

# FACSM<sup>agazine</sup>

FALL 2008

THE UNIVERSITY OF GEORGIA COLLEGE OF FAMILY AND CONSUMER SCIENCES

Scott Rigsby:

**IRONMAN**

# Faculty-Student Connections



For decades the College of Family and Consumer Sciences has been known for its student-centered focus. The two alumni profiles featured in this issue of FACS Magazine demonstrate both the direct and indirect ways our faculty members can influence our graduates' long-term success.

As you read the cover story about Scott Rigsby (BSFCS '93) you'll see only a few mentions of FACS and his time here as a student. That's because Scott's triumphs – triumphs considered “unthinkable” by many – occurred within the past couple of years, 15 years after his graduation. However, in any conversation with Scott, it's clear that he views the support he received in our college as playing an essential role in his life. It's not a linear connection, rather it's a deeply felt confidence that comes from having had people you admire tell you that you can achieve your dreams.

Emmanuel Fiadzo (Ph.D. '98), on the other hand, knew when he enrolled in our college that he wanted to work at the World Bank. But he didn't know how to get his foot in the door. As soon as our faculty knew of his dream they went to work, using their contacts to gather the information that eventually led to Emmanuel's internship with the World Bank and, a decade later, his current position helping the government of Liberia re-establish itself after years of turmoil.

This issue also has stories of one professor's dedication to teaching undergraduates the basics of money management and how a team of researchers, including a graduate student, has uncovered the antioxidant benefits of many herbs and spices.

Being attuned to our students is a long-time goal of our college and it's wonderful to hear from alumni like Scott and Emmanuel that our efforts were successful. As we continue to search for new and better ways to connect with our students, we want to thank you for the many ways you join us through your ongoing support of the College of Family and Consumer Sciences. ■

Sincerely,

A handwritten signature in black ink that reads "Laura D. Jolly". The signature is fluid and cursive.

Laura D. Jolly, Dean





**FACSMagazine**

FALL 2008

**PUBLISHER**

University of Georgia

**EDITOR**

Denise H. Horton

**ASSISTANT EDITOR**

Nicki Sauls

**DESIGN/LAYOUT**

William Reeves

UNIVERSITY PRINTING

**PHOTOGRAPHY**

Randall Granier

Peter Frey

**EDITORIAL OFFICES**

Denise Horton

Office of Communications  
College of  
Family and Consumer Sciences  
Dawson Hall  
University of Georgia  
Athens, Georgia 30602



(706) 542-8014



(706) 542-4862

**E-MAIL**

dhorton@uga.edu

**WEBSITE**

www.fcs.uga.edu

**COVER PHOTO**

Randall Granier

Copyright © 2008 by the  
University of Georgia.  
No part of this publication may be  
reproduced in any way without  
permission from the editor.

The University of Georgia  
is committed to principles  
of equal opportunity and  
affirmative action.

# FACS

*Knowledge for Real Life*

## c o l u m n s

Letter from the Dean . . . . . opposite

Are YOU a Philanthropist? . . . . .inside back cover

## f e a t u r e s

Scott Rigsby: Ironman . . . . . 4

Building a Better World . . . . . 6

Financial Savvy or Bust . . . . . 8

Spice Exploration . . . . . 10

## n e w s

Breaking News. . . . . 2

Donor Honor Roll . . . . . 12

FACS Facts . . . . . 16

In Memoriam . . . . . 24

In The Halls. . . . . 26

South Campus Tailgate . . . 30





## New Research Explores Biology and Behavior Links

The Center for Family Research, led by **Gene Brody** (Professor, Child and Family Development) has been awarded three new grants, totaling nearly \$6 million. The grants are funded by the National Institute of Child Health and Human Development, the National Institute of Drug Abuse and the National Institute of Mental Health.

Research funded by the grants will explore how stress creates biological changes that forecast the development of chronic diseases; how family relationships and parenting practices can override genetic risks for youth substance use and behavior problems; and how proven prevention programs that deter youths substance use and risky behavior save government resources.

## Johnson Named First Bill and June Flatt Professor in Foods and Nutrition

**Mary Ann Johnson** (Professor, Foods and Nutrition) has been named the first Bill and June Flatt Professor in Foods and Nutrition.

"Dr. Johnson is a leader in the field of nutrition and aging," according to **Dean Laura Jolly**. "In collaboration with local, state and federal agencies, she has developed, implemented and evaluated evidence-based intervention programs designed to increase physical activity, improve dietary habits and improve self-management of diabetes and other age-related conditions in older people."

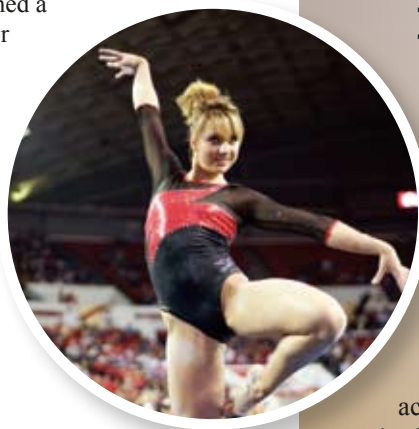
Johnson's outreach and research programs have received continuous funding for nearly 25 years. She is a national spokesperson for the American Society of Nutrition and received the 2007 Georgia Diabetes Coalition Research Award.

Johnson also serves as graduate coordinator for the Department of Foods and Nutrition. She has been the major professor for more than 30 graduate students and mentored many more.

"I'm just as proud as I can be," said **Bill Flatt**, who endowed the professorship along with his wife, **June**. "She's a great teacher, researcher and mentor-leader of the graduate program. She's nationally and internationally recognized for her outstanding abilities. She's a great choice."

Flatt is professor emeritus of foods and nutrition. He has been a part of the UGA faculty since 1969 and served as dean of the UGA College of Agricultural and Environmental Sciences for 13 years. In addition to the professorship, the Flatts have established a number of scholarship endowments for undergraduate and graduate students.

"Dr. Flatt has been a role model in what it means to be a faculty member through his enthusiastic support of both his colleagues and his students," Johnson said. "His ongoing dedication to research, outreach and teaching demonstrates the interconnectedness of those roles."



## Gym Dogs Win Fourth National Title

FACS students **Courtney Kupets** (Senior, Furnishings and Interiors), **Hillary Mauro** (Sophomore, Consumer Journalism), **Cassidy McComb** (Sophomore, Child and Family Development), and **Courtney McCool** (Junior, Child and Family Development) were a part of the Georgia Gym Dogs winning their fourth straight national title this spring. Among their accomplishments, McCool took first place in the floor exercise.





(L-R) Jon Birdsong, Matt Barber, Jason Eagle

## FFP Team Takes Second In National Competition

**Matt Barber** (BSFCS '08, Family Financial Planning), **Jon Birdsong** (BSFCS '08, Family Financial Planning), and **Jason Eagle** (Senior, Family Financial Planning) placed second in the Ameriprise Financial Planning Invitational held April 23-24 in Minneapolis.

This was the first time FACS had entered a team in the national competition, which included nearly 40 colleges nationwide that offer degrees registered by the Certified Financial Planner Board of Standards. The team was one of eight chosen for the finals based on a comprehensive financial plan developed for theoretical clients. The finalists presented their plans to a four-judge panel and competed in a three-hour quizbowl that tested the students' knowledge of core areas of financial planning.

"It was our first time to compete," says **Joseph Goetz**, the team's adviser and an assistant professor of housing and consumer economics. "We were one of only two schools that had not been to the competition in previous years, and we were also the 'youngest' financial planning program competing. These are the factors that make it that much more impressive that our students finished second nationally."

The family financial planning major was established in fall 2006 and had its first graduates in May 2007.

Each student received \$500, and the college received \$5,000 to support the financial planning program.



## COME RUN With US

The inaugural Chilly Dawg 5K Run/Walk will be held Saturday, Jan. 31.

Sponsored by the FACS Alumni Association, the race will begin at 9 a.m. at Sandy Creek Park, which is located a short distance from the UGA campus. Proceeds will support FACS scholarships and other projects.

Registration is \$17 per person if you sign up by Jan. 23, 2009. Or, you can sign up your entire family for \$50. Other options include a UGA-student discount registration fee of \$10 and a \$12 no-shirt option. Late registration is \$20 per person.

All those pre-registered will receive long-sleeve T-shirts. T-shirts will be given to late registrants as available.

Awards will be presented to the overall male and female finishers; overall male and female masters finishers, and the top three finishers in age groups from age 10-and-under to age 75-and-over.

To register and for more information, go to [www.fcs.uga.edu/alumni](http://www.fcs.uga.edu/alumni).

# Scott Rigsby:

By Denise Horton

What does it take to swim 2.4 miles, then bike 112 miles, and top it all off by running a 26.2-mile marathon?

# IRONMAN

For **Scott Rigsby** (BSFCS '93) it took a life-changing accident, two artificial legs and a lot of heart.

When Rigsby crossed the finish line at the Ford Ironman in Kona, Hawaii, after just under 17 hours of continuous effort, he was hailed as the first double amputee to complete the event, considered by many to be the most challenging triathlon in the world.

Ironically, Rigsby's first steps to the Ironman competition began with him lying on a South Georgia highway, his head in the lap of his best friend, his right leg crushed.

"Six thousand pounds of trailer was the tourniquet for my right leg," he recalls of the accident that resulted in the loss of his right leg and a series of surgeries, strung out over 20 years, on his left. "My right leg was severed. I broke my left femur. My left heel bone was drug off and I had third degree burns down my back."

The accident occurred when an 18-wheeler tried to pass the truck carrying a teenage Rigsby and his friends back to Camilla after a morning spent on yardwork as part of their summer jobs with the Camilla housing authority. The semi clipped the trailer carrying lawnmowers and other equipment, causing Rigsby to be thrown from the back of the truck and crushed beneath the trailer.

Although he lost his right leg below the knee, doctors were able to rebuild his left, including the piecing together of a new heel and ankle. Despite having spent a year undergoing a total of 17 surgeries, Rigsby forced himself to rapidly progress from a wheelchair to crutches to a walker.

"Two weeks before I began college was when I started walking unassisted," he says.

## Life-Changing Decision

Rigsby spent 2½ years at Valdosta State University, dividing his time between classes, having his prosthetic leg refitted as his healing continued, and trips to Athens to watch the Bulldogs play—as well as to visit Dick Ferguson's men's store.

"I have champagne taste and a beer budget," Rigsby says of his fondness for fashion, "but I also thought that maybe I'd like to open a store like that some day."

Ferguson had lectured to fashion merchandising majors and suggested Rigsby, who transferred to UGA in January 1991, consider studying family and consumer sciences.

"If it wasn't for Dr. Hathcote and Dr. and Mrs. Etters helping me, it would have been a tough go for me to graduate," he says, referring to textiles, merchandising and interiors faculty members Jan Hathcote and Nolan and Betty Etters. "It wasn't until my senior year that I realized that I had a traumatic brain injury that was affecting my ability to learn, but they were all very supportive and helpful to me."





Although Rigsby had dreamed of starting his own men's store, continuing problems with his left leg prevented him from being able to stand for very long.

"Everyone thought of my left leg as my 'good' leg, but it was my left leg that gave me so many problems," Rigsby says.

The unremitting pain, combined with the realization that he wouldn't be able to meet the demands of being a buyer or running a men's store contributed to Rigsby becoming addicted to prescription pain medicine.

That dependence lasted for three years—following his graduation with a bachelor's degree in family and consumer sciences in 1993—until a meeting with a pastor moved Rigsby to flush all of his pain medication down the toilet and make a radical decision: to have his left leg amputated.

"I had to meet with psychiatrists and other people to prove that I wasn't crazy," he says. "But I was in constant pain with my left leg and my right leg didn't bother me at all."

On June 22, 1998, Rigsby's left leg was removed, and six weeks later he was running on his prostheses.

### **Pursuing His Calling**

Over the next few years, Rigsby worked a series of jobs, including one as a top salesman for an internet company, but he found little fulfillment. His one dream, to work in the sales force of a prosthetics company, ended particularly bitterly.

"I contacted three or four prosthetics companies, but none of them had any amputees on their sales force and they weren't interested in hiring me," he says. "I was 33 and having a mid-life crisis. I wasn't asking why had I lost my legs, but a different kind of why: How do you make a difference? I was so disillusioned."

Lying on the floor of his parents' home in Camilla, Rigsby prayed: "If you'll open a door for me, I'll run through it."

"There was no tabernacle choir singing hosannas," he says, but less than a week later, he walked into a bookstore and saw a story on Sarah Reinertsen, an above-the-knee amputee who had completed the Ironman in Hawaii. In short order, Rigsby saw other articles on amputees accomplishing unlikely athletic feats, but nothing about a double amputee completing an Ironman. In fact, no double amputee had completed a much-less-demanding but still formidable Olympic-distance triathlon, which includes a nearly mile-long swim, a bike ride of about 25 miles and a 6-mile run.

Rigsby had found his calling, except for the fact that he had none of the skills for even the shortest of triathlons.

"I'm not genetically gifted as an athlete," he says. "I'm not a swimmer. I hadn't ridden a bike since I was a kid. I'd never gone farther than a mile with my prostheses."

Undeterred, he began running every morning at 5 a.m. in the parking lot of his apartment building. He also approached the owner of a health club, who let him ride the stationary bikes, as well as the swim coach of an Atlanta private school, who would sneak him in on Sundays so he could hone his swimming skills.

In April 2006, Rigsby entered his first "sprint" triathlon—a half-mile swim, a bike ride of 12.4 miles, and a 3.1-mile run, in Panama City, Fla.

His last-place finish was less than stellar, but he continued to enter sprint triathlons, completing six of them in seven weeks and improving his overall time by 38 minutes.

Later that year, Rigsby achieved his original dream of completing an Olympic-distance triathlon, but that turned out to be a starting point rather than an ending.

CONTINUED ON PAGE 32



b u i l d i n g a

# Better World:

*Alum works to reduce poverty,  
stabilize economies*

**By Denise Horton**

**Emmanuel Fiadzo's** childhood idols weren't comic book superheroes or sports stars.

Instead, the native Ghanaian's role models were World Bank and International Monetary Fund development advisers.

"For those of us who have grown up in developing countries, the World Bank and IMF have been fixtures," says Fiadzo (PhD '98, Housing and Consumer Economics). "You see them on TV or you see a news article written about them because the work they do is so important."

For the past decade, African children have been able to look up to Fiadzo as he has worked with the leadership in their countries—Tanzania, Equatorial Guinea, Mozambique, Gabon, Nigeria, Mali, Senegal, and, most recently, Liberia—to develop policies and plans for stabilizing their economies and, ultimately, reducing poverty.

Fiadzo currently works in Liberia for the World Bank's Poverty Reduction and Economic Management unit. His position there, as economic governance cluster leader and senior economist, means that he can effect change on a broad scale.

"The World Bank is a large multinational development agency with employees from all over the world working in different projects. You can work, for example, in the health, education and infrastructure sectors, or the private finance unit. But PREM is the place to be because there you can have an impact across all sectors that affect people's everyday lives," he explains.

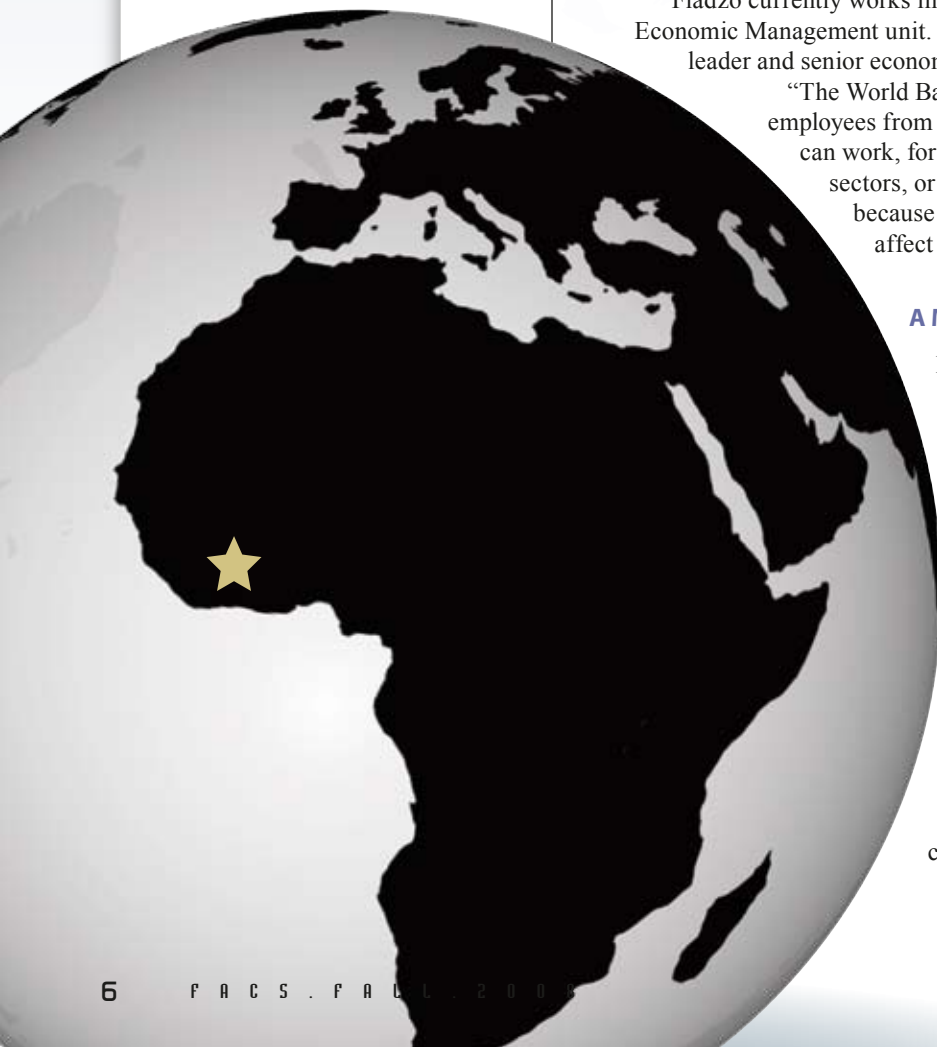
## A Man with a Plan

Fiadzo's path to his World Bank dream job dates from his decision to attend college in the United States—specifically Georgia State University in Atlanta, where he earned a bachelor's degree in finance in 1989. After spending two years in France earning a certificate in French from the University of Bordeaux, he returned to Georgia and earned a master's degree in economics from Clark Atlanta University in 1994.

Fiadzo arrived on the UGA campus in the fall of 1994 as one of the first doctoral students in the Department of Housing and Consumer Economics.

"I have always been interested in development issues, and housing expenditures and poverty in particular is a huge question in developing countries," he says. "HACE has one of the better programs in the country for studying these types of issues."

As soon as he arrived, Fiadzo began telling his





professors of his dream to work for the World Bank. Anne Sweaney, current HACE department head and a long-time faculty member, began searching for ways to help Fiadzo get his foot in the door.

"I was able to contact a colleague in Washington who was able to track down a World Bank internship application," Sweaney recalls.

The competition was fierce—more than 2,000 apply annually for 80-100 summer internships offered at the World Bank—but Fiadzo was chosen to spend the summer of 1996 addressing economic and statistical questions at the Bank's headquarters in Washington, D.C. He credits the internship with giving him the opportunity to become a consultant with the Bank, even before he had completed his dissertation.

Thus beginning in 1997, Fiadzo worked on projects involving his home country of Ghana (as an adviser to Ghana's government statistician) and several Central Africa nations. In 2000, he became economic adviser to the prime minister of the Central African Republic, a country that seemed to have stabilized after several years of internal fighting. Unfortunately, the peace was short-lived; Fiadzo and other leaders had to be evacuated, three times during his three-year tenure, when rebels attempted to overthrow the government. On the last occasion, Fiadzo left with only the clothes on his back.

Although Fiadzo acknowledges that it's nearly impossible to rebuild the economy of a country that is politically unstable, he still expresses sadness over seeing his efforts evaporate in the face of ongoing violence.

"I've been asked to come back, both by the many friends I still have there and by the special representative of the (UN) Secretary General. But I don't know. You have memories. You see your work go down the drain," he says, snapping his fingers to illustrate how quickly it disappeared.

Following his experiences in the Central African Republic, Fiadzo accepted a two-year fellowship at Harvard's Joint Center for Housing Studies where he developed plans for an urban policy workshop for Africa, sponsored jointly by the center and the World Bank and had a publication in the center's annual review on housing.

### A Rave Review

Since 2004, Fiadzo has held a permanent position as an economist with the World Bank, working with the governments of Equatorial Guinea, Congo Democratic Republic and Gabon prior to his current posting in Liberia, and he points to his work on the Extractive Industries Transparency Initiative (former



**Emmanuel Fiadzo (L) and Liberian President Ellen Johnson-Sirleaf.**

British Prime Minister Tony Blair's Initiative on Natural Resource Governance adopted by the G8 member countries) and the development of a public expenditure review in Gabon and as his greatest successes.

"I don't think the World Bank had ever completed a public expenditure review in Gabon to see how the government spends money and whether the expenditures are aligned with its priorities, such as health and education, or frivolous expenditures, such as building cinemas," he says.

Fiadzo led a multi-donor effort—including France and other members of the European Union, the IMF, and the African Development Bank—to develop a public expenditure review for Gabon. Most important, he was able to get buy-in from Gabon's leaders for the project. "It was the first one since Gabon's independence, and they themselves authorized its publication," he says.

In fact, the country's leadership requested extra copies of the review after it was published to distribute to Gabon's ministries and agencies. Moreover, the review process is now being replicated in other countries such as Liberia, Fiadzo says, as a way of increasing transparency and ensuring that expenditures match the countries' goals.

### "To Like What You're Doing"

Fiadzo arrived in Liberia roughly two years ago to collaborate with the Government of Liberia's first female president—and a former World Bank employee—Ellen Johnson-Sirleaf.

He describes the Bank's role in Liberia as having two objectives: reconstruction infrastructure and improving economic management, and governance for poverty reduction. Regarding reconstruction, the World Bank and its partners have provided funding to help Liberia rebuild its infrastructure, including upgrading its airport and seaport. With respect to economic governance, Fiadzo led the World Bank team that

CONTINUED ON PAGE 25

# Financial Savvy *...or Bust*

Teaching  
students to  
manage their  
money

By Nicki Sauls

**I**magine applying for a mortgage and seeing it declined because of a misplaced library book from some long-ago freshman literature class.

Lost books are just one of a laundry list of ways in which a young adult's credit can be ruined. Worse, many aren't aware of the problem until they've been denied a loan, according to **Brenda Cude**, professor of housing and consumer economics.

"Anyone who thinks money management is common sense hasn't seen the market today," she says. "You can imagine how hard this is to navigate when you're a young college student who doesn't know the ins and outs of credit."

Cude and other HACE professors are conducting research and developing courses to help address the situation. She has designed two courses—a freshman seminar and a class for seniors—that not only assist undergraduates in becoming financially literate but also stress the need to take personal responsibility for one's finances, both during and after college.

With a relaxed learning approach, the freshman seminar tackles financial issues more from the perspective of a friend than that of a worried parent. Through mechanisms such as card games and debates, students learn about their spending "personality" and how it affects them during college and later in life.

"I decided to take this class because I really like knowing exactly where my money is going," says Cassandra Sosebee, a pre-pharmacy major. "My mom has





always been a little paranoid about me managing my money, so she really liked the idea that I'm taking this class."

Students going into Cude's courses tend to embody one of three financial-awareness types: those who want to learn more about finances; those who are already in poor financial situations; or those who are scared of financial responsibility. The key in both courses is to reach the students at their particular level and make them feel comfortable in taking grasp of their financial responsibility—whatever their finances may be.

"I currently don't have a debit or credit card," says English major Molly Moore. "I want to learn the ins and outs of the cards before I commit."

"Financial literacy is not an automatic response for everyone," Cude says. "Students need to be provided with resources that will help teach them what they need—and what they want to know."

A major credit difficulty for many undergrads involves student loans, which can ultimately prove menacing to new graduates. Although national default rates on federal student loans have decreased substantially during the past 18 years, from 17.6 percent to 4.6 percent, Georgia ranks fourth-highest in defaults, at 6.9 percent.

To help remedy the state's problem, the Georgia Student Finance Commission received a grant in 1999 to develop appropriate initiatives to prevent students from defaulting on loans. Working with UGA and the housing and consumer economics department, the group proposed a financial program that trains college students to counsel their peers.

Located at nine campuses across the state, including UGA, the Peer Financial Counseling Program has reached more than 10,000 students through presentations on the critical issues of budgeting, credit card use, credit histories, student loans, and savings.

"As a nation we teach kids in school how to read, but we don't teach them how to read a bank statement," says Meg Shepard, a former peer financial counselor. "We've never taught them how to spend money, and that catches up to them when they get to college."

As of fall 2007, the programs were offered at Armstrong Atlantic State University in Savannah, Clayton State University in Morrow, Darton College in Albany, Emory University in Atlanta, Gainesville State College, Georgia Southern University in Statesboro, Kennesaw State University, the University of Georgia, and the University of West Georgia in Carrollton.

With little qualitative research available on college students' finances, it's difficult to know whether the quantitative information accurately depicts the students'



**Brenda Cude**

*“Students need to be provided with resources that will help teach them what they need—and what they want to know.”*

financial lives, both during and after college. For example, Cude points out, a report may state that a college student has \$100,000 in student loans, but how does that actually affect his or her everyday life? More in-depth qualitative research is needed, she says, to investigate whether individual students are in over their heads or if they will be working at jobs that enable them to manage their loans.

“College students have much fuller financial lives than most people realize and they’re living in the same world with the same financial responsibilities as the average adult, with few initiatives to help them,” Cude says. “Overall, there needs to be more integration of financial literacy with other fields across Georgia’s campuses in order to truly help the financial situations of the next generation.” ■

# SPICE EXPLORATION

*A source of effective, low-calorie, inexpensive, and even taste-enhancing medications could be right in your kitchen.*

By Sam Fahmy

a FACS study, involving the health benefits of herbs and spices, has been a shot heard around the world. Published in June 2008 by the *Journal of Medicinal Food*, within days the highly practical work of **James Hargrove**, associate professor of foods and nutrition, and his research team was mentioned in newspapers and on websites ranging from the *Dallas Morning News* to the *Times of India*. He has also been interviewed for a future story in *Reader's Digest*.

He was especially pleased that the study was reported on the website of health and wellness guru Dr. Andrew Weil, whose evidence-based approach Hargrove has admired for decades.

"It makes you feel good to know that your work is being seen by the public, as opposed to its usual languishing in an academic journal that will be read by 20 or 30 colleagues," he says. "When I told my coauthor **Rebecca Dearlove** about Dr. Weil mentioning our work, she exclaimed, 'I've got to find someone to brag to about this.'"

In addition to Dearlove, a former master's student who is now at the University of Tennessee Health Science Center in Memphis, Hargrove's coauthors on the study included **Diane Hartle** and **Phillip Greenspan**, associate professors in the UGA College of Pharmacy, and Ruthann Swanson, associate professor of foods and nutrition.

In testing extracts of 24 common herbs and spices, the team found that they have high concentrations of antioxidant-rich phenols, which possess the ability to block the formation of compounds that contribute to the inflammation and tissue damage caused by diabetes and aging.

When blood-sugar levels are high, Hargrove explains, "protein glycation" occurs. This is a process in which the sugar bonds with proteins to eventually produce "advanced glycation end products"—the compounds (noted above) that, true to their acronym of AGE, inflict wear and tear on the body.

In particular, the formation of AGE increases the risk of cardiovascular damage associated with diabetes and aging, Hartle says. High blood-sugar levels accelerate heart disease partly because AGE compounds form in the blood and in the walls of blood vessels. This condition aggravates atherosclerosis, the buildup of cholesterol plaques.

The spices the researchers tested had varying levels of potency. Cloves and cinnamon had phenol levels that were 30 percent and 18 percent of dry weight, respectively, while herbs such as oregano and sage were 8 and 6 percent. For comparison, note that blueberries, which are widely touted for their antioxidant strength, contain roughly 5-percent phenol by dry weight.

Hartle notes that because various phenols are absorbed differently by the body and have diverse mechanisms of action, it's likely that a variety of spices will provide maximum benefit.

"If you set up a good herb and spice cabinet and season your food liberally, you could double or even triple the medicinal value of your meal," she says. And Hargrove points out that herbs and spices have a very low calorie content and are relatively inexpensive as well.







**Researchers include (L-R) Phillip Greenspan (Associate Professor, Pharmacy), Ruthann Swanson (Associate Professor, Foods and Nutrition), Diane Hartle (Associate Professor, Pharmacy) and James Hargrove (Associate Professor, Foods and Nutrition).**

The UGA researchers tested for the ability to block AGE compounds in a test tube, but animal studies conducted on the health benefits of spices lend support to their results.

Cinnamon, for example, has been shown to lower blood sugar in mice—an effect it achieves in several ways, according to Hargrove. Cinnamon slows the emptying of the stomach (thereby reducing sharp rises in blood sugar following meals), improves the effectiveness of insulin, and enhances antioxidant defenses.

He also observes that because humans have been consuming herbs and spices for thousands of years, they are time-tested products that come without the risks of side effects that accompany medications. “Indeed, some spices and herbals are now sold as food supplements because of their recognized health benefits,” Hargrove says.

So rather than seasoning their food with salt, which provides no beneficial phenols and has been linked to high blood pressure, Greenspan recommends that people use a variety of herbs and spices to help boost the quality of their meals.

“When you add herbs and spices to food,” he says, “you definitely provide yourself with additional benefits besides taste.”

In this way, individuals can help to maintain their health with inexpensive items that are readily available at grocery stores—an approach that appears to resonate with the public, according to Swanson.

“I think in general that consumers are trying to take more control of their health,” she says, “and this is certainly a hands-on way to do that.” ■

High concentrations  
of antioxidant-rich  
phenols found in herbs  
and spices may reduce the  
inflammation and  
tissue damage  
caused by  
diabetes and  
aging.



Sam Fahmy is a science writer at the University of Georgia.

# HONOR ROLL OF DONORS 2007-2008

We proudly present to you our Honor Roll of Donors. Due to space restrictions, we are publicly honoring donations of \$50 and greater given between July 1, 2007, and June 30, 2008. Please know that gifts of all sizes are important to us and we remain appreciative and dedicated to using your gifts wisely as we invest in our students, our alumni and the FACS profession. If you would like for your name to be listed in a different way or prefer anonymity, we welcome those requests. Thank you!

## **PRESIDENTS CLUB**

\$1,000 and Up

Dr. Carla Rae Abshire and Michael W. Giles~  
American Cancer Society~  
Ameriprise Financial Services, Inc.  
Dr. Elizabeth L. Andress  
Atlanta Falcons Youth Foundation  
Lillian (Pace) Beckford~  
Drs. Carolyn D. and C. Reese Berdanier~  
Gary Ward Black  
Dr. Donald W. and Julie Wilson Bower~  
Zena (Costa) Brown~  
Randy Cardoza  
Jan (McGarity) and Thomas Christian Jr.~  
Michael John and Ann Costa~  
Judith (Clark) Darby~  
Kelly (McGill) and Stanley D. Dean  
Iris (Price) Dover  
Daniel Mark Dubay  
Michele (Jones) and James B. Ellington~  
Dr. William P. and June N. Flatt~  
Kevin Fletcher  
M. Joshua Frank  
Georgia Agribusiness Council, Inc.  
Georgia Apartment Industry Education  
Foundation~  
Georgia Soft Goods Education Foundation, Inc.  
Dr. Wanda Jean Grogan~  
Cheryl (Miller) and James C. Guynn~  
Dr. Chenault William Hailey  
Dr. Earl and Anne (Montgomery) Haltiwanger  
Sharon (Boone) and Charles E. Hamner~  
Dr. Ian Hardin~  
Dr. Jan (Montgomery) and Jim Hathcote~  
Jean (Morton) and George F. Head~  
Jeni Hofstede-Bryan  
Dr. Patricia Hunt-Hurst and Thomas E. Hurst~  
Louise (James) and Johnny E. Hyers~

Randal and Diana Inman  
Dean Laura D. and David Jolly  
John R. and Jill M. Kelly  
Stella W. and James P. King~  
Dorothy (Meadows) and Robert E. Knox Jr.~  
Dr. Jane Marie Lamb~  
Dr. Gregory E. and Jill Lang~  
Ginny Lyman  
Dr. Estoria (McAfee) Maddux~  
Dr. Josephine Martin~  
Deborah F. McAbee and James B. Morris  
Marian (Chesnut) McCullers~  
Drs. Rebecca M. and David W. Mullis Jr.~  
National Council on Economic Education  
Dr. Sharon and Rev. Samuel Nickols~  
Honorable Kathy (Stephens) Palmer~  
Vivion (Young) and Dwight Palmer~  
Peggy (Stewart) Parrish~  
John W. Peifer and Dr. Deborah Scott Lee~  
Bonnie (Stephens) and Clark E. Petersen~  
Doreen (Stiles) and Alec L. Poitevint~  
PPA Advisory Services, Inc.  
Betty (Sewell) Ragland~  
Julie (Toland) and David A. Reynolds  
Dr. Thomas F. Rodgers~  
John Daniel Shuman  
Edie (Edwards) and Lamar Smith  
Dr. Zolinda Stoneman  
Drs. Anne L. and David R. Sweaney~  
Pam (McIntyre) and Reese J. Thompson

Dr. Christine M. Todd~  
United Way of the Chattahoochee Valley  
Drs. Lynda (Henley) and James C. Walters~  
Jeffrey and Margaret (Ward) Whalen  
Josh and Michal Whitlock  
Ronnie and Paula Whitlock  
Frances Wood Wilson Foundation, Inc.  
W. Terry and Joy W. Wingfield

## **GEORGIAN CLUB**

\$500 to \$999

Agricultural Commodity Commission for Cotton  
Agricultural Commodity Commission for Pecans  
Rose (Mosely) and Richard M. Applegate  
Emily (Eichelberger) Blalock  
Katrina (Little) Bowers~  
Jane (Malone) and John M. Burch  
Joy (Thomas) Elder  
Margot Janett Endsley~  
Patricia (White) Foy~  
G J Moore Enterprises, Inc.  
Georgia Fruit & Vegetable Foundation~  
Georgia Pecan Commission  
Georgia Power Company  
Habif, Arogeti & Wynne, LLP  
Charles Tamlin Hall Jr.  
Ashley (Riccardi) and Neill Hatcher  
Dr. Mary Ann Johnson and Terry J. Centner~

*“There are many young minds who can benefit from the proceeds of our planned gift whether through scholarships or through other college improvements, such as new furnishings for a lab or classroom.”*

—Anna (BSHE '60) and Wayne Shackelford



*I love FACS because every time I walk in the doors of Dawson Hall I am greeted with friendly faces. We are given the chance to actually get to know our professors. Even though we are a large college, FACS provides a smaller feel to an enormous university and it has the personal touch that I was looking for when I came to UGA.*

—**Betsy Bell, Senior**  
**Child and Family Development**

William Kelly Jones  
Dax Langley  
Janet and Frank McGill  
William R. Seaton  
Denise (Randall) Smith~  
Southeastern Turf Grass Supply, Inc.  
Maude (Jackson) Strickland  
Robert G. Strickland III~  
Drs. Roger M. Swagler and Julia Marlowe  
Dr. Patricia Bell-Scott and Charles V. Underwood~  
Jonathan Carlton Wicker

**CHARTER CLUB**

\$250 to \$499

Dr. Renita (Jones) and Rob Anderson  
Katheryne (O'Neal) and Hollis B. Arrowood  
Doris (Prior) and Horace G. Blalock Jr.  
Rebecca Lynn Brightwell~  
Leslie (Younts) Brown~  
Harriet (Allen) and William S. Burt~  
Julianne (Wilson) Butler~  
Trudy (Pike) and Charles L. Cain~  
Betty (Cook) Cashon~  
Drs. Kevin L. and Sue Watkins Chapman  
Dr. George Cleland  
Harrileen (Jones) Conner~  
Elbert County Internal Medicine  
Dr. Patricia Marie Fandt~  
Dr. Joan (Guilford) and Kenneth M. Fischer~  
Georgia Beef Board Inc.~  
Georgia Cattlemen's Association~  
Tammy (Tate) and Geoffrey L. Gilland~  
Alisa Marib Gipson  
Kristi (Osborn) and Justin Greer  
Suzanne (Melton) and Phillip Griffeth~  
Patricia (Dabbs) and E. Howard Hackney  
Alice G. and Gene R. Howard  
Dr. Russell Noel James

Barbara (Meek) Leach  
Kate (Callaway) Nicholson~  
Dr. Sharon M. Nickols-Richardson and David W. Richardson  
Margaret Amanda Poitevint~  
Nadine (Vickers) Powell~  
Greg and Becky Price~  
Pam Sanchez Designs, Inc.  
Pam (Goldstein) Sanchez  
Leolene (Montgomery) and Dr. Benjamin B. Tate~  
Dr. DeLinda (Harden) and Steve Terry  
Jennifer (Barker) Townsend  
Anne (Lambert) and Robert Trulock  
Walton Planned Community  
Wyndolyn (Vickers) and Glenn York~

**CENTURY CLUB**

\$50 to \$249

Anonymous  
Jane (Vandiver) Abel  
Mary (Reese) Abercrombie~  
Academy Sports and Outdoors  
Lorna (Hughes) Ackley  
V. Fred Aiken  
Rosalin Anderson~  
Cris Michael Areskog~  
David Pender and Melinda M. Askew  
Athens Animal Hospital  
Jan (Taylor) Baggarly~  
Margaret (Costa) Baird~  
Betty (Evans) and Ralph H. Baird Jr.~  
Dr. Diane W. Bales~  
Carolyn (Kiebler) Balkwell~  
Jill (Sirmans) and John D. Bateman Jr.  
Jo Beth (Clark) Beard  
Barbara (Snead) and Harry E. Beasley Jr.  
Mary Ann (Ellis) Bell  
Jackie (Armistead) Bellar  
Jill (Pearce) and Terrance J. Bellnier~  
Raven J. and Arlando F. Bennett~  
Margie (Briscoe) Bennett  
Gloria (Conner) and Goebel D. Berry  
Sherry L. Bickerstaff  
Mary (Pritchett) and George R. Bishop~  
Rosemary Blackburn~  
Sandra (Strohbehn) Blake  
Julia (Riley) and Mike Bland~  
Margaret (Craig) Blaney  
Katherine (Kellerhals) Boyles~  
Carol (Ash) Bradley~  
Christina (Weatherford) and Robert Brannen  
Mary Ann (Terry) Braswell  
Meredith (Dutter) Brennan  
Tonja (Houston) Bridges  
Cherie (Cole) and Russell Brock  
Patricia (McDaniel) Brook~  
Charlesey (Whitehead) and Gene B. Brown  
Mary Ann Brown  
Maureen (Liebner) and Norbert Brown Jr.  
Sue (Anthony) Brown

Patricia Ann Bruschini  
Cynthia (Walton) Buckel  
Emily (Stanfield) Burch~  
Louise (Pittard) Burch  
Josephine (Demonia) and H. Preston Camp  
Mary B. Cantrell  
Eileen (Neubaum) Carlan  
Cathy (Simpson) Carter  
Suzanne Carter~  
Mary Beth (Jordan) and Thomas E. Cary~  
Champions for Children, Inc.  
LaVonne (Aspinwall) Childers  
Kenyatta (Bailey) and Lee A. Clarke  
Classic Groundcovers, Inc.~  
Cynthia Leigh Cochran  
Mildred (Huff) and Thomas Coleman  
Nancy (Clark) and Thomas Coleman  
Jean (Gratzek) Colville  
Charlotte (Gaulding) Cook~  
Mary (Meagher) Corrigan  
The Cotton Patch Inn  
Jennifer Elizabeth Coveny  
Mr. and Mrs. Marcus Lumpkin Cox  
Mr. and Mrs. Ernest Lamar Craft  
Claire Collier-Cronk and Joseph A. Cronk  
Crystal Farms, Inc.~  
Cindy (Kanarek) and Brian Culver  
Patricia Mary Curtin  
Cycle World of Athens  
Carol Parks Dahms  
Dr. Ilene Dailey  
Dr. Cindy Ann Darden  
Barbara (Twiggs) Davenport  
Betty (Hatcher) Davenport~  
Mary (Elder) Davis~  
Dr. Marie Dent  
Lynne (Fraker) and Jeff H. Dodson  
D-Signed Nutrition, LLC  
Kimberly (Cook) and Dr. Samuel E. Dunlap  
Kay (Gantt) Durand~  
Allene (Hodgson) Dyer  
Maureen (Farrell) Eason~  
Eason Partners, Inc.~  
Carol (Pitt) Eggleston  
The Elephant Trunk  
Mary Laura Evans  
Elizabeth (Draper) and Richard Fallin  
Kate (Maxwell) and Aubrey M. Finch  
Fire and Flavor Grilling Company  
Melissa (Brill) and Thomas Fletcher~  
Kathy (Purcell) and Gary Floyd  
Linda (Piper) Ford  
Foster's Jewelers Inc.  
Lori L. Franklin  
Leonora (Bunn) and Alvan D. Gale~  
Nadine (Brown) and Jack Gary~  
Georgia Aquarium  
Georgia Manufactured Housing Association~  
Georgia Municipal Association, Inc.~  
Georgia State Trade Association of Nonprofit Developers, Inc.  
Sharon M. Gibson

Suzanne (Merk) Ginn~  
 Glo Salon  
 Katherine (Hall) Gregorcyk~  
 Drs. Barbara (Mullen) and Gary D. Grossman~  
 Teresa (Jordan) Gruendl  
 John N. and Juanita F. Haley  
 Beverly (Fulford) Hall  
 Doris (Nevels) and Emmett Howell Hall  
 Dr. Charles and Ronda Halverson~  
 Betty (Burns) Hampton~  
 Gail (Mooney) and James L. Hanula  
 Mildred (Wilbanks) Harber~  
 Mitch and Jennifer Hardeman  
 Hardeman-Hobson Waste Services, LLC  
 Kathy (Meredith) and Sam Harp  
 Dolores (Birdsall) Harris  
 Kelly (Smith) and David Carl Hart~  
 Virginia (Thomas) and Isaac S. Hart Jr.~  
 Mrs. Edward W. Hassinger  
 Margaret (Jarvis) Hathaway  
 Eric Christopher Haun  
 Betty (Woods) Healey  
 Robert Louis Hendrix  
 Tamra (Mitchell) Herndon  
 Lucy (Field) Herren  
 Judy Marie Herrin~  
 Judy (Ellis) and Henry E. Hibbs~  
 Mary Louise Hill~  
 Sally (Shapard) Hill  
 Mary (Burt) Hilton  
 Kay (Huston) Hind~  
 James R. and Cathy Hipps  
 Home Builders Association of Georgia  
 Deborah (Stephens) and Stanley Houston~  
 Denise Kathryn Houston  
 Andrea (Axelson) and Donald P. Howard  
 Corille (Johnson) Hudson  
 Sandra (Dean) and Carter L. Hudson~  
 Kristi Nichole Hughes  
 Rhonda (Lanphear) Hunt  
 Nancy (Purcell) and Aaron D. Hyte~  
 Connie Lee and Martha (Jackson) Ivester~  
 Mary Clo Jackson~  
 Anne (Anderson) Jacoby  
 Jingles  
 Jittery Joe's Inc.  
 Patricia Johnson  
 Ann (Trowbridge) Johnston~  
 Dixie (Brown) and William G. Johnston III  
 Stacy (Bishop) and David S. Jones~  
 Leslie Dee Jones  
 Mary Jane (Keener) Jones  
 Amy Lynne Keith  
 Janet J. and Josh H. Kendall  
 Judy Kay Kenimer~  
 Dr. Maureen (Reed) and Thomas J. Killeen Jr.  
 Andrew Jones Kilpatrick and Vera Frances  
 Stewart  
 Drs. Chung-Soon (Chung) and Yung Kim  
 Drs. Kennita (Oldham) and John A. Kind  
 Mary (Dillard) Kitchens~

Jeffrey Samuel Klein  
 Allison (Adkins) and Ryan Knapp  
 Kum's Sunglass Optique  
 Dr. Yoko Mimura and Dusan Kyselak~  
 Starr (Lawson) Lee  
 Carolyn Jane Leitner~  
 Lenbrook Square Foundation  
 Roslyn (Retchin) Leopold~  
 Jeannette (Bellamy) and Max J. Lewallen  
 Denise Clark Lewis  
 Dr. Richard and Mary Ann Lewis  
 Herbert C. MacMillan  
 Leah Maderal~  
 Laura (Hinke) Marotta  
 Sherrill (Petty) and Dr. Louis Michael Mason~  
 Eugenia (Wilkes) Massingale~  
 Walter Merritt Mattox  
 Jane (McKinney) and Alan R. Mazza  
 Brenda (Weaver) McCoy  
 Barbara (Terrell) McDonald and Dr. Thomas F.  
 McDonald~  
 Lorraine (Worden) and Dr. Lee R. McDowell~  
 Sandra (Sexton) McIntosh  
 DiAnn (Pattillo) McMillan  
 Eugenia (Perkins) McMullan~  
 Harriett (Turner) Meeks  
 Cathy (Christy) Meister  
 Joan Foster Menser  
 Catherine (Goeddeke) and James A. Merickel II  
 Sandra (Fitzgerald) Metts  
 Kay Mihelich  
 Peggy (Eaton) Miller  
 Joni (Dixon) Milner  
 Lisa (Lackman) and Craig S. Mitchell  
 Jo Ann (Taylor) and Joe Morrison  
 Moye Farms  
 Evera (Shiver) and Thomas E. Moye Jr.  
 Wilbur and Susan Mull~  
 Betty C. and Alvin J. Mullins  
 Tommie (Guess) and Norris N. Mullis  
 Charles Stoll Mustard Jr.  
 Edna (Dickey) Nation~  
 Anne (Cook) Neal  
 Ruhanna (Johnson) and Harold J. Neal  
 Lavina (Whitmire) Neal~  
 North Georgia Bank~  
 May Jennings O'Hara  
 Krista (Dean) and Dennis O'Brien  
 Oconee State Bank  
 Nancy (Nicklaus) and William T. O'Leary IV

Dr. Belinda (Thompson) and Michael Orzada  
 Joan (Walker) Ostrer~  
 Sally Elizabeth Owings  
 Constance (Perry) and Burley E. Page Jr.  
 Betty (Epps) Painter  
 Diane and Dr. Edward F. Pajak  
 Rita (Cleveland) and William M. Palmer Jr.~  
 Nicholas Demetri Pappas  
 Elise (Wilson) Patterson  
 Julie (Till) and Philip Patterson  
 Lisa (Grimes) and Patrick C. Patton  
 Gail (McCormick) and Herschel L. Paulk  
 Carole (King) and James L. Pearman~  
 Lynda (Dixon) Pearson~  
 Dr. Sue Peck~  
 Lisa (Lagerberg) Peden  
 Betty (Garrett) Pickren~  
 Kathleen (Weldon) Pinckney~  
 Laurie (Barton) Pippin  
 Dr. Joe Fagan Pittman Jr.~  
 Meredith (Barrs) and Philip R. Potter~  
 Amanda Rebecca Price  
 Lynn (Gamble) and Dr. Edwin H. Price~  
 Dianne (Gray) and William Pugh  
 Barbara Michelle Putnam  
 Cecilia (Sherlock) and Charles J. Radford  
 Dorothy (Bliss) Raines  
 Judith (Norton) Reid~  
 Linda (Langford) Reynolds~  
 Suzanne (Pye) Richardson~  
 Sarah (Brown) and Frank Montfort Riley~  
 Rebecca (Craig) Robinson  
 Dr. Ava D. Rodgers  
 Elizabeth (Hatton) Roper  
 Marianna (Betts) Rothschild  
 Eleanor (Amos) and Raymond J. Schaltenbrand Jr.  
 Joy (Haynes) and Dr. Harry H. Schomberg  
 Elizabeth (Maddox) Schuler  
 Darby (Thompson) Sewell  
 Patricia (Harrison) Sewell  
 Mr. and Mrs. Warren P. Sewell Jr.  
 Debora (Tomberlin) and Mark E. Seymour~  
 Anna (Nolan) and Robert W. Shackelford~  
 Ashley (Branan) Sheffield  
 Rose (Arnold) Simmons~  
 Gail (Fulford) and Stephen D. Sims~  
 Jennifer (Graviano) Singeisen  
 Cynthia (Braucher) Skove  
 Elizabeth (Dickey) and William Steven Smith~  
 Carolyn (Dratz) and Tyrus R. Sockwell Jr.

*It is very satisfying to help support undergraduate, travel abroad and graduate students in FACS. It is good to know the department that meant so much to me (CFD) as an undergraduate and graduate student as well as an instructor will be able to strengthen a faculty position with the gift from my husband.*

—**Anne Montgomery Haltiwanger**  
**BSHE '67, MS '69**



*I wouldn't trade my education in the  
College of Family and Consumer  
Sciences for anything!*

— **Meredith Barrs Potter**  
**BSFCS '04**

Annie Pearl Solomon  
Southwest Georgia Housing Development Corp.~  
Evelyn (Meadows) Steele  
James Malcolm Stewart  
Alison (Daves) Stokes~  
Jane Katherine Stuart~  
Amanda Delleah Stults  
Brandy (Buchanan) and Teddy Sutherland~  
Rhonda Sue Sward  
Abby (Demott) and Ross Tankersley  
Evelyn (Hanson) Taylor\*  
Melissa (Greenfield) Temkin  
Janet Elaine Thompson  
Bill Thornton  
Roger Dean and Miriam P. Tom  
Barbara (Jones) Torbert  
The Total Look  
Joyce (Dunahoo) Treadwell~  
Lynn (Walker) Treadwell~  
Susan (Hall) and David N. Vaughan Jr.  
Kathleen (Ellison) and William L. Wages Jr.  
Jane (Elliott) and James Walcott Jr.  
Wylie P. and Callie F. Waller III  
Dr. Charlotte R. Wallinga  
Mary Elizabeth Hart-Watson and James J. Watson  
Louila (Levie) and Welcom H. Watson~  
Dr. Charles E. Welch III  
Anne (Byrn) and John T. Whitaker II  
Patricia (Johnston) and Allen Whitfield  
Charles Edward Williams  
Virginia (Krewer) and Jerry Stuart Wilson Jr.~  
Julie (Jenkins) Wilson  
Sandra (Miller) Wims  
Betty (Cox) and William R. Wingate~  
Dr. Marion Alice Wolff  
Amanda (Calhoun) and Tobin Wolverson  
Ann (Chappell) and Richard Woodruff  
Elaine (Shellhouse) and Elmo C. Wright Sr.~  
Jean (Randall) Wright  
Katharine (Lipp) and Brett R. Wylie  
Lee Ann (Bennett) Wynns  
Derek Alan Yeager

**MATCHING GIFT COMPANIES**

The following companies matched employee  
contributions to the College of Family and  
Consumer Sciences.

Atlanta Gas Light Company  
Cingular Wireless  
Coca-Cola Company

Ernst & Young Foundation  
Georgia Power Company  
Georgia Power Foundation, Inc.  
Keyspan Corporation  
Lockheed Martin Corporation  
Macy's Foundation  
Merck Company Foundation  
Pfizer Inc.  
Procter & Gamble Fund  
Southern Company Services, Inc.  
The Wachovia Foundation, Inc.

**FACS 100 LEGACIES & UGA  
HERITAGE SOCIETY**

These members have confirmed to either the  
UGA or ARCH Foundations that they have  
given a planned gift to the College of Family  
and Consumer Sciences.

Anonymous  
Dr. Renita (Jones) and Rob Anderson  
Dr. Elizabeth L. Andress  
Eddy Armstrong  
Drs. Jorge H. and Julia Atiles  
Carolyn (Kiebler) Balkwell  
Wanda (Taylor) and Earl D. Barrs  
Jean (Griffeth) and Ray Bauerband  
Lillian (Pace) Beckford  
Drs. Carolyn D. and C. Reese Berdanier  
Gloria (Conner) and Goebel D. Berry  
Harriette (Kirk) and Dr. E. Robin Bohannon  
Dr. Donald W. and Julie Wilson Bower  
Katrina (Little) Bowers  
Fan Brooke  
Susan Hale Brooks  
Leslie (Younts) Brown  
Zena (Costa) Brown  
Dr. Nancy L. Canolty  
LaVonne (Aspinwall) Childers  
Kenyatta (Bailey) and Lee A. Clarke  
Harrileen (Jones) Conner  
Dr. Ilene Dailey  
Dr. Therry (Nash) Deal  
Marion (Price) Elkin  
Craig G. Endsley  
Dr. William P. and June N. Flatt  
Lori L. Franklin  
Cory Robert and Crystal Lynn Freeman  
Marcella (Taylor) and Richard Gelman  
Tammy (Tate) and Geoffrey L. Gilland  
Alisa Marib Gipson  
Katrina (Pittman) and John Graham  
Suzanne (Melton) and Phillip Griffeth  
Dr. Wanda Jean Grogan  
Cheryl (Miller) and James C. Guynn  
Doris (Nevels) and Emmett H. Hall  
Sharon (Boone) and Charles E. Hamner  
Mitch and Jennifer Hardeman  
Judy Marie Herrin  
Judy (Ellis) and Henry E. Hibbs

Mary Louise Hill  
Dr. T. Lynn Hogan  
Ashley and John S. Holt  
Kristi Nichole Hughes  
Dr. Patricia Hunt-Hurst and Thomas E. Hurst  
Louise (James) and Johnny E. Hyers  
Russell Noel and Esther Ann James  
Dean Laura Dunn and David Jolly  
Albert Jones  
Zelda (Gross) and J. Morris Jones III  
Amy Greer and Jon Christopher Kay  
Janet Jones and Josh H. Kendall  
Patricia Koester-Smith and John Edward Smith  
Diane Mary Kohl  
Dr. Gregory E. and Jill Lang  
Neal Little  
LTC Benjamin and Barbara Lumpkin  
Dr. Estoria (McAfee) Maddux  
Margaret (Park) and Terry Mathews  
Tom and Mary McCormack  
Marian (Chesnut) McCullers  
Janet and Frank McGill  
Justin and Lynsee Hamby Miller  
Drs. Rebecca M. and David W. Mullis Jr.  
Dr. Sharon and Rev. Samuel Nickols  
Dr. Sharon M. Nickols-Richardson and David W.  
Richardson  
Claudia (Stowers) and John S. Noell Jr.  
Drs. Ligaya and Onofre Paguio  
Honorable Kathy (Stephens) Palmer  
Winky (MacAllaster) and Max Parker  
Bonnie (Stephens) and Clark E. Petersen  
Meredith (Barrs) and Philip R. Potter  
Greg and Becky Price  
Betty (Sewell) and Max Adams Ragland\*  
Linda L. Redmann  
Julie (Toland) and David A. Reynolds  
Jennifer (Willoughby) Richardson  
Dr. Ava D. Rodgers  
Kyle Warner Shadix  
Gail (Fulford) and Stephen D. Sims  
Millie (Young) Smith and John Marshall Smith  
Rosemary (Dunn) and Frank E. Stancil Jr.  
Catherine (Hube) and Herbie Stockman  
Drs. Roger M. Swagler and Julia Marlowe  
Drs. Anne L. and David R. Sweaney  
Lynda (Coward) Talmadge  
Gloria (Hill) and David Thiem  
Pam (McIntyre) and Reese J. Thompson  
Drs. Marihope (Shirey) and Gerald S. Troutman  
Livia Wade  
Kathleen (Ellison) and William L. Wages Jr.  
Drs. Lynda (Henley) and James C. Walters  
Geraldine H. Williams  
Paulette Williams  
Drs. Mary Margaret and Norman J. Wood

## 1960s

**Millie Huff Coleman** (BSHE '65, Home Economics and Journalism) is an author and consultant in Atlanta. She gave a presentation in June at the World Tea Expo in Las Vegas titled, "Victorian Matrons, Fearless Flappers, Chai-Sipping Executives: The History of American Tea Rooms." The tea expo is the largest trade-only conference in the world.

**Virginia Kerley Joseph** (BSHE '69, Clothing and Textiles) has retired as a program technician from the U.S. Department of Agriculture's Farm Service Agency. She and her husband, Paul, live in Scottsboro, Ala.

**Rosemary Virgin Risse** (BSHE '65, Family Development) serves as pro-life liaison for the Archdiocese of Atlanta at Saint Joseph's Parish in Athens.



If you have news and information for FACS Facts send it to Suzanne Griffith, Director of Alumni Relations and Student Leadership, at [suzanne@fcs.uga.edu](mailto:suzanne@fcs.uga.edu) or call her at 706-542-4881.

For the latest information on all alumni events, please see our calendar at [www.fcs.uga.edu/alumni/calendar](http://www.fcs.uga.edu/alumni/calendar)



FACS Ambassadors **Lori Walker** (Senior, Nutrition Science and Dietetics), **Savannah Smith** (Sophomore, Furnishings and Interiors) and **Gayle Smotherman** (Sophomore, Child and Family Development) helped host the *100 Legacies in the Making* campaign celebration in August. A total of 106 donors documented a planned gift during the campaign period.

## 1970s

**Lynn Duncan Beasley** (BSHE '70, Home Economics Education) is a family and consumer sciences teacher at East Laurens High School in Dublin. She previously taught science for 19 years to middle school students.

**Victoria Wiggins Hill** (BSHE '79, Furnishings and Interiors), sales manager and loan originator for Synovus Mortgage, was awarded the Chairman's Club Award at the Synovus Annual Production Conference. She lives in Rome, Ga.



**Sandra Flynt McKinney** (BSHE '76, Home Economics Education; MEd '82, Home Economics Education) of Cordele has been awarded the Helen Brown Sasser Award by Abraham Baldwin Agricultural College. She is the Crisp County Extension coordinator.

**Joann Milam** (BSHE '74, Home Economics Education) has been named to the Cooperative Extension/Association County Commissioners of Georgia fellows program. She is a family and consumer sciences Extension agent in Washington County.

**Ann Marie Moraitakis** (BSHE '79, Home Economics and Journalism) is director of the Boisfeuillet Jones Atlanta Civic Center.

**Nancy Lou Dye Rice** (BSHE '75, Dietetics and Institution Management; MEd '89, Home Economics Education) is nutrition services director for Clayton County Schools in Jonesboro.

## 1980s

**Sandra Dianne Lane-Cellini** (BSHE '81, Fashion Merchandising) is a science teacher for the Cobb County School District in Acworth.

**Connie Mullins** (BSHE '89, Fashion Merchandising) is a flight attendant for Delta Air Lines in Atlanta.

**Deborah Horne Williams** (BSHE '88, Furnishings and Interiors) is owner and designer for Debbie Williams Interiors in Suwanee.

## 1990s

**Alonda Alloway-Higgins** (BSFCS '97, Housing) is a school social worker and an adjunct professor at Seton Hall University in South Orange, N.J. She is also the owner of Abysmal Publishing.

**Carmen Bouknecht Dill** (BSFCS '95, Consumer Economics) is a family and consumer sciences teacher as well as varsity basketball cheerleading coach at Forsyth Central High School in Cumming where she lives with her husband, Brian, and their 6-year-old son, Mason.

**Todd Bates Folley** (BSFCS '99, Consumer Journalism) married Lindsey Taylor Cunningham on May 10 in Augusta. He is an inventory manager for Sunbelt Nissan in Augusta.



**Tammy Tate Gilland (L) and Jenn Townsend.**

## *Making Connections*

Fall is my favorite time of year, especially on sunny Saturdays in Athens when the Bulldogs are playing between the hedges. It was great to see so many alumni at South Campus Tailgate—I enjoyed catching up with old friends and making new connections with faculty, staff, alumni, and students.

At a recent meeting, I asked FACS Alumni Board members to share their favorite memory from their time at UGA. Many reflected on the connections they made with faculty, staff and fellow students. I'm sure many of you also fondly remember a professor or adviser who made an impact while you were a student.

What are you doing to maintain your connections with the College of Family and Consumer Sciences? The FACS Alumni Board is planning an event for alumni in each of the college's departments this year. I hope you will take the time to attend and re-connect with fellow alumni and FACS faculty.

An important part of staying connected is keeping information current. We need your e-mail addresses! Please visit the FACS website ([www.fcs.uga.edu/alumni](http://www.fcs.uga.edu/alumni)) and update your information so we can continue to connect with you.

The FACS Alumni Board is hosting our inaugural Chilly Dawg 5K Run/Walk on Jan. 31 at Sandy Creek Park in Athens. Proceeds from the event will benefit scholarships for students and alumni programming. Please join us and run, walk or cheer – what a fun way to connect with your alma mater!

**Jenn Townsend** (BSFCS '91)

*2008-09 FACS Alumni President*

**Jason Wayne Gibbs** (BSFCS '92, Housing) is senior account executive for EMC, an international information storage and management company, in Columbia, S.C. He lives in Lexington, S.C., with his wife, Lisa, daughter, Carlyn, age 6, and twin sons, Grant and Weston, age 4.

**Scott Preston Gibbs** (BSFCS '94, Consumer Economics) is a senior account executive in Atlanta with Sirius Computer Solutions.

**Andrea Leigh Sapp Gould** (BSFCS '99, Fashion Merchandising) is a project manager at the Houston County Development Authority in Warner Robins.

**Rick A. Hazlewood, Jr.** (BSFCS '94, Consumer Economics) is corporate director for John Bull, a luxury-goods department store, in Nassau, Bahamas.

**Laura Elizabeth Hooven** (BSFCS '94, Fashion Merchandising) married Marc Waetjen on Dec. 30 in Vail, Colo. She is a designer and leather handbag merchandising manager for ebags.com. The couple lives in Wyomissing, Pa.

**Amy Jones** (BSFCS '93, Child and Family Development) is a registered nurse for Cornerstone Hospice in Winter Haven, Fla., where she lives with her husband and two daughters.

**Bryan Marquardt** (BSFCS '97, Furnishings and Interiors) is a kitchen designer for Cucine LUBE of Atlanta.

**Jon McGavin** (BSFCS '91, Hotel and Restaurant Administration) was recently appointed general manager of the Ritz-Carlton in Buckhead.

**Christy Carson Murray** (BSFCS '99, Furnishings and Interiors) and her husband, Shannon, are the parents of a son, Brady Scott Murray, born June 9. They live in Smyrna.

**Melanie Paradise** (BSHE '90, Fashion Merchandising) is registrar at Pellissippi State Technical Community College in Knoxville, Tenn. She also holds a master's degree in college student personnel from the University of Tennessee.

**Tammy Bradshaw Reagan** (BSFCS '93, Consumer Economics) is a sales representative in Lawrenceville for Senco, a fastening solutions company.

**Tedra Haynes White** (BSFCS '95, Fashion Merchandising) is a sales representative in Atlanta for Boehringer Ingelheim Pharmaceuticals. She and her husband, Nicholas, are the parents of Miles Cameron, born Dec. 6. The family lives in Villa Rica.

**Cara Workman** (BSFCS '98, Housing) is vice president of development for Workman and Company, a commercial real estate firm in Atlanta. She and her husband, Mark Siegel, are the parents of a daughter, Selia, age 2.

**Marilyn Wright Yon** (BSFCS '95, Dietetics; MS '97, Foods and Nutrition) married David P. Yon III on July 26 in Athens. She is a school nutrition consultant for the Georgia Department of Education. The Yons live in Alpharetta.

## 2000s

**Angela Fallin Allen** (BSFCS '08, Consumer Economics) became the first College of Family and Consumer Sciences graduate from the University of Georgia's Griffin campus in May 2008 and earned Gamma Sigma Delta's Outstanding Senior Award. Gamma Sigma Delta is an honor society for individuals in agriculture and related sciences.

**Shayne Anderson** (PhD '07, Child and Family Development) has been awarded the 2008 dissertation award by the American Association for Marriage and Family Therapy. He is an assistant professor of human development and family studies at the University of Connecticut.

**Catherine Rose Arndt** (MS '07, Child and Family Development) earned her master's degree in fall 2007. Her thesis is titled, "Identifying Mediating Mechanisms in the Relationship between Attachment Style and Risky Sexual Behaviors." Leslie Simons was her major professor.



## CFD Alums Watch Gym Dogs Compete

**Dean Laura Jolly, Rosemary Stancil** (BSHE '68, Family Development; MEd '05, Adult Education) and **Harrileen Jones-Conner** (BSHE '83 and Med '91, Home Economics Education) were among the more than 70 alumni and guests who attended a pre-meet reception in the UGA Coliseum prior to the Georgia vs. Iowa State Gym Dog meet in March. The reception included an update about the Department of Child and Family Development by **Don Bower** (Professor, CFD).



**Serena Aseff** (BSFCS '06, Child and Family Development) and **Chris Parks** (BSFCS '07, Housing) were married June 7 in Marietta. Serena is a pre-kindergarten teacher in Marietta. Chris is a research specialist in the executive division of the Governor's Office of Planning and Budget. The couple lives in Atlanta.

**Jennifer Kaiser Backman** (BSFCS '03, Furnishings and Interiors) is design director for Elizabeth Stuart Design in Charleston, S.C.

**Lauren Renee Bailey** (MS '08, Textiles, Merchandising and Interiors) earned her master's degree in spring 2008. Her thesis is titled, "The Relationship of Fashion Magazine Content, Loyalty Tendency, and Fashion Magazine Usage: An Analysis of Fashion Consumer Groups." Yoo-Kyoung Seock was her major professor.

**Jena Williams Barber** (BSFCS '06, Furnishings and Interiors) is an interior designer at Yessick's Design Center in Alpharetta.

**Jennifer Denise Bass** (BSFCS '04, Furnishings and Interiors) married Raymond John Kroger, II on May 10 in Augusta. Jennifer is a second-grade teacher in Richmond County.

**Melinda Bell** (BSFCS '06, Dietetics; MS '08, Foods and Nutrition) earned her master's degree in summer 2008. Her thesis is titled, "A Community Intervention Improves Lifestyle Habits to Support Diabetes and Heart Disease Prevention and Management in Older Adults." Mary Ann Johnson was her major professor.

**Mandy Brogdon** (BSFCS '03, Consumer Economics) is administrative assistant for the Athens Banner-Herald advertising department and was named Employee of the Month in March.

**Reginald W. Buzzell III** (BSFCS '04, Consumer Economics) is a financial representative for Peachtree Planning Corp. in Atlanta.

**Brooke Frances Cadle** (BSFCS '07, Family and Consumer Sciences Education) married Daniel Jack Peck on May 10 in Martinez. She is a real estate consultant with Resource Realty Brokers in Lithonia.

**Kelly Campbell** (PhD '08, Child and Family Development) earned her doctoral

## 2008-09 College of Family and Consumer Sciences Alumni Board



Front Row, L-R: **Jennifer Barker Townsend** (BSFCS '91, Home Economics and Journalism), president; **Jennifer White** (BSFCS '04, Child and Family Development; MEd '06, Early Child Education), vice president-programs; **Meredith Barrs Potter** (BSFCS '04, Consumer Foods and Dietetics), FDN representative; and **Julie Till Patterson** (BSFCS '00, Child and Family Development/Early Childhood Education – PreK-Grade 2; MEd '05, English Education), CFD representative. Second Row, L-R: **Ashley Branan Sheffield** (BSFCS '04, Child and Family Development), secretary; **Bonnie Stephens Petersen**, (BSHE '79, Consumer Economics and Home Management), HACE representative; **FACS Dean Laura Dunn Jolly**; and **Tammy Tate Gilland** (BSHE '88, Home Economics and Journalism), past president. Third Row, L-R: **Don Bower**, CFD departmental liaison; **Katrina L. Bowers** (BSHE '84, Consumer Economics), director of development; **Emily Blalock** (MS '06, Textiles, Merchandising and Interiors), TMI departmental liaison; **Judy Herrin** (BSHE '72, Clothing and Textiles), out-of-state representative; **Gail Fulford Sims** (BSHE '81, MEd '82, EDS '89, Home Economics Education), FACS Education representative; and **Danny Stevens** (MS '95, Child and Family Development), CFD representative. Back Row L-R: **Anne Sweaney** (Department Head, Housing and Consumer Economics), HACE liaison; **Ryan Kelly** (BSFCS '98, Consumer Economics), College Relations Committee chair; **Lisa Gipson** (BSFCS '95, Consumer Journalism; MEd '01, Adult Education), president-elect; and **Cory Freeman** (BSFCS '90, Housing), HACE representative. Not Pictured: **Renita Jones Anderson** (PhD '94, Textile Sciences), TMI representative; **Tracey Bower Brigman** (MS '92, Foods and Nutrition), FDN departmental liaison; **Cherie Cole Brock** (BSFCS '91, Consumer Economics and Home Management; MAT '07, Occupational Studies), FACS Education representative; **Kristi Osborn Greer** (BSFCS '00, Child and Family Development; MEd '05, Adult Education), vice president-development; **Elizabeth Bagarozzi Hutcheson** (BSFCS '94, Furnishings and Interiors), TMI representative; and **Greg Lang** (PhD '90, Child and Family Development), graduate degree representative.

degree in spring 2008. The title of her dissertation is, "The Meaning of 'I Do': A Mixed Methods Examination of Newlyweds' Marital Expectations." David Wright was her major professor.

**Kathleen Carpenter** (BSFCS '08, Furnishings and Interiors) is a sales representative for Artefacto in Atlanta.

**Nicole Marie Childs** (PhD '07, Child and Family Development) earned her doctoral degree in fall 2007. The title of her dissertation is, "Female Perceptions of Marriage Before and After Bariatric Surgery." Lee Johnson was her major professor.

**Christina Maria Chotiawat** (MS '07, Foods and Nutrition; BS '05, Biology) earned her master's degree in fall 2007. Her thesis is titled, "The Effects of Antagonism of CRF Receptors in Areas Adjacent to the Third Ventricle During Repeated Restraint Stress." Ruth Harris was her major professor.

**John F. Clark** (BSFCS '07, Consumer Economics) is senior accountant and ticket manager in the University of Georgia's campus life department.

**Julie Collins** (BSFCS '07, Consumer Economics) works in Atlanta for AOL.

**Jennifer Denise Conley** (BSFCS '01, Child and Family Development; MS '07, Child and Family Development) earned her master's degree in fall 2007. Her thesis is titled, "Preferences in Mate Selection for College Students: A 10 year Follow-up." Leslie Simons was her major professor.

**Andrew Depue** (BSFCS '06, Consumer Economics) is an inventory control manager with Joe Tools, an extrusion product manufacturer in Carrollton.

**Jose-Francisco Diaz-Valenzuela** (MS '08, Housing and Consumer Economics) earned his master's degree in spring 2008. His thesis is titled, "An Analysis of the Meat Demand of the U.S. Hispanic Population." Jack E. Houston was his major professor.

**Jaime Dice** (PhD '08, Child and Family Development) earned her doctoral degree in summer 2008. The title of her dissertation is, "A Piagetian Approach to Infant Referential Behaviors." Lynda Walters was her major professor.

**G. Allen Donaldson, Jr.** (BSFCS '07, Consumer Economics) is an account associate in Doraville with Ashland, a distributor of chemicals, plastics, composite materials and environmental services.

**Jo Ealum** (BSFCS '07, Consumer Economics) has completed officer training school and been commissioned as a second lieutenant in the U.S. Marine Corps.

**Megan Elizabeth Edwards** (BSFCS '06, Consumer Economics) and **Reggie Brown** (BSFCS '05, Child and Family

Development) were married March 8 in Atlanta. The couple lives in Pennsylvania where Reggie plays football for the Philadelphia Eagles.

**Meaghan Flynn** (BSFCS '05, Consumer Economics) married Michael Prindle on April 19 in Alpharetta. The couple lives in Brookhaven.

**Anna Katherine Freeman** (BSFCS '05, Fashion Merchandising; MS '07, Textiles, Merchandising and Interiors) earned her master's degree in fall 2007. Her thesis is titled, "Caregivers' Perceptions of Clothing for People with Severe and Profound Intellectual Disabilities." Patricia Hunt-Hurst and José Blanco were her major professors.

**Eric Anthony Gilmore** (MS '08, Housing and Consumer Economics; BBA '06, Accounting) earned his master's degree in spring 2008.

**Theresa Lynn Glasheen** (BSFCS '06, Family and Consumer Sciences Education; MS '08, Child and Family Development) earned her master's degree in summer 2008. Her thesis is titled, "Quality of Peer Relationships in Adolescents with Same-Sex Parents." David Wright was her major professor. She is a family and consumer sciences teacher for Woodstock Middle School.

**Jackie Story Goss** (BSFCS '07, Family and Consumer Sciences Education) is a family and consumer sciences teacher at Elbert County High School in Elberton. She and her husband, Rusty, live in Colbert.

**Katy Gregg** (MS '08, Child and Family Development) earned her master's degree in summer 2008. The title of her dissertation is, "School-Family Communication in Early Childhood Special Education." Zo Stoneman was her major professor.

**Jeannine Marie Guertin** (BSFCS '08, Furnishings and Interiors) and **Emily Jean Holdorf** (BSFCS '08, Furnishings and Interiors) each won a Georgia Chapter, National Kitchen and Bath Association competition. Emily won the kitchen category and Jeannine won the bath category.

## Save the Date:

### January 31, 2009

Chilly Dawg 5k Run/Walk  
Sandy Creek Park  
Athens, Georgia



### February 21, 2009

32<sup>nd</sup> Annual FACS Alumni  
Awards Lunch  
11:30 a.m. Registration; Noon Lunch  
Athens Country Club  
(For more information, contact  
Suzanne Griffeth at [suzanne@fcs.uga.edu](mailto:suzanne@fcs.uga.edu)  
or 706-542-4881.)

For the latest information on all  
alumni events, please see our  
calendar at [www.fcs.uga.edu/  
alumni/calendar](http://www.fcs.uga.edu/alumni/calendar)



**Beth Harben** (MS '04, Textiles, Merchandising and Interiors; BS '01, Biology) was awarded the Dissertation Research Award by the Women's Philanthropy Board at Auburn University, Ala., where she is a doctoral student in the Department of Consumer Affairs.

**Abby Hardgrove** (MS '08, Child and Family Development) earned her master's degree in spring 2008. Her thesis is titled, "The remains of the day: Family resilience in Liberian refugee families living in Ghana." Lynda Walters was her major professor.

**Jean Elizabeth Harrison** (BSFCS '05, Fashion Merchandising; MS '08, Textiles, Merchandising and Interiors) earned her master's degree in spring 2008. Her thesis is titled, "Flappers and Their Flawless Legs: An Analysis of Advertisements for Women's History in Vogue Magazine from 1920 to 1929." José Blanco was her major professor.

**Elizabeth Hoskins** (BSFCS '07, Consumer Economics and Housing) is a client service specialist in Atlanta with CB Richard Ellis, an international commercial real estate services company.

**Caree Jackson** (MS '04, Foods and Nutrition; PhD '08, Foods and Nutrition) earned her doctoral degree in summer 2008. The title of her dissertation is, "The Development of a Theater-Based Nutrition and Physical Activity Intervention for Low-Income African American Adolescents." Rebecca Mullis was her major professor.

**Hamida Amirali Jinnah** (PhD '08, Child and Family Development) earned her doctoral degree in spring 2008. The title of her dissertation is, "Needs Assessment of Inclusive Child Care for School Age Children with Disabilities: Parents' and Providers' Perspectives." Zolinda Stoneman was her major professor.

**Christie Jones** (MS '08, Textiles, Merchandising and Interiors) earned her master's degree in summer 2008. Her thesis is titled, "The Influence on Online Apparel Shopping Intention



## Retirees, Alums Attend International Conference

FACS retirees and alums attended this year's conference of the International Federation for Home Economics in Lucerne, Switzerland. Standing at the base of the Matterhorn are (L-R) **Esther Maddux** (Retired Professor, Housing and Consumer Economics; BSHE '72, Housing and Management), **Janett Gibbs** (Retired Cooperative Extension Specialist, Family Resource Management), **Deborah Thomason** (BSHE '77, Family Development; MED '79 and EdS '86, Home Economics Education), and **Allen Thomason**. IFHE is celebrated its 100<sup>th</sup> anniversary this year. Begun in 1908, IFHE's mission is to provide an international forum to express home economics-related concerns for individuals, families and households at the United Nations and among other international non-governmental organizations whose interests parallel those of home economics.

and Brand Loyalty for Multi-Channel Retailers." Soyoung Kim was her major professor.

**Min Ju Kim** (MS '08, Textiles, Merchandising and Interiors) earned her master's degree in summer 2008. Her thesis is titled, "Influence of Cultural Differences on Dress Style and Identity Changes." Katalin Medvedev was her major professor.

**Kathryn Klock-Powell** (PhD '08, Child and Family Development) earned her doctoral degree in summer 2008. The title of her dissertation is, "The Differences Between Men and Women's Violence: The Role of Acceptance of Violence in the Intergenerational Transmission of Partner Violence." Jerry Gale was her major professor.

**Lisa Michelle Kobs** (MS '08, Foods and Nutrition) earned her master's degree in spring 2008. Her thesis is titled, "Dietary Polyphenolic Intake

from Acorns and Acorn Meal." James Hargrove was her major professor.

**Nicole Lamberth** (BSFCS '07, Fashion Merchandising) is a sales associate with Adcock Furniture in Athens.

**Bo Lanier** (BSFCS '08, Housing) is a sales representative for high-end footwear such as Diadora, LA Gear, Margaritaville and Perry Ellis. He lives in Dallas, Texas.

**Hang Liu** (PhD '08, Textile Sciences) earned her doctoral degree in summer 2008. The title of her dissertation is, "Development and Characterization of Biodegradable Sutures Made of Electrospinning Fiber with Ampicillin." Karen Leonas was her major professor.

**Young Eun Lee** (MS '08, Textiles, Merchandising and Interiors) earned her master's degree in spring 2008. Her thesis is titled, "Relationships



Among the Importance of Visual Merchandising, the Perception of Store Image, and Consumer Patronage Behaviors: An Empirical Analysis in the Home Furnishings Retail Setting.” Yoo-Kyoung Seock was her major professor.

**Matthew Littlefield** (BSFCS '07, Housing) is a marketing coordinator in the Atlanta area for State Farm Insurance.

**D. Justin Lyles** (BSFCS '07, Consumer Economics and Housing) is assistant football coach and strength and conditioning program coordinator at First Presbyterian Day School in Macon.

**Anneliese Lytle** (BSFCS '07, Consumer Journalism) is a sales assistant in Atlanta for Turner Broadcasting.

**Dawn Link McDougald** (BSFCS '06, Dietetics; AB '98, Anthropology; MS '08, Foods and Nutrition) earned her master's degree in summer 2008. Her thesis is titled, “The Effect of Maternal Dietary Fatty Acid Composition and Infant Feeding Practice on the Body Composition of Mothers and their Infants.” Alex Anderson was her major professor.

**Rebecca McKemie** (MS '08, Foods and Nutrition) earned her master's degree in summer 2008. Her thesis is titled, “Functionality of Sucralose/ Maltodextrin: Isomalt Blends in Oatmeal and Chocolate Chip Cookies.” Ruthann Swanson was her major professor.

**Michele Santilli Melton** (BSFCS '05, Child and Family Development) is a Cooperative Extension family and consumer sciences agent for Forsyth County.

**Amanda Nash** (BSFCS '05, Housing) is a Realtor with Coldwell Banker Upchurch Realty in Athens.

**Jennifer Lee Near** (MS '07, Child and Family Development; BS '04, Psychology) earned her master's degree in fall 2007. Her thesis is titled, “Father-Son Relationship Quality and Its Association with Gender Role Stress, Adult Relationship Satisfaction, and Parental Behaviors.” David Wright was her major professor.

**Laurin Elizabeth Nutt** (BSFCS '07, Fashion Merchandising) is a sales assistant in Atlanta for Kate Spade.

**Sarah Patterson** (MS '08, Foods and Nutrition) earned her master's

degree in summer 2008. Her thesis is titled, “Effects of Anthocyanidins on Intestinal Adenocarcinoma Cells Under Oxidative Stress.” Joan Fischer was her major professor.

**Frank Ryan Peterson** (PhD '07, Child and Family Development) earned his doctoral degree in fall 2007. The title of his dissertation is, “The Effect of Sibling Delinquency on Risky Behaviors during Emerging Adulthood: An Investigation of the Mediating and Moderating Influences.” Leslie Simons was his major professor.

**Norman Pollock** (BSFCS '02, Dietetics; BSED '98, Health Promotion and Education; MS '04, Foods and Nutrition; PhD '08, Foods and Nutrition) earned his doctoral degree in summer 2008. The title of his dissertation is, “Adiposity, Race and Bone Strength.” Richard Lewis was his major professor.

**Kimberly Mattson Potts** (BSFCS '05, Dietetics) received a master of science degree in health from the University of North Florida in 2006. In addition to working as a consulting dietitian, she is enrolled in the physician assistant program at the University of Florida. She and her husband, Joseph, live in Kingsland.



## *AAFCS President Inducted*

**Shelly Nickols-Richardson** (MS '94, PhD '98, Foods and Nutrition), associate professor of nutritional sciences at Pennsylvania State University, was inducted as president of the American Association of Family and Consumer Sciences at this summer's annual meeting.

“As AAFCS celebrates its centennial year, we will reflect on our rich history of bettering social conditions, and we will ardently continue our leadership in research, public policy, and professional development for improving the quality of life for individuals, families, and communities,” said Nickols-Richardson. “Our next century of action will be remarkable.”

Nickols-Richardson has held numerous AAFCS leadership roles, including serving as director-at-large and vice president of development; associate editor of the *Journal of Family and Consumer Sciences*; secretary-treasurer of the AAFCS Nutrition, Health and Food Management Division; and treasurer of the Virginia Association of Family and Consumer Sciences.

During her 20 years of professional experience, Nickols-Richardson has worked as clinical section chief of dietetics service at the Truman Memorial Veterans Affairs Medical Center in Missouri and director of the didactic program in dietetics at Virginia Tech. She has conducted research and published extensively in the areas of food, dietetics and nutrition, with a focus on bone mineral density and bone metabolism.



**Hugh Rickenbaker** (BSFCS '08, Consumer Economics) is general manager of The Firehouse bar in Athens.

**Katie Elizabeth Robinson** (BSFCS '05, Consumer Economics and Housing; MS '08, Housing and Consumer Economics) earned her master's degree in spring 2008. Her thesis is titled, "The Residential Satisfaction of Military Personnel Living in Privatized and Non-Privatized Housing." Andrew Carswell was her major professor.

**Desiree Michele Seponski** (MS '07, Child and Family Development) earned her master's degree in fall 2007. Her thesis is titled, "Transmission of Values between a Group of Grandmothers and Adult-Granddaughters: A Bi-directional Approach." Denise Lewis was her major professor.

**Darby Thompson Sewell** (BSFCS '00, Family and Consumer Sciences Education; MED '01, Family and Consumer Sciences Education) earned a doctorate in family and consumer sciences education in May from Iowa State University.

**Tracey Sheffield** (BSFCS '08, Housing) works in the Tucker office of the Georgia Department of Community Affairs with the disaster housing assistance program.

**Natalie Simons** (BSFCS '07, Consumer Economics with an emphasis in Family Financial Planning) is a financial planner for Capital Directions, an investment advising firm in Atlanta.

**Charlie Smith** (BSFCS '05, Consumer Economics) is an account manager for Cox Radio in Athens.

**Rachel Blyskal Tambling** (PhD '08, Child and Family Development) earned her doctoral degree in spring 2008. The title of her dissertation is, "Expectancy Effects in Couple Therapy." Lee Johnson was her major professor.

**Jennifer Teems** (BSFCS '06, Dietetics; MS '08, Foods and Nutrition) earned her master's degree in summer 2008. Her thesis is titled, "Fall and Fracture Preventive Behaviors Increased Following a Community-Based

Intervention in Georgia Senior Centers." Mary Ann Johnson was her major professor.

**Bowden Templeton** (PhD '08, Child and Family Development) earned his doctoral degree in Summer 2008. The title of his dissertation is, "Partner Adjustment and Response to Younger Women with Breast Cancer." Stephanie Burwell was his major professor.

**Reagan Hill Thompson** (BSFCS '03, Fashion Merchandising) is a risk coordinator for Zaxby's Franchising in Athens. She and her husband, Frank, live in Watkinsville.

**Terry Thad Tuck** (BSFCS '07, Consumer Economics) is an officer with the Clayton County Police Department in Jonesboro.

**Staci Smith Voyles** (BSFCS '03, Child and Family Development) received a master of education degree from Piedmont College in 2006. She is a third grade teacher for the Madison County School District. She and her husband, Todd, have a son, Tripp Michael, born March 27. The family lives in Hull.

**Jessica Webber** (BSFCS '08, Consumer Journalism; AB '08, Speech Communication) is catering coordinator for the Ritz-Carlton in Tysons Corner, Va.

**Sara Elizabeth Williams** (MS '07, Foods and Nutrition; BSA '03, Biological Sciences) earned her master's degree in fall 2007. Her thesis is titled, "Differential Effects of the Kappa Opioid Receptor on the Melanocortin Antagonist Agouti-Related Protein." Silvia Giraudo was her major professor.

**Melissa Jayne Wilmarth** (MS '08, Housing and Consumer Economics) earned her master's degree in spring 2008. Her thesis is titled, "Clear Thinking, Sound Judgment, Established Leadership: Helen W. Atwater." Sharon Nickols was her major professor.

**Xialing Wu** (PhD '08, Textile Sciences) earned her doctoral degree in summer 2008. The title of her dissertation is, "Flame Retardant Finishing of Cotton Fleece." Charles Yang was her major professor. ■



## AAFCS Student Unit Chair

**Megan Lynn Pritchett** (BSFCS '07, Family and Consumer Sciences Education) has been named chair of the Student Unit of the American Association of Family and Consumer Sciences. She is currently enrolled in the master's program in workforce education at the University of Georgia, as well as teaching FACS at Bainbridge High School.

"I am very excited and honored to serve the student members of AAFCS during this centennial year," Pritchett said. "It is my hope that together with the other student unit officers we can contribute to AAFCS through the 'Second Century of Helping' community service project."

In addition to her AAFCS roles, Pritchett is also a Family, Career and Community Leaders of America (FCCLA) adviser at Bainbridge High School, a member of the National FCCLA Alumni and Associates, and an adviser representative on the Georgia FCCLA Board of Directors.

## in memoriam

Modenia Nash Andrews  
(MEd '70)  
March 20, 2008

Walker E. Atrice III  
(Matriculate '99)  
March 22, 2008

Melissa Kaye Bakatsas  
(BSFCS '92)  
April 5, 2008

Dorothy Fulghum Baxter  
(BSHE '56)  
November 7, 2006

Lynn McCutchen Bennett  
(BSHE '68)  
August 22, 2008

Louise McDonald Booth  
(BSHE '60)  
March 18, 2008

Mary Anne L. Broadrick  
(BSHE '44)  
April 26, 2008

Ida Atkinson Cecil  
(EdS '71)  
March 19, 2008

Jane Patterson Crawford  
(MEd '74)  
March 4, 2008

Dorothy Williams Culpepper  
(MEd '79)  
May 15, 2008

Caroline Johnson Dollar  
(BSHE '61)  
May 17, 2008

Virginia Mize DuPree  
(BSHE '46)  
April 12, 2008

Margaret Middlebrooks Dyer  
(BSHE '41)  
April 9, 2008

Marion Louise Price Elkin  
(BSHE '38)  
September 9, 2008

Louise Hollingsworth Griner  
(BSHE '41)  
April 21, 2008

Peggy Barger Harris  
(BSHE '61; MEd '64)  
June 15, 2008

Eleanor Mozelle Johnson Hughes  
(BSHE '42)  
May 8, 2008

Sadie Thompson LeRoy  
(BSHE '40)  
April 1, 2008

Virginia C. Kelly MacNeal  
(BSHE '40)  
July 23, 2008

Sarah B. Malcom  
(BSHE '40)  
April 4, 2007

Mary Arcelia Neal  
(BSHE '43)  
August 17, 2008

Ann Marien Novotny  
(BSHE '74)  
February 24, 2008

Sue Zetterower Proctor  
(BSHE '39)  
June 30, 2008

Betty Johnson Rushton  
(BSHE '41; MEd '55)  
September 12, 2008

Mary Ann Miller Sheppard  
(Matriculate '54)  
March 16, 2008

Carolyn Sanders Stancil  
(BSHE '47)  
July 17, 2006

Sara Jones Sullivan  
(BSHE '40)  
March 12, 2008

Jo Nan Ritchie Tanner  
(BSHE '57; MEd '72)  
April 12, 2008

Evelyn Hanson Taylor  
(MEd '65; EdS '71)  
April 13, 2008

Doris Whaley Thompson  
(BSHE '48)  
June 21, 2008

Vera Fitzpatrick Timms  
(BSHE '49)  
August 10, 2008

Ruth New Travis  
(BSHE '43)  
July 15, 2008

Nelle Martin Tuggle  
(BSHE '39)  
April 9, 2008

Ava Stephens Warren  
(BSHE '53)  
November 10, 2004

Bobbie Middlebrooks Weatherly  
(BSHE '36)  
June 20, 2006

Pauline Burson White  
(BSHE '33)  
July 29, 2008

Carolyn Crummey Wolfe  
(BSHE '43)  
March 29, 2008



## Better World *continued from page 7*

helped Liberian officials draft a poverty-reduction strategy aimed at broadening the country's economic base so that more jobs are created, particularly for individuals with limited skills and education.

A major problem, however, is that during Liberia's 18 years of turmoil, many of the country's highly trained professionals—people essential to doing that economic-base broadening—either emigrated or were killed.

"Liberia is missing the critical middle level," Fiadzo says.

To address that need, the country has developed programs such as the Senior Executive Service (supported mainly by the World Bank and the United Nations Development Program) to identify and recruit skilled expatriates to return home and work in various government ministries and agencies. A program also has been developed that is similar to a master's program to prepare recent college graduates to work in public financial management.

Fiadzo also advocates underwriting the education of children who have not seen violence and therefore remain relatively untraumatized.

"For some countries, it's best to invest early on with the kids," he says, rather than spend limited resources on capital improvements.

"But these things involve political decisions at the highest level—beyond me [and the World Bank]," he says. "What we can do, however, is make our points and encourage leaders to look at the competing needs for resources. You have to prioritize and you have to prioritize right."

Pursuing that end, Fiadzo says, "is a balancing act" for him and his World Bank colleagues. "We must know when to push and when to stop."

Working in countries that are still recovering from the turmoil of civil war is obviously stressful. Fiadzo finds relaxation in an occasional tennis match and by visiting his family and friends, as often as he is able.

But even though it is demanding, working in-country as opposed to in the Bank's headquarters in Washington is far more rewarding in the long-run to Fiadzo.

"Here you come in contact with the people you are supposed to be helping," he says. "You can see first-hand the positive impact of the Bank's work. That is the most rewarding part of my job." ■



## Total Knowledge—FACS Summer College

**M**ore than 30 family and consumer sciences teachers from across Georgia spent two days in June attending FACS Summer College at UGA. During the continuing education program, the teachers updated their knowledge about adoption, adolescence and school issues, the obesity epidemic, retirement readiness, and alternative housing types. In addition to attending class, the teachers enjoyed a picnic and a luncheon with Dean Jolly at the Student Learning Center.

# IN THE Halls



## FACULTY & STAFF

**Don Bower** (Professor Emeritus, Child and Family Development) delivered the 4-H Family Strengthening Distinguished Lecture at the national Children, Youth and Families At Risk Conference.

**The Child Development Lab** at the McPhaul Center has been named a Center of Distinction by the Georgia Department of Early Care and Learning's Bright from the Start.

**Joseph Goetz** (Assistant Professor, Housing and Consumer Economics) has been selected as a Lilly Teaching Fellow for 2008-2009. The Lilly Teaching Fellows Program provides those selected the opportunity to develop their teaching skills and to learn to balance their teaching demands with those of research and service.

**Gail Hanula** (Public Service Associate and Extension Nutrition-EFNEP Specialist) and **Judy Harrison** (Professor and Extension Food Specialist) each received 2008 Walter Barnard Hill Fellow Awards from the Office of the Vice President for Public Service and Outreach.

**Ian Hardin** (Professor, Textiles, Merchandising, and Interiors) has been presented the Love of Learning Award from the University of Georgia's chapter of the National Honor Society.

**Laura Dunn Jolly** (Dean, College of Family and Consumer Sciences) presented the 2008 Kansas State University ADVANCE Distinguished Lecture in September. Her lecture, "Exploring the Boundaries: Scholarship, Leadership and Learning," is part of a \$3.5 million grant Kansas State has received from the National Science Foundation to increase the participation and advancement of women in academic science and engineering careers.

**Emma Monkhouse Laing** (Research Scientist, Foods and Nutrition; MS '00, Foods and Nutrition; PhD '03, Foods and Nutrition) and her husband, Albert, are the parents of Mary Emma

Elizabeth Laing, born Nov. 15, 2007, and Charley, age 3. The Laings live in Bishop.

**Julia Marlowe** (Associate Professor Emerita Retired, Housing and Consumer Economics) testified this fall before the U.S. House of Representatives Committee on Energy and Commerce regarding research she conducted that pointed out problems with pre-paid phone cards. The committee is considering legislation requiring the cards to provide more accurate information regarding fees.

**Pamela Turner** (Assistant Professor and Extension Housing Specialist, Housing and Consumer Economics) has been awarded the Dwight Douglas Award for Service to the Division



## FACS Olympians

Four FACS students competed at the 29<sup>th</sup> Summer Olympic Games in Beijing, China, this summer. **Hyleas Fountain** (Matriculate, Child and Family Development) won the silver medal in the heptathlon, a track and field event that includes competitions in the 100-meter hurdles; the high jump and long jump; shot put and javelin throws; and 200-meter and 800-meter runs. **Troyden Prinsloo** (Sophomore, Housing) and **Neil Versfeld** (Junior, Housing) both competed for South Africa's swim team. Prinsloo competed in the 1,500-meter freestyle and Versfeld in the 200-meter breaststroke. **Gill Stovall** (Senior, Furnishings and Interiors) competed for the U.S. swim team in the 200-meter butterfly.



of Student Affairs for her work with the university housing department's sustainability efforts.

**Nikki Williams** (Graduate Coordinator Assistant and Administrative Associate, Housing and Consumer Economics) was selected as the 2008 recipient of the Nettie Marie Nickols Outstanding Staff Award. This is her second time to receive the award.

**Velma Zahirovic-Herbert** (Assistant Professor, Housing and Consumer Economics) won the prize for best paper in the real estate valuation category from the Appraisal Institute. Her paper is titled, "Why do Vacant Houses Sell for Less: Holding Costs, Bargaining Power or Stigma?"

## STUDENTS

**Rebecca Bengle** (Master's Student, Foods and Nutrition) has been awarded the Patsy Jane O'Malley Scholarship and received the Healthy Aging Dietetic Practice Group Student Research award from the American Dietetic Association Foundation.

**Stephanie Chapman** (Master's Student, Housing and Consumer Economics), **Jason Eagle** (Senior, Family Financial Planning), **George Williams James** (Senior, Family Financial Planning) and **Amanda Minter** (Junior, Housing and Family Financial Planning) were four of six students to receive awards from the Arthur Caple Foundation to attend the National Association of Government Defined Contribution Administrators annual conference. Chapman received a \$1,000 scholarship, while the other students received travel stipends and conference registration.

**Ruthie Neustifer** (PhD Student, Child and Family Development)



# FACS *new faculty*

**Jaya Rose**, lecturer in the Department of Textiles, Merchandising and Interiors. She earned her master of fine arts degree in industrial design from the University of California in 1985. Rose has owned a design firm for nearly 30 years, specializing in kitchen and bath design and architectural detailing of residential interiors. She will be teaching design fundamentals for interiors, residential building construction and materials, and residential kitchen and bath design.



**Suraj Sharma**, assistant professor in the Department of Textiles, Merchandising, and Interiors. Sharma earned his Ph.D. in materials science and engineering from Clemson University in 2008. His research interests include ultrasonic curing of epoxy-based composites as well as plastics and composites from proteins produced by animal co-product industries. He will be teaching courses in textiles and product development in the textile and apparel industries.

**Jennifer L.J. Gonyea**, assistant professor in the Department of Child and Family Development. In 2005, Gonyea earned her Ph.D. from the University of Georgia in child and family development with an emphasis in marriage and family therapy. Her research concentrations include the influence of media and technology on family functioning and relationship expectations, and how adolescents are socialized into adult relationships. Gonyea will be teaching courses on issues in families, development of interpersonal relationships, and family intervention, as well as serving as undergraduate coordinator.



**Melissa Landers-Potts**, lecturer in the Department of Child and Family Development. In 1998, Landers-Potts earned her Ph.D. from the University of Georgia in child and family development. Her research interests include family studies, child development and education in the context of family and society, and issues of social class and gender. She will be teaching courses on development within the family, introduction to life span development, and a survey course on adolescence and young adulthood.



## Cambodia Study Abroad Program 2008

A dozen students participated in the first FACS Study Abroad program in Cambodia this summer. Led by **Denise Lewis** (Assistant Professor, Child and Family Development), the students spent 45 days in the country, working with children at three schools, as well as, teachers, staff and administrators. Shown are (L-R) **Kari Webb** (Senior, Child and Family Development), **Denise Lewis** (Assistant Professor, Child and Family Development), **Nicole Byer** (BSFCS '08, Child and Family Development), and **Kristin Cawley** (Senior, Child and Family Development).



## FACS Study Tours

FACS-sponsored study tours included 120 students and 10 faculty this summer. Whether attending the college's oldest study abroad program in London (shown left at the UGA at Oxford Center), which began in 1992, or the newest program in Cambodia, students had a broad range of experiences. In addition to London and Cambodia, other study abroad programs included Ghana, Tokyo and Xalapa, Mexico. The college also sponsored study tours to Washington, D.C., that focused on national issues involving housing and consumer economics, and New York City, which focused on fashion merchandising and furnishings and interiors.



is the 2008-09 recipient of the Jewell Taylor National Fellowship from the American Association of Family and Consumer Sciences. This is her second year to receive the fellowship.

**Desiree Seponski** (PhD Student, Child and Family Development) has been awarded the Virginia M. Smith Award by the Georgia Gerontology Society.

**Luciana Silva** (PhD Student, Child and Family Development) has been awarded a \$25,000 minority fellowship from the American Association for Marriage and Family Therapy.

**Stephanie Sinnett** (Master's

Student, Foods and Nutrition) has been awarded the Northeast Georgia Dietetic Association Scholarship.

**The Student Association of Family and Consumer Sciences** was awarded the 2008 Community Service Award at this year's American Association of Family and Consumer Sciences conference. Their winning project, called Improving Our Communities at Home and Abroad, included collecting books for the Boys and Girls Club of Athens as a part of the club's annual book drive and sending letters, magazines and cookies to U.S. troops serving in Iraq and Afghanistan.

**Jihyun Sung** (PhD Student, Child and Family Development) has been awarded a postdoctoral research associate position at Brown University. She will join a multidisciplinary research team studying gender role development in infancy and early childhood.

**Brandy Dachenhausen Thompson** (Senior, Consumer Economics) and her husband, Doug, are the parents of Elizabeth Jane Thompson, born June 6. Their other children are Hannah, Lilly Grace and Noah. The family currently lives in Spartanburg, SC. ■



## Boys of Summer Win Big

Several FACS students were on this year's SEC Championship baseball team, which went on to take second-place in the NCAA World Series. In particular, **Josh Fields** (Senior, Housing) played a key role as the team's relief pitcher and was named All-American, SEC Pitcher of the Year, and was a first round draft pick by the Seattle Mariners. Other FACS team members include **Stephen Brock** (Junior, Housing), **Stephen Dodson** (Senior, Housing), **Adam Fuller** (Junior, Consumer Economics), **Brent Hallman** (Junior, Housing), **Ryan Peisel** (Senior, Consumer Economics), **David Thoms** (Junior, Child and Family Development), **Dean Weaver** (Sophomore, Consumer Economics), and **Ryan Woolley** (Sophomore, Family Financial Planning).

## UGA Cooperative Extension program gets Georgia moving

**M**ore than 4,500 Georgians are walking their way across Georgia this fall, and getting healthier in the process.

Walk Georgia was designed by Family and Consumer Sciences Cooperative Extension specialists as a way to encourage whole communities to increase physical activity, according to **Connie Crawley**, Cooperative Extension nutrition and health specialist.

Participants form teams with friends, families and co-workers and challenge each other to get fit. Charting a virtual course through the Georgia mountains or down to the coast, participants travel across Georgia by logging their activity online at [www.walkgeorgia.org](http://www.walkgeorgia.org). As they move across the state, fun facts about each county and health tips are available for viewing. Walkers can also compare their miles with those of other participants.

During the first eight-week Walk Georgia session in spring 2008, the 3,046 participants logged 550,803 miles.

In addition to walking, activities such as aerobics, biking and gardening can be logged as well. The time spent exercising is translated into miles online as members moved around the state virtually.

Another session of Walk Georgia will begin in the spring. To learn about Walk Georgia in your community, contact your Cooperative Extension office by calling 1-800-ASK-UGA1.



# SOUTH CAMPUS

**T**he 14<sup>th</sup> annual South Campus Tailgate, held Sept. 6 at UGA's Legion Field, included a magician, petting zoo, the UGA cheerleaders, face painting and ice cream.

**Thank you to our 2008 sponsors:**



**Platinum Sponsor – UGA Alumni Association**

**Gold Sponsors** – Blue Bell Creameries, Coca-Cola Bottling Co., Community Spec Inc., Georgia Agribusiness Council, Georgia Crown Distributors, Georgia Poultry Federation, Professional Auctioneers, Shuman Produce.

**Silver Sponsors** – CAES Alumni Association, Georgia Beef Board/Georgia Cattlemen's Association, Georgia Cotton Commission, Georgia Fruit and Vegetable Growers Association, Georgia Metals.

**Bronze Sponsors** – Anonymous, Alpha Gamma Rho, Champions for Children, Classic Groundcovers, Crystal Farms, FACS Alumni Association, North Georgia Bank, South Georgia Land and Timber, Southeastern Turf Grass Supply, The Rodney and Jennifer Townsend Family, University Tire.





# Tailgate 2008





During the succeeding months, he went on to complete a half ironman in Greenville, S.C., and was the first double-amputee in the United States to run a marathon when he finished the ING Marathon in Atlanta, despite his prostheses having rubbed the ends of his legs so raw that he had to stop several times to dump the blood.

As a result of publicity he received from these two events, Rigsby received some financial support from sponsors and began to earn money from speaking engagements. Among the sponsors was Freedom Innovations, which furnished him with new running and biking legs.

## A Finisher in Hawaii

In June 2007—a year and a half since pledging to run through whatever door God opened—Rigsby began the Ford Ironman Coeur d’Alene (Idaho). After completing the swim and more than half of the bike ride, the chain on his bike locked, flipping him over the handlebars and onto his back. He still managed to complete the bike segment of the race and began the running portion, but finally dropped out at mile 13. Later, he learned that he had cracked two vertebrae.

Despite his injuries, Rigsby was determined to compete in the Hawaii Ironman, for which he had qualified because of his finish in the earlier half ironman. After spending July and early August recovering, he recommitted to his training regime and in late September, three weeks before the event, headed to Hawaii for on-site training.

Although Rigsby had competed in triathlons that involved open-water swims, when he began the Hawaii Ironman it was only the fourth time he had swam in the ocean. Yet, the problem came not from the waves and currents but someone else’s foot.

“I swam about 400 meters, got kicked in the eye, and it immediately swelled shut,” he says.

After finishing the swim in just under an hour and a half, Rigsby began the 112-mile bike ride, which passes through lava fields with an air temperature of about 94 degrees. At mile 78, he ran into a headwind that slowed his pace considerably. Feeling a bit overwhelmed and wondering how he would survive the bicycle ride and the marathon yet to come, Rigsby focused on what was his to control.

“I knew I could control my heart rate,” he says. “I could consciously concentrate on slowing it down. Once I did that, the elements didn’t seem as overwhelming.”

After completing the bike ride—which took more than eight hours—Rigsby began the 26-mile run.

“It was really hot, 85 degrees and 80 percent humidity,” he recalls. “It was hard to breathe, and four miles in I had to stop and dump sweat from my prostheses.”

He continued to slog along, stopping every few miles to readjust his prostheses. But at mile 16 he received some jarring news.

“I had only two hours to do the final 10 miles or I’d miss the cutoff time for being considered a finisher,” he says. “I ran the last 9 miles 25 percent faster than the first 17.”

Rigsby completed the marathon portion in six hours and 23 minutes. He crossed the finish line with a total time of 16 hours, 42 minutes and 46 seconds just 17 minutes before the 17-hour cutoff time. A mere 18 months had elapsed between participating in his first sprint triathlon and completing the Hawaii Ironman.

## Pushing the Boundaries

Rigsby has received adulation from people around the world for his athletic accomplishments, but his family—he is the youngest of six children—keeps him grounded.

“I think my siblings are proud of me, but they’re also worn out because it’s taken me so long to get to this point. They’ve been on a roller coaster ride with me all of these years,” he says. “My mom called me after the Ironman and said, ‘I’m not sure why anyone would want to do that, but I’m proud of you.’”

Rigsby’s father has been the hardest member of the family to win over.

“My dad farms land that’s been in our family since the Civil War,” he says. “Originally his attitude was, ‘You’re not a world-champion athlete. Why don’t you get an 8-5 job, watch Fox News, go to church and mind your own business?’ It’s taken two years for him to move from, ‘I’m not proud of you,’ to indifference to reluctant optimism.”

Meanwhile, the competitor has formed the Scott Rigsby Foundation “to inform, inspire and enable physically challenged and able-bodied people to live an active lifestyle.”

In addition to giving talks to groups ranging from Chick-Fil-A and Arby’s corporate meetings to a boys’ cross-country team in South Carolina, he hopes to stir interest in further development of prostheses for athletic use.

“One of the easiest ways for most people to get exercise is on a stationary bike,” he says. “But the design of stationary bikes needs to be modified so that amputees can go to their neighborhood gym and use them. Many people with physical disabilities want to lead an active lifestyle, but they don’t know how to get started. Once they’ve completed physical therapy to learn how to use their prostheses, that’s it. Most of them are on their own.”

Rigsby hopes his efforts will help people like himself, who have lost limbs to accidents, but also to the some 40,000 men and women who have been injured in the Iraq and Afghanistan wars, 600 of whom are amputees.

Rigsby also is working on a book deal for his autobiography, which he already has named—*Unthinkable: The Scott Rigsby Story*.

“To most people, it was unthinkable that I would begin training for an Ironman triathlon when I was 37 years old and had two prosthetic legs,” he says. “I want other people to know they can do the unthinkable, too.” ■





**Katrina L. Bowers**  
is Director of  
Development for the  
College of Family and  
Consumer Sciences. For  
more information on  
how to give a current  
or deferred gift, please  
contact Katrina at (706)  
542-4946, by email at  
kbowers@fcs.uga.edu,  
or write to her at FACS,  
224 Dawson Hall, UGA,  
Athens, GA 30602.

## *Are YOU a Philanthropist?*

bet you are! A definition of philanthropist is, "One who increases the well-being of humankind, as by charitable aid or donations." In my job I work with philanthropists daily. I'm often surprised at how many people think they have to contribute zillions of dollars to make a difference in our college. Not true. Whether we create a fund and reach our goal in \$25 increments, or establish a new professorship with a single \$250,000 check, the end result is the same: We are carrying programs FACS Forward!

I recently had the pleasure of working with 106 philanthropists in the FACS Legacies in the Making campaign. They ranged in age from 24-96. Once these individuals realized that they could make a significant difference by pledging future dollars instead of today's dollars, they became engaged and committed. I often heard the question, "How much is required to establish an endowment or a named fund?" and, "Do I have to give it all at one time?"

*Consider the following:*

*Minimum endowment levels:*

*\$10,000—Academic Support Fund*

*\$25,000—Undergraduate Scholarship*

*\$50,000—Graduate Scholarship*

*\$250,000—Professorship*

*\$1 Million—Chair*

*These funds can be created over a five-year period. Any amount can be given by anyone at anytime to these funds. They can be named for someone else, which is a popular way to honor a loved one. The monies are invested wisely and only the earnings are spent annually. Gifts are tax deductible and can be given in a variety of ways best suited to the donor.*

While the larger figures listed above speak to endowment giving, we are also in need of sustained annual giving. Much of our alumni programming is funded through private donations. Last year, 11 percent of our alumni made a gift. We need this number to grow so that we can move FACS Forward. Please look for your solicitation this fall in the mail and, more importantly, GIVE. Don't wait on others to make growth happen. Be an agent of change. The College of Family and Consumer Sciences is a part of the University of Georgia but it is also a part of something more meaningful and personal. For thousands of FACS students and alumni, our college is a part of who we are and the life we have lived. There are more than 1,100 philanthropists listed in the honor roll in this issue. A few are pictured on this page. Picture yourself.....the next FACS Philanthropist!





*FACS Magazine*  
College of Family and Consumer Sciences  
224 Dawson Hall  
The University of Georgia  
Athens, Georgia 30602

Nonprofit Org.  
U.S. Postage  
**PAID**  
Athens, GA  
Permit No. 165

## LEADERSHIP FACS



# FACS

[www.fcs.uga.edu](http://www.fcs.uga.edu)

THE MAGAZINE OF THE UNIVERSITY OF GEORGIA COLLEGE OF FAMILY AND CONSUMER SCIENCES