations benefit our alumni (case in point — the magazine you’re holding!). But in reflecting on the many donors with whom I work, I agree with the research on philanthropy which states that of the top ten reasons people give, the No. 1 reason is... “Because it makes me feel good.” This philosophy is shared by many:

“...If I were asked what is the best thing one can expect in life, I would say—the privilege of being useful.”—Eleanor Roosevelt

“Don’t admire people for their wealth but for the creative and generous ways they put it to use.”—H. Jackson Brown Jr., *Life’s Little Instruction Book*

“It’s fun to give away money and figure out how best to do it. I tell my mother all the time, and she’s so pleased to hear it—that I see money differently now. I see it as a possibility—not just something to collect for myself.”—Rachel Dooley, University of Michigan freshman

“I’ve never met an unhappy philanthropist, but I have met an unhappy rich person.”—Unknown

“I DO feel good when I make a contribution. I feel even better when I see it used wisely.”—FACS supporter Grace Hartley [see “In Memoriam,” p.13]

Private support for the College of Family and Consumer Sciences is strong, but not strong enough. We have many alumni who *want* to give a major gift, but are not sure they *CAN* make a major gift. There are so many ways to make a major gift earlier in life, for example: Make a pledge over five years; transfer highly appreciated stocks; work for a matching gift company; or give land. Planned or deferred gifts are wonderful tools in estate planning, but giving *NOW* allows us to thank you rather than your heirs.

Giving a major gift (\$10,000-plus) is more realistic than you might think. Let’s talk today about your philanthropic goals—about your legacy and your love for the University of Georgia. There are more advantages to giving than you may even realize. Give me a call at (706) 542-4946 so that you can explore the possibilities. Make a difference. *Feel Good!* ■



FACS Magazine
College of Family and Consumer Sciences
210 Dawson Hall
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Join us for a tour of the
UGA President's House led by Mrs. Mary L. Adams,
wife of UGA President Michael Adams AND **The FACS Annual Alumni Meeting**,



Saturday, Feb. 24, 10:00 a.m.
at the Athens Country Club.

For reservations, call
706/542-4111.



THE MAGAZINE OF THE UNIVERSITY OF GEORGIA COLLEGE OF FAMILY AND CONSUMER SCIENCES