

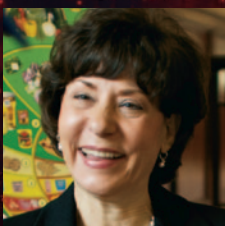
# FACS *Magazine*

FALL 2010

Each year more than 500 FACS students earn their degrees in one of the colleges 11 majors. Some venture into unrelated careers, others find their majors have prepared them for their life's work. In this issue, we profile five graduates who have found



## MAJOR SUCCESS



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# Thank You

Exciting things are happening in Dawson Hall this fall, and I want to thank you for the many ways you are helping. In recent weeks, we have had alumni speak to our classes, sponsor our annual Dawgs with the Dean and Leadership FACS events, and attend our FACS and South Campus Tailgates. Your support and involvement with the College of Family and Consumer Sciences gives our students the opportunity to learn some of the many directions they might choose for their futures as FACS alumni.



As you'll read in the Breaking News section of this issue of FACS Magazine, Dean Laura Jolly is now UGA Vice President for Instruction Laura Jolly! We're thrilled that Laura was selected for this important position and look forward to working with her on new initiatives in the area of teaching and instruction—an area our college has always embraced.

As the committee begins its search for our new dean, I've been given the honor of serving as the interim dean. I'm grateful to have met so many new people this fall and to have reconnected with friends I haven't seen in a long time. We are not slowing down during this interim time, and your support is ensuring that we keep accomplishing big things, including the branding of the ASPIRE clinic. The well established, Marriage and Family Therapy clinic has been expanded to include the expertise of our four departments and will now be known as the ASPIRE clinic, which stands for Acquiring Strategies for Personal and Relationship Enhancement. Energetic and creative faculty have come together to provide counseling services in the areas of relationships, finances, housing and nutrition. These services will be provided by specially trained undergraduate and graduate students who are supervised by faculty. Not only will ASPIRE provide an outreach service to our community, but it is also opening new research avenues as our faculty gather data on how best to serve clients with multiple needs.

The synergy of programs like ASPIRE begins in the minds of creative people who want to make a difference. We see that every day in Dawson Hall and hear about how it is happening in many of your lives. When you read our "Major Success" stories, you'll learn how five of our alumni took the knowledge they learned in their majors and have combined that knowledge with their own creativity to achieve professionally.

As I work with our faculty, staff, students and alumni in the coming months, I look forward to drawing on all of your creativity and energy as we prepare for a new dean. We will soon have our new strategic plan in place—which many of you contributed to—and it will serve as a blueprint for the coming decade. We're also in the process of filling a number of faculty vacancies, which will ensure that we maintain a faculty-student ratio that allows for synergy in the classroom.

I care deeply about our college and I am so happy that I have been given the opportunity to lead our team during this year. I would like to give you a special invitation to connect with me during my time as the interim dean. I am located in Room 224 Dawson Hall and would love to see you and thank you in person for your support of our wonderful college. My door is always open.

Go Dawgs!

Anne L. Sweaney  
Interim Dean





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# FACS

*Knowledge for Real Life*

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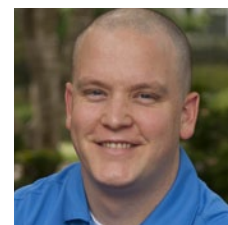
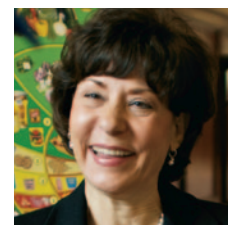
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## COVER STORY

five graduates  
who have found  
**MAJOR  
SUCCESS**

## Dean Accepts New Position



**Laura Jolly**, dean of the College of Family and Consumer Sciences since August 2007, has been named the University of Georgia's vice president for instruction.

Jolly had been serving as interim VPI since January while continuing to fulfill her duties as dean of the college. In late August, she announced that she had accepted the appointment permanently.

"I've gotten a good sense of the opportunities and challenges of this position and look forward to working with the senior administration, faculty, staff and students to advance the instructional mission at UGA," she said.

In naming her to the vice president position, UGA Provost Jere Morehead said, "Dr. Jolly's exemplary performance as interim vice president and her commitment to the quality of the student experience make her the ideal choice."

**Anne L. Sweaney**, professor and department head of housing and consumer economics, is serving as interim dean of the college while a national search for the next dean is under way. "I am grateful to Dr. Sweaney for accepting this role," Morehead said. "I am confident she will do an excellent job, aided by her outstanding colleagues in the college."

Sweaney has won a number of teaching and advising awards at UGA, including the 1999 Josiah Meigs Award for teaching excellence. She also received a national Award for Excellence in College and University Teaching from the U.S. Department of Agriculture. She is a member of UGA's Teaching Academy and serves on the board of directors of the Georgia Athletic Association.

Sweaney says she is not a candidate for the permanent deanship and will return to her position as department head after the search has been completed.

The search committee is headed by Arthur Horne, dean of the College of Education. The 17-member search committee includes: Rebecca Mullis and Richard Lewis (foods and nutrition); Joan Koonce and Swarn Chatterjee (housing and consumer economics); David Wright and Jay Mancini (child and family development); Ian Hardin and Patricia Hunt-Hurst (textiles, merchandising, and interiors); Gene Brody (Center for Family Research); Elizabeth Address (FACS Extension); Connie Rash (Student Services); Ginny Lyman (Financial Services); alumnae Jill Bateman (UGA Development Office) and Kristi Greer (Oconee State Bank); and Melissa Cardoso (an undergraduate in child and family development) and Megan Allen (a graduate student in foods and nutrition).



Anne L. Sweaney

## Nutrition Science Major Named Homecoming Queen

Having been elected by her fellow students, **Madison Asef**, a nutrition science major from Alpharetta, was crowned UGA Homecoming Queen at halftime of the homecoming game against Vanderbilt on Oct. 16. The Student Association of Family and Consumer Sciences and her sorority, Gamma Phi Beta, sponsored her. A senior, Asef is a FACS Ambassador and served as a 2010 orientation leader for the university.



Kelly Wegel



# FACS Alum Named to Obama Commission

Pittsburgh Steelers wide receiver **Hines Ward** (BSFCS '98, Consumer Economics) was named in September to President Obama's Advisory Commission on Asian Americans and Pacific Islanders, which involves many of these citizens in federal business, agriculture, and economic development programs.

Born in Seoul, South Korea, Ward is the child of an African-American father and a Korean mother, who raised him by herself after the family moved to the United States. Despite a difficult childhood, Ward excelled at sports and was a star on the UGA football team. Drafted by the Pittsburgh Steelers, he went on to become the all-time team leader in receptions, receiving yards, and receiving touchdowns, and he was named the most valuable player of Super Bowl XL in 2006.

Also in 2006, Ward founded the Helping Hands Foundation, based both in the United States and South Korea. Stateside, the foundation focuses on improving literacy among underprivileged children, while in South Korea it targets biracial discrimination.

"I harbored resentments for so many years," Ward said in an interview with a Pittsburgh TV station. "But now to come full circle, and be a true advocate and spokesman for Asian Americans and Pacific Islanders, is just a wonderful thing."



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## FACS Grad Plays on Ryder Team

**Bubba Watson** (BSFCS '08, Housing) has had a banner year on the golf course. He came very close to victory at the PGA Championship, which he lost to Martin Kaymer in a three-hole playoff, but he gained his first PGA Tour win in June at the Travelers Championship.

Most recently, Watson joined a dozen fellow elite golfers, including Phil Mickelson and Tiger Woods, as an automatic qualifier to this year's Ryder Cup team. This biennial competition between teams from Europe and the United States dates from 1927.

In an interview with London's *Daily Telegraph* newspaper, Watson described being named to the Ryder Cup team as the dream of a lifetime. "You're playing for your country. You're playing for the USA. That's my Olympics. I've wanted to play the Ryder Cup my whole life. I've made many a putt when I was eight and 10 years old to win the Ryder Cup."

That goal may not be fully realized until 2012. This year's match, held in Wales Oct. 1-4, ended with Team Europe winning the competition 14½ to 13½.



# Clarissa Esguerra

## *Fashioning A Future in Historic Costume*

By Denise Horton



It's early September and you can hear the excitement, and a bit of fatigue, in **Clarissa Esguerra's** voice as she talks about an exhibition—*Fashioning Fashion: European Dress in Detail, 1700–1915*—set to open less than a month later at the Los Angeles County Museum of Art. Esguerra (MS '05, Textiles, Merchandising and Interiors) has spent the past three years working on the exhibition as a curatorial assistant—a dream come true, and one that she might not have known about were it not for her mentor **Patricia Hunt-Hurst**, a FACS associate professor and head of the Department of Textiles, Merchandising and Interiors,

“After I finished my master’s degree I moved to California with my best friend and gave myself three years to find a job in historic costume,” Esguerra says. “Museum jobs are hard to come by and historic costume jobs are really, really hard to come by. I told myself if I hadn’t found one by the end of the third year I’d go back to school for my PhD.”

Between submitting applications, Esguerra served as an adjunct instructor at a couple of colleges and was a costume designer at the Christian Community Theatre, the largest nonprofit children’s theater in the country. But as the clock ticked away she began to look at doctoral programs—until she received an email from Hunt-Hurst about the curatorial assistant position at LACMA. “She said, ‘You have to apply,’” Esguerra recalls.

**An Attractive Skill Set** Esguerra did apply, heard nothing for several months, but eventually was called in for a series of interviews. During the second interview her future employers showed her some of the objects LACMA had recently obtained from two dealers who had collected more than a thousand items of clothing and accessories dating from 1700 to 1915. Esguerra was thrilled by the collection. But so were her LACMA employers because Esguerra brings a particular set of skills that are less common among museum curators—an understanding of garment construction.

It’s a skill set Esguerra had been developing virtually throughout her life. “Ever since I was really little I wanted to be a fashion designer,” she says. “I made clothes and accessories and I was sketching ideas all the time.”

While earning her bachelor’s degree in fashion design at Brenau Women’s College in Gainesville, Esguerra also took courses in gender studies, and her interests began to widen from the design of clothing to the role that clothing plays in how we view ourselves and how we manipulate others’ views of us. It was also during her undergraduate studies that she landed an internship in the textiles and social history collection at the Atlanta History Center and became interested in how clothing can communicate history. “That was when I realized that I needed to go to graduate school in historic costume,” she recalls.

Esguerra looked at a number of programs before settling on UGA, but her first visit to the Historic Costume Collection, on the third floor



of Dawson Hall, helped to seal the deal. “Dr. Hunt-Hurst brought me into the collection and it was really cold because of the air conditioners that keep the humidity down,” she says. “I remember her opening up the cabinets and pointing out dresses that were from 1880 and 1860, the ‘Mother Hubbard’ dress, a ‘cocoon coat,’ and a Bill Blass dress that has rooster feathers around the neck. I was really excited that I might get to work with the collection as part of my assistantship.”

**Piece by Piece** Esguerra experienced similar feelings during the past three years as she helped catalog and research the items acquired by LACMA and contributed to developing the exhibition.

When she takes a piece of clothing out of its protective covering, Esguerra’s first steps include measuring it and estimating when and where it was made. Then she examines it from front to back, making notes about the textiles used in the piece, its condition, and any labels. She also writes down anything odd or otherwise noteworthy, such as whether it has been altered. “There’s a new interest in how and why clothes are remade,” she says of altering. “Even the aristocracy used to alter clothes, so we’d like to continue to understand why.”

Once she has gleaned all the information she can from an item, Esguerra turns to a variety of resources to confirm when the piece was made and to search for any additional information about it. While this process might be tedious for some people, it is fascinating for Esguerra, who clearly loves her job and current mission.

“The show is going to have four sections,” she says. “It begins with a timeline, which examines the salient changes in the fashionable silhouette from the 18th century to the early 20th. Then there’s a textile section, a tailoring section, and a section on trims, which includes things such as buttons, beads and feathers. The section I love is tailoring. There’s one piece, an 1830s pink dress, that has beautiful architectural sleeves with ties on the inside to adjust their fullness. I don’t understand how the designers came up with this idea or how they figured out how to accomplish it, particularly when you realize that all of the work was done by hand.

“I love envisioning what a dressmaker, tailor, or fashion designer was thinking. While the designer tries to capture the images of people and understand what they will want to wear, I try to reverse that role by trying to understand the designer.”

**Learning and Teaching** Esguerra and her fellow staff members are already beginning plans for the next exhibition, which will feature men’s wear—a particular interest of Esguerra’s, as she wrote both her undergraduate and master’s theses on the topic.

“There aren’t a lot of museums that actively collect men’s wear. But this collection is very strong in 18th century men’s



Photos © 2010 Museum Associates/LACMA

wear. The working title is *Reigning Men: From the Macaroni to the Metrosexual*,” she says, explaining that in England in the late 18th century, a macaroni was a fashionable male trendsetter.

Although Esguerra has dreams of becoming a curator, at this point she says she is happy with her current position. “I still feel fairly green,” she says. “I look at the curators and am in awe of what they can do. It’s something you could never learn in school. This is such a different work environment and I feel incredibly lucky to be here.”

In addition to what she learns day-to-day from LACMA colleagues, Esguerra also has opportunities to learn from others by attending the speeches of a variety of big names in the field. And others will learn in turn from Esguerra. For example, she will soon be sharing her knowledge with museum colleagues and patrons by giving a talk on the tailoring and dressmaking techniques of the Romantic period. ■



# Mike Hackett

## *Inspiring Boys & Girls Every Day*



There was a time when **Mike Hackett** (BSHE '81, Child Development) was rising through the executive ranks of the Boys & Girls Clubs of America. His position as chief professional officer for the organization's Jacksonville, Fla., operations meant overseeing a \$3 million budget for 14 different clubs. It also meant wearing a coat and tie each day and working at a downtown office building rather than at the front lines. "I was managing 300 employees, but I only knew maybe a dozen by name," he recalls.

So when the opportunity came in 2003 to head the Boys & Girls Club of Athens, which has a far smaller budget and only eight full-time employees, Hackett jumped at the chance. He has been in Athens ever since, overseeing three clubs in town plus several in Barrow and Elbert counties.

"I realized that I wanted to be immersed in the day-to-day operations of the club," he says. "I wanted to see if the employees were just punching a clock or if they were really involved with the children. On occasion, I wanted to be involved with the children myself."

**Damage Prevention** As a college student, Hackett started off as a general arts and sciences major and spent some time as a speech communication major. "I was searching for what I wanted. I knew I was going to spend most of my waking hours working, so I wanted to find a career that I really enjoyed," he says.

By the time he was a junior, Hackett was coordinating the Big Brother/Big Sister program for the university—arranging for his fellow students to mentor underprivileged children in Athens-Clarke County—which prompted him to transfer into child development. At that time the emphasis in the major was on infants and toddlers, but Hackett landed an internship at the Georgia Baptist Children's Home in Baxley where he worked with older children. He also spent five summers as a counselor at a YMCA camp in North Carolina, which "showed me how you can focus on youth development within recreation," he says.

Following graduation, Hackett worked as a counselor at a residential treatment center for adolescents. "After three years in that field, it was apparent that it was a mismatch for me," he says. "We were trying to repair kids after the damage was done rather than doing things when there are still other paths they can choose. I realized that I wanted to find something in the preventive field."

**Joining the Boys Club** When Hackett saw an ad for a youth-development specialist to create and implement programs for school-age children, he applied. He says now that had he known the position was with a Boys Club in Atlanta (the organization added "and Girls" to its name in 1990) he would have passed, in the mistaken belief that its programs were superficial—"gym and swim" operations focused on recreation. But during the interview, Hackett realized that the Club's real focus was working with youngsters in a proactive fashion to help them avoid some of the "pitfalls, obstacles and negative influences" they faced on a daily basis, he says.



After serving at Boys & Girls Clubs in Atlanta, Camilla and Jacksonville, Hackett returned to a Boys & Girls Club in Athens that didn't have a swimming pool, was in dire need of upgrading and wasn't located near the children who attended. Within a year, he was engrossed in the details of raising money for a new club, including the sale of the original club for \$2.4 million, the purchase of property for the new club from the local school board, and the learning of far more about construction than he had ever imagined he'd need. The final result is a \$4.6 million building that features top-of-the-line equipment, the capability to reconfigure space on a moment's notice, and a look designed to appeal to the 150 children ages 6-15 who attend the club daily. He is also involved in the redevelopment of a second, smaller club in Athens that will move into a space once occupied by Athens' African-American high school; and of a third club located in a predominantly Spanish-speaking neighborhood.

**"To Get My Kid Fix"** On a fall afternoon, Hackett stands in the foyer of the club, greeting middle-school students who are arriving. The club is already filled with elementary-school children who are being led in activities by UGA students, a result of one of the many partnerships he has established with university and community groups. Hackett follows the middle-

schoolers into a room filled with desks and chats with them as they settle down to complete their homework before beginning any recreation activities. He also checks on each of the groups being led by the university students, pausing to listen before moving on to the next group.

As he looks back over his career, Hackett realizes that he is now in his ideal niche, and so he hopes to remain in Athens "until they carry me out." But he also realizes that he got here in part by luck, having made some mistakes as a college student.

"I was focused on entry-level positions, like most other students," he says. But "I wish I'd taken more courses in management. I've had to teach myself about that. Also, the business of nonprofits has evolved. When I first became an executive director we were more like a mom-and-pop operation. Now there has been a tremendous increase in reporting requirements and oversight."

Although much of his focus is on the day-to-day operation of a million-dollar business, Hackett has not lost his passion for child development. "I have to get my kid fix," he says, smiling as he walks through the building. "If one of our counselors isn't able to work, I'll jump in and help the middle-schoolers during homework time. During the summer, I'll take a couple of the kids to lunch just so I can listen to them. That's one of the things we don't do a good enough job of—talking to kids." ■



# Pamela Thompson

## *Changing the Shape of Healthy Living*



“If I were in a fight I’d rather have Pam on my side than any football player you have at the University of Georgia,” Reese Thompson says of his wife, **Pamela McIntyre Thompson**. “She won’t quit. If she can’t go through you she’ll go around you, go under you, or do whatever else it takes.”

“Energy,” “motivation,” and “determination” are words that Reese uses repeatedly in describing Pam. “She only sleeps five hours a night,” he points out. “When she leaves the house, I say goodbye to her and then say a prayer that I’m going to see her 16 hours later.”

Two days a week the first stop for Pam Thompson (BSHE ’75, Dietetics and Institutional Management) is the 25-bed Candler County hospital in Metter, where as a registered dietitian she is an integral part of the patient-care team. In addition to making recommendations to the doctors on appropriate patient diets and caloric needs, she also suggests vitamin supplements, monitors tube feeding issues, and makes recommendations to promote wound healing. She also meets with the patients and their families to discuss their dietary preferences and participates in the patient-care meetings that are attended by the doctors, nurses, respiratory therapists, physical therapists, and others who provide direct patient contact.

Thompson’s relationship with the Candler County hospital dates back nearly 30 years to when she was a brand-new R.D. Metter had a unique renal dialysis center and treated patients throughout the Southeast. Thompson struck a deal that allowed her to work full-time in Vidalia but also consult with the dialysis center in Metter. That first consulting opportunity, when Thompson was in her early 20s, led to the creation of Instructional Dietetics Associates Inc., which has grown to serve more than 50 health-care facilities throughout Georgia.

“We work with hospitals, nursing homes, dialysis clinics, governmental agencies, addiction disease centers and more,” she says. “These are facilities that do not require a full-time R.D., so they contract with us for the number of hours they need each week.” Thompson has three full-time registered dietitians on her staff and 15 who work on a part-time basis.

**Spirals That Displace Pyramids** While a consulting business the size of IDA would be enough to keep most people busy, it’s just a starting point for Thompson, who began Food Fitness First Inc., a decade ago to dispel the confusion caused by the traditional food pyramid.

Using the traffic-light colors of green, yellow and red, Thompson created Food Spirals for a wide variety of individual diseases and combinations of diseases. Green stripes show the types of food that the client can eat in abundance; yellow stripes indicate foods that should be eaten in moderation; and red stripes identify foods to be eaten in small quantities, if at all. Thompson combines the Food Spirals with what she calls the Favorable Fitness Factor, which is based on a variety of considerations, including a person’s age, height, weight, gender, drug use, hereditary considerations, exercise, and consumption of alcohol,





Photos by Stephen Morton

tobacco, or other addictive substances. The client's fitness factor determines what type of Food Spiral he or she should follow in pursuit of good health.

Thompson speaks with pride of individual successes she has seen. For example, there is the child with liver disease who had previously been admitted to the hospital every two months for treatment. Since following a Low-Sodium Food Spiral that provided information on fast foods and grocery store foods, that child has now gone 1½ years without being hospitalized. Thompson also performed a pilot project at a small hospital in conjunction with the Georgia Department of Human Resources that showed decreases in patients' blood pressure and, consequently, diabetic medication when the hospital staff followed the Food Spiral. While explaining her new concepts Thompson focuses on making their use easy. "We're trying to take the guesswork out of it," she says. "We want everything to be so simple that even a first-grader could follow it."

Thompson is now introducing Food Spirals to a group that usually is healthier than the general public but may have the worst diets—college students. Working with Georgia Southern University, she is providing Food-Spiral guidance for every food item served on campus. Students can go online and download the menus of campus restaurants and determine which items to eat—and how much to eat—based on whether they're following the Healthy Food Spiral or the low-sodium version.

Over the long term, Thompson hopes to see her Food Spirals used across the country by consumers and professionals at all levels, and this is a goal that her husband, as well as most

people who've met her, believe she will accomplish. "Pam wants to conquer the world," he says, "and given enough time she probably will."

**Make Someone Happy** In all of her work, Thompson emphasizes the importance of registered dietitians in providing nutritional advice, but she also recognizes that there aren't enough RDs to meet the need. With that gap in mind, she and her husband established the Pamela McIntyre Thompson, R.D., Scholarship in 1990, which has been awarded to 23 students, as well as providing additionally through their estate. "I was fortunate that my parents could afford to send me to college, but there are so many students whose families cannot," she says.

And despite her extraordinary drive, she has come to cherish having "a life." While admitting that early in her career she was concerned only with professional success, Thompson now considers her family to be the best thing that ever happened to her.

"I never planned on marriage or children," she says. "Reese and I dated several years before we got married and I told him, 'If we have children, you're going to raise them.'" In fact, she did return to work a week after the couple's first child, Reese II, was born. But Thompson quickly began making time for her new son and realized that she wanted a second child as well. Daughter Audrey arrived four years later. "I can say you can have it all—a successful business and a wonderful family life. Without my family's help, Food Fitness First Inc. wouldn't have gotten off the ground." ■

# Jeff McAdams

## *Rich Rewards Found in Rental Industry*



**O**n any given day, **Jeff McAdams** may close several rental agreements for Post Properties, one of the largest developers of multifamily communities in the United States, or help a family that has just arrived from another country move into their new apartment, which they may have rented sight unseen. Nor is he averse to assisting with the little things, such as unlocking the door for a resident who has forgotten his or her key or walking the dog for someone who has been in a car accident. That's why McAdams is so pleased with his position as a leasing agent. "You're guaranteed not to have the same day twice," he says.

After his freshman year, McAdams (BSFCS '05, Consumer Economics) wasn't sure what he was going to major in, so he began taking pre-business courses. "I had taken advanced placement courses in high school and done well, but when I got to Georgia I really struggled," he recalls. "The first semester of my sophomore year, I had something like a 2.0 grade point average. My second semester, it dropped to 1.8 and I actually flunked Accounting II. It was really disheartening. My advisor sent me to **Connie Rash** (Assistant Director, FACS Student Services) and she said, 'We're going to make something happen.'"

**Understanding Who They Are** Rash suggested McAdams explore the new residential property management emphasis and introduced him to **Debbie Phillips** (BSHE '85, Consumer Economics and Journalism; MS '87, Housing, Home Management and Consumer Economics), who helped establish the emphasis. "At that time, RPM wasn't even an official emphasis and only two courses were offered," he says, "but I was so impressed by the people Debbie brought in to speak. They were the leaders in the field."

Among those speakers were Jerry Warshaw, president of Warshaw Properties and the Georgia Apartment Industry Education Foundation; Gerald Blonder, a past chairman and founder of GAIEF; and George Lane, founder of the Lane Co., an Atlanta-based multifamily-development firm.

By the end of a presentation by an area vice president from Post, McAdams decided that this was the company he wanted to work for. In January 2005 he formally applied to the company and within a couple of months he had an offer—an urgent offer.

"My boss-to-be said, 'I need you now. Can you work on Saturdays?'" McAdams says. "So for the last two months of my senior year I was working Saturdays at Post Spring in Smyrna."

Since joining Post, McAdams has been associated with seven of its properties in the Atlanta area. At present he splits his time between Post Glen, which has 310 apartments, and Post Brookhaven, which has 735. Moving among properties is helpful, he says, because it's the best way to understand the unique aspects of each place—information that helps potential residents choose an apartment that best serves their needs.



"If your property isn't in their price range or doesn't have amenities they're seeking," says McAdams, "you want to recommend another Post Property to them." After all, like all sales-oriented businesses, bonuses are awarded based on how many residents rent and how full the properties remain.

While leasing a property is the first step, McAdams and his colleagues are also responsible for ensuring residents' continuing satisfaction with their apartments. "You have to maintain a professional distance in doing that, but you also have to get to know the residents," he says. "So many intangibles are involved with customer service; it's not just knowing their name but also having some understanding of who they are."

### **An Appealing & Engaging Business**

Since the RPM emphasis became official in 2007, 65 students have completed the requirements. Phillips, whose relationship with the Georgia Apartment Industry Education Foundation dates back to 2003, says there are three main reasons why people find the industry appealing:

"The top reason," she says, "is that there is no typical routine, especially because you are in contact with people making important life decisions. Buying or leasing a home is an emotional experience, and working in residential property management means tapping into those emotions. Second, there is huge upward mobility, and not just within RPM management. There are thousands of jobs on the supplier side, including positions as project managers, as risk managers, in construction, and in representing vendors. Finally, RPM is an extremely competitive profession and people, by nature, are competitive. You receive bonuses based on whether your property outperforms other properties, which makes for a fun and exciting atmosphere."

McAdams thinks of himself an upbeat person and stays mindful that residents can have difficult days. "In this business, you can see people when they're really struggling, and you have to imagine yourself in their position," he says. "They may be having financial problems, and a late fee could be a really big deal. So it's important to keep a positive attitude in trying to solve whatever problems they're having regarding their apartment or their lease."

**A Major and a Spouse** As he recalls his time at UGA, McAdams says transferring into FACS was one of his best decisions. Not only did he find a major that was a good fit, he also met his wife, **Janessa Hinds McAdams** (BSFCS '06,



Photos by Pete Winkel

Child and Family Development), while taking FACS 2000, the introductory course that is required of all FACS majors. Although more than 200 students may be enrolled in FACS 2000 during any given semester, students have the opportunity to get to know each other when they're divided into groups of four or five—generally with one person from each major—to develop a presentation using what they've learned in class. Jeff and Janessa married in 2007; she is currently working on an accounting degree at Kennesaw State University. ■

# Darby Sewell

## *From Student to Dean in a Decade*



**D**arby Thompson Sewell (BSFCS '00, MEd '01, Family and Consumer Sciences Education) remembers telling her mother she was “never going to do what you do.” Not an unusual filial pronouncement, as she had spent much of her childhood attending after-school club meetings and summer camps with her mother—**Gail Darby Thompson** (BSHE '72, MEd '79, Home Economics Education), who taught family and consumer sciences in Colquitt County—and Sewell thought she'd strike off in some other direction all her own.

But a visit by then-FACS student **Beth Grogan** (BSFCS '98, MEd '99, Family and Consumer Sciences Education) cast a new light on Sewell's professional plans. And the progress has been meteoric; she has scaled within a decade a career ladder that other people often require a lifetime, if ever, to achieve. “Beth, who was also from Colquitt County, did a presentation on what you can do with a family and consumer sciences degree,” Sewell recalls. “I remember going to my mom and saying, ‘I want to do something in family and consumer sciences’” after all.

Not long afterward, Sewell learned she could complete her first two years of FACS study at Abraham Baldwin Agricultural College in nearby Tifton. Not only is ABAC located near Sewell's home, but both of her parents had attended the school and had fond memories of their time there.

**A Doctor, Dean and Mom** While she was completing her bachelor's and master's degrees at UGA, Sewell's primary FACS professor at ABAC, Jeannie Doss, decided to retire. With the position being filled for two years by an interim professor, the timing was perfect for Sewell to step in as the main FACS instructor. “When I left ABAC, I knew I wanted to go back,” she says. “It felt like home and I thought I could make a difference here.”

Sewell experienced a trial by fire when she began her new position in January 2002. Not only did she have to prepare to teach five different courses, she also served as the advisor to the Student Association of Family and Consumer Sciences and was the academic advisor to any student interested in FACS.

“It was a tough start,” she says. “But having majored in FACS education helped me because I had an understanding of all the different areas.” Within two years, Sewell was teaching 17 separate courses—including classes on marriage and families, child development, consumer economics, and interior design—on a rotating schedule.

In 2004, she began the next step in her professional development, entering a PhD program at Iowa State University that allowed her to attend on-campus courses in the summer while taking courses via distance learning in the fall and spring. “My PhD program was a wonderful experience,” she says. “I was able to make a lot of connections nationally because outside professors were invited to ISU to teach during the summer. For example, Penny Ralston, who was the dean of human sciences at Florida State University, served on my dissertation committee.”

While fulfilling the requirements for her PhD, Sewell continued cultivating her career at ABAC, which included a promotion to assistant





Photos by Wes Sewell

professor in 2006. After taking 2007 off to write her dissertation, she successfully defended it in 2008.

“The day I defended Yvonne Gentzler, my major professor, helped me map out my next plan,” Sewell recalls. “I told her I wanted to be a dean some day. She wrote out the professional track I needed to take to achieve that.” Neither of them suspected that Sewell would achieve her goal within a few months.

“In fall 2008 I was back at ABAC immersed in my teaching duties,” she says, “when I had a call to meet with the president, the vice president for academic affairs and my direct supervisor, the division chair for agriculture and forest resources. I didn’t know what it was about, so I was pretty nervous.”

It turned out that the president was contemplating a change at ABAC from divisions to schools, as part of an overall shift from offering only two-year degrees to beginning a few four-year programs. He wanted Sewell to head up a new school that would include FACS, education, health and physical education, and the behavioral sciences. To add another wrinkle to the situation, Sewell had just learned she was pregnant with her first child.

**Enough of a Challenge—for Now** On April 1, 2009, Sewell was named dean of the newly created School of Human Sciences on an interim basis, which gave both her and the president of ABAC the opportunity to determine if the position was a good fit. On July 1, 2010, the same month she turned 32 and her son,

John Wesley, turned a year old, her appointment was made permanent.

Taking on the mantle of dean of a new school has entailed not only Sewell’s own transition from faculty member to administrator (while continuing to teach one FACS course each semester) but also helping her faculty shift into a new management system. “It’s been a challenge, but my background in FACS education has helped me,” she says.

Already Sewell has organized a career forum, a “futures fair,” and a school banquet that recognized student leaders. On a broader scale, she is looking for opportunities to expand her school’s offerings while also exploring ways to incorporate FACS courses into other areas. One example has been the addition of a FACS course to the school’s four-year degree program in rural studies, which began in fall 2007. “I contacted professionals I knew worked in this field and asked, ‘What need do you see on a regular basis when you’re working in rural areas?’ The answer: consumer economics, the family and nutrition. As we reviewed the concentration in social and community affairs, I was able to develop a FACS course for it at the senior level.”

Having achieved so much in such a short time, Sewell isn’t sure what her future will hold. “I don’t rule anything out, but right now I’m fulfilled,” she says. “Two years ago, when I had finished my PhD, I was energized. I told my dissertation committee that I was antsy, that I wanted to do more. But I’m pretty calm right now. I feel I have enough of a challenge.” ■

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 Jimi-Lee (Praag) and LTC James P. Weber  
 Kathleen Vason Wells  
 Deborah (Brown) and William R. Wilburn  
 Melissa Jayne Wilmarth  
 Julie (Jenkins) Wilson~  
 Catherine (Robinson) and Thomas Wilson  
 Winki Beverly Booker Winburn  
 Katherine Morgan Wood  
 Maxanne (Courson) and Don A. Woolf  
 Elaine (Shellhouse) and Elmo C. Wright Sr.  
 Rod Regan and Barbara Johnson Wright  
 Lisa (Vereen) Zeanah

## MATCHING GIFT COMPANIES

The following companies matched employee contributions to the College of Family and Consumer Sciences.

AT&T Foundation  
 Atlanta Gas Light Company  
 Bank of America Matching Gifts Program  
 Chevron Humankind  
 Coca-Cola Company  
 ExxonMobil Foundation

*Students need a clear window to the outside. It might be an internship, a professor shedding light on a career opportunity, or simply a visit from a professional who tells his or her story and answers questions. These things make a difference in a student's life. With this small gift I hope to make a difference as well.*

**Anne Byrn (The Cake Mix Doctor)  
 BSHE '78, Home Economics and Journalism  
 Nashville, TN**

*I give to FACS because it is very rewarding to give back and support something that continues to be a very important part of my life. FACS has made it very easy for me to stay involved and contribute to the college through the 100 Legacies and the Housing and Demographics Research Center.*

**Mitch Hardeman**  
BSFCS '93, Housing  
Bogart, GA

Georgia Power Foundation, Inc.  
Lockheed Martin Corporation  
Merck Company Foundation  
The Northrop Grumman Foundation  
Pfizer Inc.  
Siemens Corporation  
Southern Company Services, Inc.  
Wachovia Wells Fargo Foundation  
Wells Fargo & Company

## FACS 100 LEGACIES & UGA HERITAGE SOCIETY

These members have confirmed that they have given a planned gift to the College of Family and Consumer Sciences.

Anonymous  
Dr. Renita (Jones) and Rob Anderson  
Dr. Elizabeth L. Andress  
Edwin John Armstrong  
Drs. Jorge and Julia Atiles  
Dr. Carolyn (Kiebler) Balkwell  
Wanda (Taylor) and Earl D. Barrs  
Jean (Griffeth) and Ray Bauerband  
Drs. Carolyn D. and C. Reese Berdanier  
Gloria (Conner) and Goebel D. Berry  
Harriette (Kirk) and Dr. E. Robin Bohannon  
Dr. Donald W. and Julie Wilson Bower  
Katrina (Little) Bowers  
Fan Brooke  
Susan Hale Brooks  
Leslie (Younts) Brown  
Zena (Costa) Brown  
Dr. Nancy L. Canolty

LaVonne (Aspinwall) Childers  
Kenyatta (Bailey) and Lee A. Clarke  
Harrileen (Jones) Conner  
Dr. Ilene Dailey  
Dr. Therry (Nash) Deal  
Craig G. Endsley  
Dr. William P. and \* June Nesbitt Flatt  
Lori L. Franklin  
Cory and Crystal Lynn Freeman  
Marcella (Taylor) and Richard Gelman  
Tammy (Tate) and Geoffrey L. Gilland  
Alisa Marib Gipson  
Katrina (Pittman) Graham and John Thomas Graham  
Suzanne (Melton) and Phillip Griffeth  
Dr. Wanda Jean Grogan  
Cheryl (Miller) and James C. Guynn  
Doris (Nevels) and Emmett Howell Hall  
Sharon (Boone) and Charles E. Hamner  
Mitch and Jennifer Hardeman  
Judy Marie Herrin  
Dr. Judy (Ellis) and Henry E. Hibbs  
Mary Louise Hill  
Dr. T. Lynn Hogan  
Gregory Franklin and Jennifer F. Holcomb  
Ashley (Foss) and John Holt  
Kristi Nichole Hughes  
Dr. Patricia Hunt-Hurst and Thomas E. Hurst  
Louise (James) and Johnny E. Hyers  
Dr. Russell and Esther Ann James  
Dr. Laura Dunn and David Jolly  
Albert Jones  
Zelda (Gross) and J. Morris Jones III  
Amy (McMichael) and Jon Kay  
Janet Jones and Josh H. Kendall  
Patricia Koester-Smith and John Edward Smith  
Diane Mary Kohl  
Dr. Gregory E. and Jill Lang  
Neal Little  
LTC Benjamin and Barbara Lumpkin

Dr. Estoria (McAfee) Maddux  
Margaret (Park) and Terry Allen Mathews  
Tom and Mary McCormack  
Marian (Chesnut) McCullers  
Janet and Frank McGill  
Justin and Lynsee Miller  
Drs. Rebecca M. and David W. Mullis Jr.  
Dr. Sharon and Rev. Samuel Nickols  
Dr. Sharon M. Nickols-Richardson and David W. Richardson  
Claudia (Stowers) and John S. Noell Jr.  
Drs. Ligaya (Palang) and Onofre Paguio  
Honorable Kathy (Stephens) Palmer  
Winky (MacAllaster) and Max Parker  
Bonnie (Stephens) and Clark E. Petersen  
Meredith (Barrs) and Philip R. Potter  
Greg and Becky Price  
Betty (Sewell) Ragland  
Linda L. Redmann  
Julie (Toland) Reynolds  
Jennifer (Willoughby) Richardson  
Kyle Warner Shadix  
Gail (Fulford) and Stephen D. Sims  
Millie (Young) and John Marshall Smith  
Rosemary (Dunn) and Frank E. Stancil Jr.  
Catherine (Hube) and Herbie Stockman  
Drs. Roger M. Swagler and Julia Marlowe  
Drs. Anne L. and David R. Sweaney  
Lynda (Coward) Talmadge  
Gloria (Hill) and David Thiem  
Pam (McIntyre) and Reese J. Thompson  
Drs. Marihope (Shirey) and Gerald S. Troutman  
Livia Wade  
Kathleen (Ellison) and William L. Wages Jr.  
Drs. Lynda (Henley) and James C. Walters  
Geraldine H. Williams  
Paulette Williams  
Drs. Mary Margaret (Creagh) and Norman J. Wood

*John Marshall and I are honored to give back to FACS. I have enjoyed the support of the college as I acquired my degree, entered the workforce, and even now as I advance in my career choice. I am grateful for my education and consider it a privilege to help others obtain the same rewards of a FACS degree.*

**Millie Young Smith**  
BSFCS '03 Dietetics  
Gray, GA



# FACS Fund for Excellence



## YOUR GIFT MAKES IT POSSIBLE!

- FACS Magazine
- FACS Alumni Association Activities
- Exam Survival Kits
- Convocation Gifts
- Leadership FACS Retreat
- Dawgs with the Dean

*"Thank you for showing your love for UGA by supporting activities like these with your donation to the FACS Fund for Excellence! Please respond to your fall mail piece today or make a donation online at [www.fcs.uga.edu/giving](http://www.fcs.uga.edu/giving)"*

Savannah K. Smith, Senior, Furnishings and Interiors, FACS Ambassador

## 1960s

**Barbara Massey Reece** (BSHE '65, Home Economics Education) represents the 11<sup>th</sup> District, which includes Chattooga County and parts of Walker and Floyd counties, in the Georgia General Assembly.

## 1970s

**Peggy Ahrenhold Gallagher** (BSHE '73, MHE '75, Child and Family Development; EdS '79, Mental Retardation) is professor and chair of the educational psychology and special education department of Georgia State University in Atlanta.

**Deborah Garrison Lowery** (BSHE '79, Home Economics and Journalism; MA '81, Journalism) is a freelance writer/recipe developer and writes for "Cooking with Paula Deen," "Southern Living Big Book of BBQ" and "1001 Ways to Cook



If you have news and information for FACS Facts send it to Susan Byus, Director of Alumni Relations and Student Leadership, at [sbyus@fcs.uga.edu](mailto:sbyus@fcs.uga.edu) or call her at 706-542-3386.

For the latest information on all alumni events, please see our calendar at [www.fcs.uga.edu/alumni/calendar](http://www.fcs.uga.edu/alumni/calendar).

## 2010-2011 FACS Alumni Board



(Front Row, L-R) **Bonnie Stephens Petersen** (BSHE '79, Consumer Economics and Home Management), President-Elect; **Meredith Barrs Potter** (BSFCS '04, Consumer Foods and Dietetics), Secretary; **Millie Young Smith** (BSFCS '03, Dietetics), Foods and Nutrition Representative; **Theresa Glasheen** (BSFCS '06, Family and Consumer Sciences Education, MS '08 Child and Family Development), FACS Education Representative.

(Middle Row, L-R) **Ashley Branan Sheffield** (BSFCS '04, Child and Family Development), Vice President Programs; **Katrina Little Bowers** (Director, Development; BSHE '84, Consumer Economics and Home Management); **Catherine Hube Stockman** (BSFCS '91, Furnishings and Interiors), Vice President Development; **Lisa Gipson** (BSFCS '95, Consumer Journalism; MEd '01, Adult Education), Past President; **Former Dean Laura Jolly**; **Renita Jones Anderson** (PhD '94, Textile Sciences), Textiles, Merchandising and Interiors Representative.

(Back Row L-R) **Jean Harrison** (BSFCS '05, Fashion Merchandising; MS '08, Textiles, Merchandising and Interiors), TMI Representative; **Emily Blalock** (MS '06, Textiles, Merchandising and Interiors), TMI Department Liaison, **Kristi Osborn Greer** (BSFCS '00, Child and Family Development; MEd '05 Adult Education), President; **Melissa Wilmarth** (MS '08, Housing and Consumer Economics), Graduate Student Representative; **Stacey Robertson Cooke** (BSFCS '01, Child and Family Development), CFD Representative.

(Not Pictured) **Tracey Brigman** (MS '92, Foods and Nutrition), FDN Department Liaison; **Don Bower** (Professor Emeritus, Child and Family Development), CFD Department Liaison, **Susan Byus** (Director, Alumni Relations and Student Leadership); **Lee Clarke** (BSFCS '96, Consumer Economics), Housing and Consumer Economics Representative; **Judy Herrin** (BHSE '72, Clothing and Textiles), Out-of-State Representative; **Julie Till Patterson** (BSFCS '00, Child and Family Development-Early Childhood Education: Pre-Kindergarten-Grade2), CFD Representative; **Gail Fulford Sims** (BSHE '81, MEd '82, EdS '89, Home Economics Education), FACS Education Representative; **Charlie Smith** (BSFCS '05, Consumer Economics) HACE Representative; **Danny Stephens** (MS '95, Child and Family Development), College Relations Committee Chair.



Southern.” She is also an adjunct instructor at East Tennessee State University in Johnson City.

**Veta J. New** (BSHE ’74; MHE ’76, Clothing and Textiles; EdS ’82, Home Economics Education) has been named superintendent of Oglethorpe County Schools. She also received the president’s Professional of the Year Award from the Georgia Association of Educational Leaders.

**Martha Weldon Pirkle** (BSHE ’78, Fashion Merchandising) is a senior director of development and college relations for LaGrange College in LaGrange.

**Deborah J. Thomason** (BSHE ’77, Family Development; MEd ’79, EdS ’86 Home Economics Education) has been elected national president of Epsilon Sigma Phi, the professional development organization of Cooperative Extension. She currently serves as a professor and state Extension specialist at Clemson University, where she received her doctorate in 1992.

## 1980s

**Jill Wright Finney** (BSHE ’82, Home Economics and Journalism) is a sales director for Peachtree Lighting, a commercial lighting manufacturer in Covington.

**Barbara Roach** (BSHE ’87, Home Economics Education) is an investigator for the Georgia Department of Human Services. She lives in Toccoa with her husband, Greg.

## 1990s

**Renita Anderson** (PhD ’94, Textile Sciences) has been named director of marketing for North America Performance Minerals.

**Ayisha Fleming Brown** (BSFCS ’99, Dietetics) is an area sales manager for Medical Nutrition USA, a nutrition-medicine products distributor. She lives in Canton with her husband, Martin.

**Derrick M. Byrd** (BSFCS ’98, Consumer Economics) is a commercial real estate banker with SunTrust Bank in Columbus.

**Jacqueline Campbell** (BSFCS ’98, Clothing and Textiles; MS ’00, Textiles, Merchandising and Interiors) works at the Consumer Product Safety Commission in Washington, D.C.

**Robert Edwards** (BSFCS ’97, Consumer Economics) is head coach for the Arlington Christian School varsity football team in Fairburn. Edwards and his wife, Tracy, are the parents of a son, Jordan Michael, born on Dec. 16, 2009. He joins sisters Journey and Jordan.

**Jennifer Serio Hatton** (BSFCS ’94, Housing) is vice president of sales and operations for Follett Higher Education group, a family-owned bookstore provider. She lives in Atlanta with her husband, Marc.

**Catherine Kling Nourse** (BSFCS ’91, Consumer Foods) and her husband, Tim, are owner-operators of Old Nourse Farm Gourmet, an online gourmet jam business in Westborough, Mass. They live in Ramallah, West Bank, Palestine with their son, Noah.

**Anthony Proffitt** (BSFCS ’94, Home Economics and Journalism) is the creator of “Taste of Music,” an online show that focuses on band members and their food.

**April Griggs Smith** (BSFCS ’99, Child and Family Development) teaches elementary school in Gwinnett County. She and her husband, Trent, are the parents of a daughter, Jillian Kate, born on Jan. 26.



**Kyle Shadix** (BSFCS ’94, Consumer Foods) joined First Lady Michelle Obama at the White House in June for the Let’s Move! campaign. Shadix, the only registered dietitian at the event, is part of the Chefs Move to Schools program, which seeks to reduce the rate of childhood obesity through educating school children about food and nutrition.



**Jill Stringfellow** (BSFCS '92, Home Economics and Journalism) owns Jill Stringfellow Photography located in Oak Hill.

## 2000s

**Cari Allen** (BSFCS '07, Consumer Foods) is a buyer for Atlanta Foods International, a supplier of gourmet and specialty food to retail and foodservice industries.

**Josh Asher** (BSFCS '09, Housing) is a property manager for Sperry Van Ness Commercial Real Estate Advisors, a brokerage firm that manages more than 200,000 square feet of commercial property, in Asheville, N.C.

**Lauren Atwell** (BSFCS '08, Dietetics; MS '10, Foods and Nutrition) earned her master's degree in summer 2010. Her thesis is titled, "Effect of Short-Term Oral Zinc Supplementation on Serum Protein Content in Early Pubertal, Caucasian Females: A Search for Candidate Biomarkers." Arthur Grider was her major professor.

**Jing Cao** (MS '10, Textiles, Merchandising and Interiors) earned her master's degree in summer 2010. Her thesis is titled, "In Vitro Study of Synthetic Prosthetic Meshes for Inguinal Hernia Repair." Suraj Sharma was her major professor.

**Aimee Chisamore** (BSFCS '08, Consumer Foods and Dietetics; MS '10, Foods and Nutrition) earned her master's degree in summer 2010. Her thesis is titled, "Functionality of Sucralose/ Maltodextrin: Isomalt Blends in Yellow Shortened Cupcakes Over a 4-day Storage Period." Ruthann Swanson was her major professor.

**Charles Crowley** (BSFCS '08, Family Financial Planning) is a financial planning coordinator for Atlanta Financial Associates.

**Keith Deane** (BSFCS '08, Family Financial Planning; BBA '08, Finance) is a retirement specialist for Deane Retirement Strategies in New Orleans, La.

**Lauren Ellerbee** (BSFCS '09, Fashion Merchandising) is the lingerie manager for Nordstrom department store in Buford.

**Brandon Esco** (BSFCS '06, Nutrition Science) earned his doctor of dental medicine degree from the Medical College of Georgia School of Dentistry and currently works at Advanced Dentistry of Athens.

**Johane Filemon** (BSFCS '08, Dietetics; MS '10, Foods and Nutrition) earned her master's degree in spring 2010. Her thesis is titled, "The Effects of Acculturation on the Health and Nutritional Status of Haitian-American

Mothers." Alex Anderson was her major professor.

**William Fleming, Jr.** (PhD '10, Housing and Consumer Economics) earned his doctoral degree in summer 2010. His dissertation is titled, "An Examination of State Insurance Department Websites From a Consumer Perspective." Brenda Cude was his major professor.

**Justin Foster** (BSFCS '10, Consumer Journalism) is a sales leadership associate for Coca-Cola Enterprises in Tampa, Fla.

**Katy Gregg** (MS '08; PhD '10, Child and Family Development) earned her doctoral degree in summer 2010. Her thesis is titled, "The Juxtaposition of Quality and Inclusion in Early Childhood Education." Zo Stoneman was her major professor.

**Katherine Harris** (MS '10, Foods and Nutrition) earned her master's degree in spring 2010. Her thesis is titled, "A Prospective Analysis of Body Fat and Bone Mineral Accrual During Pubertal Growth." Richard Lewis was her major professor.

**Megan Jones Harris** (BSFCS '05, Housing) is a sales support member for Carter's, a children's wear company in Griffin.

**Alyson Haslam** (MS '10, Foods and Nutrition) earned her master's degree in spring 2010. Her thesis is titled,

Join the 328 Fans of "FACS UGA Alumni" on Facebook and receive information about our students, faculty, staff and alumni. Who's receiving grants, awards, fellowships, winning championships, hosting speakers and much more. Updates are posted about once a week, so your wall won't be overrun.

To take a peek to see how it works go to [www.fcs.uga.edu/alumni](http://www.fcs.uga.edu/alumni) and see the stream of information posted.

Hope we'll be able to count you as a FAN!







# FACSbreak



**FACS Break NYC** Hosted by Mandy Irvin at The Hill restaurant in New York City on May 11. (L-R) Judith Angel, BHSE '73, Home Economics and Art; Lindsey Maxwell, BSFCS '05, Fashion Merchandising; Mandy Irvin, BSFCS '05, Fashion Merchandising; and Alan Gilmer, BSFCS '07, Furnishings and Interiors.

Want an easy way to network, socialize and connect with the college in the time it takes to have lunch? Then RSVP "Yes" to the next FACS Break email invitation you receive. Don't see one happening in your neck of the woods? Then inquire about hosting one in your town.

FACS Breaks are designed for a small group of alumni to gather over lunch, dinner or coffee to network and reconnect in a casual, personal setting. The email invitation makes FACS Breaks cost and time effective and guests are responsible paying for their own meal.

Come get some "small bites" of information and make some "big connections."

*Susan Byus*  
Susan Byus

**Remember:** We need your current mailing and email address to be able to include you in the email invitations. Update your records at [www.fcs.uga.edu/alumni/update\\_info.html](http://www.fcs.uga.edu/alumni/update_info.html)



▶ **FACS Break Atlanta** Hosted by Emily Blalock, Jean Harrison and Renita Anderson on June 11 at Relish restaurant in Roswell. (L-R) Meredith Parsons, MS '10, Textiles, Merchandising and Interiors; Termeshea Smith Arnold, BSFCS '08, Fashion Merchandising; Steffanie Robinson, BSFCS '08, Fashion Merchandising; Jean Harrison, BSFCS '05, Fashion Merchandising, and MS '08, Textiles, Merchandising and Interiors; Susan Byus, Director of Alumni Relations; Emily Blalock, MS '06, Textiles, Merchandising and Interiors and Lecturer, Textiles, Merchandising and Interiors Department; Renita Anderson, PhD '94, Textile Sciences.

▶ **FACS Break Athens** Hosted by Kristi Greer and Danny Stevens at Chops & Hops in Watkinsville on Aug. 26. (L-R) Yoko Mimura, MS '94, Housing, Home Management and Consumer Economics, and PhD '01, Housing and Consumer Economics; Michael Martin, MS '75, Child and Family Development, and PhD '79, Child and Family Development; Louise Hyers, BSHE '59 and MHE '69, Housing and Management; Kristi Greer, BSFCS '00, Child and Family Development; Tammy Tate Gilland, BSHE '88, Home Economics and Journalism; Kristi Hughes, BSFCS '03 and MS '07, Child and Family Development; Jill Bateman, BSFCS '93, Home Economics and Journalism; Carolyn Love, BSFCS '97, Child and Family Development; Danny Stevens, MS '05, Child and Family Development; and Susan Byus, Director of Alumni Relations.

▶ **FACS Break Macon** Hosted by Millie Young Smith and Meredith Barrs Potter at Between the Bread on Oct. 26. (Front Row, L-R) Katrina Bowers, Director of Development and BSHE '84, Consumer Economics and Home Management; Peggy Eaton Miller, BSHE '59, Child Development; and Betty Sewell Ragland, BSHE '59, Home Economics Education. (Second Row) Jean Morton Head, BSHE '52; Susan Byus, Director of Alumni Relations; Vineta Heckle Sanders, BSHE '65, Clothing and Textiles; Wendell Delores Howard, MEd '72, Home Economics Education; Dot Williams, BSHE '65, Family Development; Meredith Barrs Potter, BSFCS '04, Consumer Foods and Dietetics; and Holly Hill Floyd, BSFCS '09, Furnishings and Interiors. (Back Row) Leolene Montgomery Tate, MS '70, Home Economics; Jan Taylor Baggarly, BSHE '74, Clothing and Textiles, and MEd '78, Home Economics Education; Millie Young Smith, BSFCS '03, Dietetics; and Interim Dean Anne Sweaney.



"Anemia in Georgia Centenarians and Octogenarians." Alex Anderson was her major professor.

**Kristi Hughes** (BSFCS '03, MS '07, Child and Family Development) is the development coordinator for the University of Georgia College of Agricultural and Environmental Sciences.

**Mandy Irvin** (BSFCS '05, Fashion Merchandising) is an associate fabric manager for Ralph Lauren in New York City.

**Lyndsey Brandau Jordan** (BSFCS '06, Dietetics; MS '10, Foods and Nutrition) earned her master's degree in spring 2010. Her thesis is titled, "Thermal Destruction of *Listeria monocytogenes* in a Partially-Fermented Dill Pickle Intended for Refrigerator Storage." Elizabeth Andress was her major professor.

**Joo Ran Kim** (MS '10, Textiles, Merchandising, and Interiors) earned her master's degree in summer 2010. Her thesis is titled, "Micro-Encapsulation

Technology Using Essential Oils to Produce Acaricides Against House Dust Mites." Suraj Sharma was her major professor.

**Irina Kunovskaya** (PhD '10, Housing and Consumer Economics) earned her doctoral degree in spring 2010. Her dissertation is titled, "The Impact of Financial Literacy on Use of Financial Services in Russia." Brenda Cude was her major professor.

**Bo Lanier** (BSFCS '08, Housing) married Leigh Marionneaux on March 27 in Shreveport, La. He is the Alabama and Georgia representative for Integrated Medical Systems, Inc., a medical device and supplies company. The couple lives in Decatur.

**Angela Leone** (MS '10, Foods and Nutrition) earned her master's degree in summer 2010. Her thesis is titled, "The Availability and Price of Healthy Food Items in Leon County, Florida." Jung Sun Lee was her major professor.

**Stephanie Satterwhite Mathis** (BSFCS '05, Consumer Economics) married Joseph Calhoun Mathis on March 13. She is a compliance officer with The Citizens Bank of Cochran, where the couple also lives.

**Claire Maust** (BSFCS '08, Dietetics; MS '10, Foods and Nutrition) earned her master's degree in summer 2010. Her thesis is titled, "Bone Mineral Density in College Female Athletes and Non-Athletes: A Three-Year Study." Richard D. Lewis was her major professor.

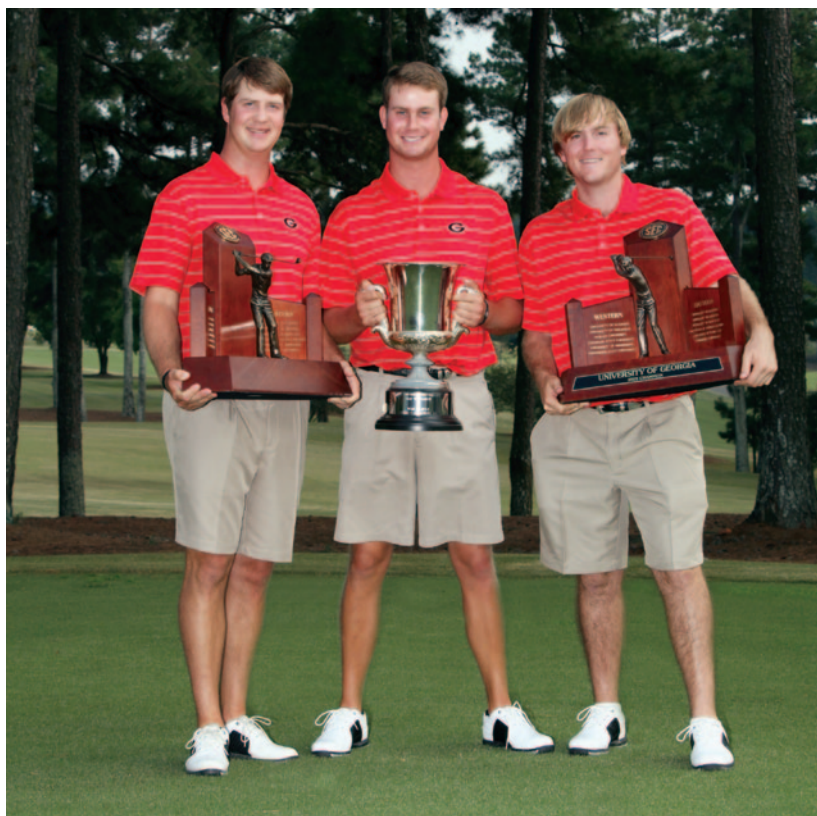
**Lindsey Maxwell** (BSFCS '05, Fashion Merchandising) is a fabric manager for Ralph Lauren in New York City.

**Jennifer McBride** (MS '10, Textiles, Merchandising and Interiors) earned her master's degree in summer 2010. Her thesis is titled, "The Effects of Store Image and Knowledge and Familiarity of Private Label Brands (PLBs) on Consumer Perceptions of PLBs and



## FACS Golfers Win Big

Three Family and Consumer Sciences students who are members of the UGA golf team had big years last year and are looking forward to even greater things in the coming season. Despite having to sit out all of last season following shoulder surgery, **Hudson Swafford**, (L) a senior in consumer economics, qualified for the U.S. Amateur and U.S. Open. He is also off to a good start this fall, placing second in the Ping Preview tournament. **Harris English** (C), also a senior consumer economics major, qualified for the U.S. Amateur, as well as being chosen for both First-Team All-American and First-Team All-SEC recognition. **Russell Henley**, a senior housing major, qualified for the U.S. Amateur and played at the U.S. Open, in addition to earning both National and SEC Player of the Year honors and being named First-Team All-American. This fall he won the Brickyard Collegiate tournament. (Photo by Ashley Strickland, UGA Sports Communication)





# Smile!

From the words of country music star Uncle Kracker: “You make me smile like the sun, you make me dance like a fool, forget how to breathe, shine like gold, buzz like a bee, just the thought of you can drive me wild ...ohh you make me smile.”

Are you smiling?

What are you doing to improve the quality of your life and those around you? What are your life goals and are you striving to meet those goals? As an employee educator who is committed to lifelong learning, I encourage you to revisit your life goals and consider what you are doing today to create smiles for yourself and others.

Allow me to share some thoughts for you to consider as you re-examine your goals:

- Work hard and play hard;
- Reconnect with friends from high school and college;
- Try playing a new sport;
- Participate in a book club or Bible study;
- Volunteer at a soup kitchen;
- Research a topic and share with your colleagues;
- Perform a random act of kindness once a week.

These are just a few ideas of things you might do this year. “Buzz like a bee” and find what drives you to do great things. Or be a butterfly and choose to slow down and reflect on your past, present and future.

Staying connected to FACS makes me smile.

- Meeting new FACS alums;
- Serving hot dogs to students at Dawgs with the Dean;
- Supporting student scholarships through the Chilly Dawg 5K;
- Sharing business strategies with student leaders.

Will you include some of these activities in your list?

Thanks for making me smile.



Kristi Osborn Greer, (BSFCS '00; MEd '05)  
President

FACS Alumni Association

(Kristi is the education and development officer for Oconee State Bank)



Patronage Behavior.” Yoo-Kyoung Seock was her major professor.

**Leslie Merritt** (BSFCS '04, Family and Consumer Sciences Education; MS '10, Textiles, Merchandising and Interiors) earned her master's degree in summer 2010. Her thesis is titled, “The Relationships Between Media Influence, Peer Pressures, Appearance Importance, Body Perception, and Clothing Behavior: Examining Ethnic Differences Among Adolescent Girls in the United States.” Yoo-Kyoung Seock was her major professor.

**Elizabeth Metherell** (MS '10, Foods and Nutrition; BS '05, Biology) earned her master's degree in spring 2010. Her thesis is titled, “Sourcing of Spices to Maximize Total Phenolic Levels in Food Product Development.” Ruthann Swanson was her major professor.

**Heather Mosley** (MS '10, Foods and Nutrition) earned her master's degree in spring 2010. Her thesis is titled, “Proteomic Analysis of Taste Aversion Resistance in Rats.” Arthur Grider was her major professor.

**Sally Owings** (BSFCS '07, Fashion Merchandising) is the owner of Sally's Bakery-A Gluten-Free Place located in Sandy Springs.

**Michele Parker** (PhD '09, Child and Family Development) earned her doctoral degree in fall 2009. Her dissertation is titled, “Adult Attachment and Symptom Distress: A Dyadic Model of Couples in Therapy.” Lee Johnson was her major professor.

**Meredith Parsons** (MS '10, Textiles, Merchandising and Interiors) earned her master's degree in spring 2010. Her thesis is titled, “Window Displays: Their Effect on Consumers' Information Search.” Jan Hathcote was her major professor.

**Sarah Peskoe** (MS '10, Foods and Nutrition; AB '04, English) earned her master's degree in summer 2010. Her thesis is titled, “Visual Plate Waste Study for a Northeast Georgia Senior Center.” Mary Ann Johnson was her major professor.

**Jennifer Regan** (BSFCS '07, Fashion Merchandising; MS '10, Textiles, Merchandising and Interiors) earned

her master's degree in spring 2010. Her thesis is titled, “Fashion and Furnishings: Exploring Elements and Principles of Design in Women's Dress and Interiors of the 1880s.” José Blanco was her major professor.

**Samantha Rigby** (MS '10, Foods and Nutrition) earned her master's degree in summer 2010. Her thesis is titled, “Food Deserts in Leon County, Florida: Disparate Distribution of Food Stamps Accepting Stores by Neighborhood Characteristics.” Jung Sun Lee was her major professor.

**Angie DeWitte Ruhlen** (MFCS '04, Foods and Nutrition; AB '01, Spanish) is a registered dietitian and the nutrition services coordinator at the University of Georgia Health Center. She provides nutrition counseling, is a member of the UHC eating disorder treatment team and also demonstrates healthy cooking techniques in the UHC's nutrition teaching kitchen.

**Darby Thompson Sewell** (BSFCS '00, MED '01, Family and Consumer Sciences Education) and her husband, Jeff, are the parents of John Wesley, born July 10, 2009.

**Lauren Shinn** (MS '10, Child and Family Development) earned her master's degree in summer 2010. Her thesis is titled, “The Role of Familial Support on Adolescent Mothers' Parental Competency and Risk for Depression.” Charlotte Wallinga was her major professor.

**Dionne Stephens** (PhD '03, Child and Family Development) was awarded the Carolyn Payton Early Career Award from the American Psychological Association for her research about African-American adolescents. She currently is an assistant professor in the department of psychology at Florida International University in Miami Beach.

**Erin Tankersley** (MS '10, Textiles, Merchandising and Interiors; BS '01, Psychology) earned her master's degree in summer 2010. Her thesis is titled, “Mirror, Mirror on the Wall, Does One's Appearance Matter After All? A Study of Mothers Shopping with Young Children.” Jan Hathcote was her major professor.

**Kimberlyn Taylor** (BSFCS '10, Consumer Economics) is a senior team leader with Target in Athens.

**Yulia Tokarev** (MS '10, Foods and Nutrition) earned her master's degree in summer 2010. Her thesis is titled, “Delphinidin Alters Hydrogen Peroxide-Induced Cytotoxicity and Apoptosis in Human Colon Adenocarcinoma Cells.” Joan Fischer was her major professor.

**Margaret Vazques** (BSFCS '08, Child and Family Development) is working in the legal department for Homeland Security.

**Kelly Wagner** (MS '09, Child and Family Development) earned her master's degree in fall 2009. Her thesis is titled, “An Exploratory Study of Preschool Teachers' Behaviors During Children's Outdoor Play.” Charlotte Wallinga was her major professor. Wagner is a child life specialist for Shands Children's Hospital in Gainesville, Fla.

**Lori Katherine Walker** (BSFCS '09, Nutrition Science and Dietetics) is completing a dietetic internship at Walter Reed Army Medical Center in Washington, D.C.

**Camille Walton** (MS '10, Textiles, Merchandising and Interiors) earned her master's degree in spring 2010. Her thesis is titled, “A Content Analysis of Advertiser Influence on Editorial Content in Fashion Magazines.” José Blanco was her major professor.

**Alice B. Way** (BSFCS '05, Consumer Economics) is a showroom consultant with Ferguson, a bath, kitchen and lighting gallery in Jackson, Miss.

**Elizabeth Weigle** (BSFCS '07, Fashion Merchandising; MS '09, Textiles, Merchandising and Interiors) earned her master's degree in fall 2009. Her thesis is titled, “The American Trend of Female Pubic Hair Removal: Exploring a Popular Culture Body Modification.” José Blanco was her major professor.

**Amy Zack** (BSFCS '08, Dietetics; MS '10, Foods and Nutrition) earned her master's degree in summer 2010. Her thesis is titled, “Diabetes Self-Management Behaviors by Older Adults in Georgia Senior Centers.” Joan Fischer was her major professor. ■



# in memoriam

May O'hara Awe (BSHE '51) August 29, 2010	Dorothy Aycock Fulford (BSHE '44) July 1, 2000	Ruth Keith Maloney (BSHE '46) December 2, 2009	Frances Knox Paysinger (MEd '71) May 9, 2010	Leta Gay Smith (BSHE '42) February 29, 2008
Elizabeth Truitt Billings (BSHE '48) June 27, 2010	Mallette Proctor Goggans (BSHE '42) February 7, 2005	Mary Jane Marbut (BSHE '43) December 3, 2003	Sandra Harper Pendleton (BSHE '63) November 11, 2005	Nannette Hancock Smith (BSHE '46) March 27, 1998
Estelle Barron Bowen (BSHE '41) October 12, 2010	Rosalyn Pollock Greene (BSHE '50) December 27, 2000	Nancy Clinton Martin (BSHE '67) February 10, 2007	Lois Cordell Prater (BSHE '39) January 7, 2009	Grace Winston Stephens (BSHE '37) July 7, 2010
Mary Callaway Box (BSHE '61) August 22, 2007	Claire Lovvorn Hadden (BSHE '50) August 6, 2010	Golden Eberhardt Mason (BSHE '39) April 20, 2005	Lou E. Purdom (BSHE '41) July 27, 2010	Mary Lanier Stewart (BSHE '46) March 21, 2007
Lola Caldwell Bradshaw (BSHE '61) June 8, 2010	Beth LeFiles Haley (BSHE '52) July 25, 2002	Coleen Mixon Mathis (BSHE '43) November 27, 2009	Alma Cannon Reese (BSHE '47) November 19, 2003	Elizabeth Denard Sumpter (BSHE '46) July 3, 1999
Sigrid Miller Briscoe (BSHE '41) November 19, 2009	Harley M. Hall (BSHE '65) June 12, 2010	Evelyn Wyatt McCarty (BSHE '44) June 14, 2010	Elizabeth Taylor Reuter (BSHE '73) June 17, 2010	Sara O'Neal Sweeney (BSHE '42) May 2, 2010
Edith Hartman Case (BSHE '42) December 14, 2008	Mary Ann Hammontree (MEd '58) February 13, 2010	Sarah Loftis McConnell (BSHE '34) September 26, 2010	Julia Bell Richards (BSHE '39) February 24, 2009	Merle Wade (BSHE '49) September 9, 2009
Frances Allred Cook (BSHE '52) May 1, 2005	Joyce Vestal Henderson (MEd '69) April 20, 2007	Cleopatra C. McCurry (BSHE '49) September 25, 2010	Lucille Meadows Robinson (MEd '76) February 11, 2009	Imogene W. Walker (BSHE '41) May 3, 2010
Tommie Reece Cooke (MEd '74) December 21, 2007	Jewel Usry Hendler (BSHE '35) December 15, 2007	Karen Tucker Moore (BSHE '71) August 18, 2010	Alice W. Rylander (BSHE '40) July 5, 2010	Jane Wheeler Watkins (MS '80) April 9, 2002
Betty Crane Davis (BSHE '50) May 13, 2010	Sara Carlton Hughes (BSHE '38) June 12, 2007	Sue Brown Morgan (BSHE '58) July 14, 2010	Annie Dean Samples (BSHE '60) May 10, 2010	Meryl Lee Watts (BSHE '47) September 16, 2009
Eunice Wilkes Davis (BSHE '56) February 28, 2004	Mary Lou Myers Hunter (BSHE '42) June 3, 2010	Doris Tillman Morris (MEd '64) August 1, 2008	Myrtle Trice Sands (BSHE '34) August 31, 2010	June Hart Wester (BSHE '45) August 20, 2010
Helene Lovejoy Dickinson (BSHE '43) March 8, 2005	Louise Dozier Johnston (BSHE '39) July 4, 1999	Alice Bell Morton (BSHE '56) March 14, 2008	Elizabeth Gilreath Schoener (BSHE '41) November 22, 2008	Leila Truitt Williams (BSHE '42) August 3, 2010
Ruth Helen Diehl (BSHE '35) August 11, 2009	Mary Sheffer Kicklighter (BSHE '42) July 1, 2009	Jean Arrendale Murphy (BSHE '46) February 16, 2008	Emily Burch Scovill (BSHE '35) April 14, 2010	Marjorie Teague York (BSHE '50) February 1, 1999
Elizabeth Mathews Elder (BSHE '42) October 11, 2007	Ida Lee Lasseater (MEd '73) October 15, 1989	Marion Hayes Padgett (BSHE '41) August 20, 2007	Elizabeth Sheerer (CFD Department Head) July 25, 2010	
Helen Paris Floyd (BSHE '40) September 9, 2005	Jacquelyn Knight MacDonald (BSHE '73) November 1, 1987	Kathryn Kay Parker (MEd '77) May 9, 2005	S. Rita Shmerling (BSHE '41) October 1, 2000	
Teresa Nan Foley (BSHE '82) May 27, 2010	Sara Seagraves Maddox (BSHE '50) December 27, 2008	Pauline B. Payne (BSHE '41) April 2, 2010	Beverly Beavers Shoun (MEd '74) June 3, 2010	

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Editor's Note:  
*In some cases, the College of Family and Consumer Sciences has only recently been notified of the names of graduates who died several years ago.*

# IN THE Halls



## FACULTY & STAFF

**Elizabeth Andress** (Professor, Foods and Nutrition; Food Safety Specialist, Cooperative Extension) has been named interim director of FACS Extension.

**Megan Lee** (Assistant Professor, Textiles, Merchandising and Interiors), **Kati Medvedev** (Assistant Professor, Textiles, Merchandising and Interiors) and **Dina Smith** (MS Student, Textiles, Merchandising and Interiors) won first place in the teaching category at the Interior Design Educators Council conference for their presentation titled, "A Service-Learning Case Study: Collaboration Between Students, Faculty and Small Local Retailers."

**Denise Lewis** (Assistant Professor, Child and Family Development) has been named the 2010 recipient of the Theoretical Developments in Social Gerontology Award from the Gerontological Society of America based on her paper, "A Synthetic Theory of Family Exchange." Lewis also was honored by the Family and Consumer Sciences Research Journal for having the best article in human development and family studies in 2009. Her article was titled, "Aging out of Place: Cambodian Refugee Elders in the United States."

**Sharon Y. Nickols** (Janette Barber Professor of Housing and Consumer Economics) and several colleagues from other institutions were honored by the Family and Consumer Sciences

Research Journal for having the best article on professional issues for 2009. The article was titled, "The Family and Consumer Sciences Body of Knowledge and the Cultural Kaleidoscope: Research Opportunities and Challenges."

**Jaya Rose** (Lecturer, Furnishings and Interiors) was recognized for her leadership of the kitchen and bath design program by the National Kitchen & Bath Association. The program received the 2010 Excellence

in Education Award for demonstrating the highest standards of kitchen and bath instruction. Only eight programs were chosen across the nation.

## STUDENTS

**Jing Cao** (MS '10, Textiles, Merchandising and Interiors) and **Vikram Dhende** (PhD Student, Textiles, Merchandising, and Interiors) presented in the graduate student research paper competition at the

## Dawgs with the Dean



**8<sup>th</sup> Annual Dawgs with the Dean** More than 400 Varsity hot dogs were handed out to FACS students, faculty and staff at the 8<sup>th</sup> annual Dawgs With the Dean event on the front porch of Dawson Hall on Oct. 12. In addition to Interim Dean Anne Sweaney, a highlight of the event was a visit by UGA mascot Hairy Dawg. Dawgs with the Dean is sponsored by the FACS Alumni Association.



# FACS *new faculty*



**Sophia Anong**, assistant professor in the Department of Housing and Consumer Economics, earned her PhD in family and consumer economics from Purdue University in 2006. Her research interests include “banking the unbanked with mobile banking” in developing countries, family economic well-being, and self-employment and economic well-being. She is teaching Introduction to Personal Finance, and Family Retirement Planning and Employee Benefits at the Griffin campus.



**Emma Laing**, assistant research scientist in the Bone and Body Composition Laboratory in the Department of Foods and Nutrition, earned her PhD in foods and nutrition from the University of Georgia in 2003. She serves as co-investigator for research projects focusing on osteoporosis, obesity and diabetes prevention. Her studies use both 2- and 3-dimensional imaging techniques to assess the effects of dietary and physical activity interventions on bone health and body composition. The goal of her research is to determine the efficacy of relatively simple and inexpensive approaches to improve health during childhood that in turn reduces the risk of chronic diseases later in life. In addition to conducting research in the areas of zinc and vitamin D supplementation on health outcomes in adolescents, she mentors graduate and undergraduate students within the Bone and Body Composition Laboratory.



**Jim Ford**, assistant research scientist, is grant projects coordinator for the Family and Community Resilience Laboratory in the Department of Child and Family Development. He earned his PhD in human development from Virginia Polytechnic Institute and State University in 2008. His research interests include military family and youth resilience, community capacity, relational ethics, aging and well being, and veterans care. He holds a certificate in gerontology, is a licensed marriage and family therapist, and a certified addiction counselor.



**Deborah Mancini**, assistant research scientist for the Center for Family Research, has a master of science degree in educational psychology from the University of Wisconsin at Madison. Prior to joining UGA she spent 20 years as a consultant on projects with the U.S. Department of Defense and Military Services focusing on military family issues and strengthening military family support efforts. She is currently the co-principal investigator on two projects. One, funded by the Defense Department will assess whether the Joint Family Support Assistance Program is being implemented as mandated by legislation. The second, funded by the U.S. Army, involves the development of new programs for the Army Survivor Outreach Services, which provides support services to survivors of deceased soldiers. She is also involved in a third project focused on building a community capacity model for military family support organizations.

American Association of Textile Chemists and Colorists International Conference in Atlanta earlier this year. Dhende placed third and Cao placed fourth in the competition. Dhende also won the Dissertation Completion Award competition at UGA

**Linsey Johnson** (Senior, Family and Consumer Sciences Education) is chair of the student unit of the American Association of Family and Consumer Sciences. This is the first time a UGA undergraduate has chaired this committee.

**Tiffany Ward** (Senior, Furnishings and Interiors) received the 2010 National Kitchen & Bath Association outstanding student award. She was chosen, along with 29 other students, as one of the top kitchen and bath design students across North America.

The **Student Association of Family and Consumer Sciences**, advised by **Connie Rash**, (Assistant Director, Student Services) received the 2010 American Association of Family and Consumer Sciences Student Progress Award. The award honors a collegiate organization that has at least 15 percent growth in membership and active involvement in the national organization.

Students in the Creativity in Fashion and Interiors course, taught by **Jaya Rose** (Lecturer, Furnishings and Interiors) won the bronze medal for excellence in sustainable design from the Georgia chapter of the American Society of Interior Designers. The award was for a room they designed in the Greenhaven Showhouse in Marietta. ■



**Barton and Megan Cutter of Raleigh, N.C., are featured in *The Love Seat***

## Love Conquers All

**Filmmakers from the University** of Georgia Institute on Human Development and Disability visited nine cities in September to film certain couples in committed and loving relationships. In each of these pairings, at least one partner had a disability, and the filmmakers' ultimate goal was to negate the social stigma traditionally associated with such relationships.

Titled *The Love Seat*—the couples tell their stories while seated on one—"this film will send a powerful message that adults with disabilities have lasting intimate relationships with all the wonder and uniqueness that characterize such relationships for the nondisabled," said **Zolinda Stoneman**, professor of child and family development and director of IHDD.

"This is not a movie about disabled people in love; it's about *people* in love," said **Becky Brightwell**, associate director of IHDD, who noted that according to a national survey, individuals with disabilities partner, marry, and have children at about the same rates as those who identify themselves as not having disabilities.

The filmmakers want to use *The Love Seat* to educate the media and as a training tool for professionals who work with people with disabilities. It would show them how love relationships benefit these people, as they do all others, and how important it is to support such relationships.

The cities visited for the film included Chattanooga, Nashville and Memphis, Tenn.; St. Louis, Columbia, Kansas City and Springfield, Mo.; Paducah, Ky.; and Birmingham, Ala.

IHDD is a UGA Center for Excellence in Developmental Disabilities Education, Research, and Service.



# Unique Clinic Provides One-Stop Shopping

A new clinic in the College of Family and Consumer Sciences, the first of its kind in the United States, is providing residents of Athens-Clarke County and surrounding areas with counseling services on a wide variety of issues involving personal problems, relationships, finances, housing, nutrition, and the law.

The clinic, known by the acronym ASPIRE, which stands for Acquiring Strategies for Personal Improvement and Relationship Enhancement, is the creation of FACS faculty. It opened on a limited basis in January 2010, offering services on personal, relationship, and financial issues, according to cofounder **Lee Johnson**, associate professor of child and family development and director of the FACS marriage and family therapy program.

Those providing counseling services at ASPIRE are advanced undergraduate or graduate students who have received specific training and whose work is overseen by faculty members.

The goal of ASPIRE is to provide a kind of one-stop shopping. "Our financial-planning counselors have said they appreciated knowing they had a resource to turn to if a client seemed depressed or if a family's financial problems were apparently tied to relationship issues," said cofounder **Joseph Goetz**, assistant professor of family financial planning. "As we've talked to our colleagues in other departments, we've realized how interconnected so many aspects of people's lives are."

**Megan Lee**, assistant professor of furnishings and interiors, said the home environment plays an important role in a broad range of other issues. "For a family that's facing financial problems and also dealing with physical infirmities, we can help identify relatively inexpensive solutions that will make a house more accessible and safe," she said. "For some other family facing challenges regarding their children's performance in school, we might look at the space that the children have for homework and identify ways to make that space more appropriate."

**Rebecca Mullis**, head of the FACS foods and nutrition department, sees the ASPIRE clinic as a place where students, under the direction of a registered dietitian, can work with individuals, families, or small groups on a variety of nutrition issues. "It could be a place for both students and community members to discuss issues like weight control or vegetarianism," she said.

Mullis emphasized that the counselors will focus on nutrition education, not on clinical problems such as eating disorders. However, she noted, a broad range of topics could be pursued, including issues that might involve counselors in other areas.

Other FACS faculty participating in ASPIRE include **Maria Bermudez**, assistant professor of marriage and

family therapy; **Jerry Gale**, associate professor of marriage and family therapy; and **Lance Palmer**, assistant professor of family financial planning.

The ASPIRE clinic is also teaming up with the Public Interest Project of the UGA Law School to provide legal counseling to clients who cannot afford attorneys. **Alex Scherr**, associate professor at the Law School and director of its civil clinics, said clients can meet with law students for counseling on "any legal issues that arise from a lack of money," such as shelter, debt, public benefits, wage claims, and health care. The clinic does not take cases to court but can help clients understand their legal rights.

In addition to providing a community service, ASPIRE faculty will gather data to determine whether the model is an effective way of delivering a broad range of services to clients, according to Johnson.

The cost of ASPIRE is based on a sliding scale. For additional information or to arrange a free consultation, call 706-542-4486 or email [ftclinic@uga.edu](mailto:ftclinic@uga.edu). Those interested in legal counseling can also contact the Public Interest Project directly by calling 706-542-5213.





# South Campus Tailgate



*Although the weather was crisp and cold, more than 400 alumni, students and friends attended the 16th Annual South Campus Tailgate. Hot chocolate, lambs, a magician and time spent with friends and family were highlights of the day. (photos by Blane Marable and Bill Flatt)*



## Leadership FACS 2010

Nearly 40 student leaders, faculty and guests attended the 18<sup>th</sup> annual Leadership FACS Retreat at Camp Kiwanis in Madison County. The retreat provides students the opportunity to enhance their leadership qualities, team work, communication and problem-solving skills. Student leaders use the knowledge and skills they learn to represent the college to a variety of audiences.





Suzanne Griffeth is a Development Officer for the College of Family and Consumer Sciences. For more information on how to give a current or deferred gift, please contact Suzanne at 706-542-4881, by email at [suzanne@fcs.uga.edu](mailto:suzanne@fcs.uga.edu), or write to her at FACS, 224 Dawson Hall, UGA, Athens, GA 30602.

## *A Fashionable Fund*

As **Sonia Steffes**, owner of the Athens clothing boutique Sonia Says, was approaching her 60<sup>th</sup> birthday, her friends wanted a fitting tribute for someone whose motto is, “Looking good while doing good!” **Katie Foushee** (BSFCS '07, Fashion Merchandising) and fellow store associate **Susan Daniel** approached the FACS Office of Development about secretly fundraising to establish an endowment in Sonia’s honor.

All of the hard work and covert planning paid off on Feb. 4 when Sonia was surprised by a room filled with well wishers at the new Hotel Indigo in Athens. During the birthday toast, the Sonia Steffes Fashion Merchandising Student Support Fund was revealed, resulting in a look of shock followed by happiness on Sonia’s face.

Establishing an endowment that will benefit undergraduate fashion merchandising students in the Department of Textiles, Merchandising and Interiors was an easy decision, according to Katie. “Students have always been so important to Sonia,” she said. “Her goal is to encourage and nurture their interests so that they end up in careers they are passionate about.”

Katie’s own experiences with Sonia date back to her undergraduate days when she convinced Sonia to hire her for a summer internship, which eventually led to her becoming the manager of Sonia Says. In addition to learning the importance of knowing and understanding your customers and identifying and making a career of your passion, Katie’s personal favorite saying of Sonia’s is: “Work hard, but play hard too!”

“It was such an honor for my friends to create this endowment,” Sonia says. “My hope is for the fund to serve as a starting point in helping fashion merchandising students gain the confidence that’s necessary to be a success in this industry. I hope we’ll be able to bring speakers to the university for presentations so the students have the opportunity to learn from professionals in the field. I believe that can be a terrific complement to what they’re learning in the classroom.”

Although her friends contributed enough money to fully endow the fund, Sonia hopes to continue to grow it by holding fashion shows to benefit the fund.

“I feel blessed to have been able to achieve my dream of owning my own boutique,” she says. “Now, I’ve been given the opportunity to help any number of young people take their first steps toward achieving their own dreams. I’m so excited to be working with the faculty and students in the fashion merchandising program and identifying ways to further enhance the fund and further help the program.” ■





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## Third Annual Chilly Dawg 5K

The Third Annual Chilly Dawg 5K is set for Saturday, Jan. 29, at 9 a.m. at Sandy Creek Park in Athens. To register, go to **[www.active.com](http://www.active.com)**.

For questions, email Susan Byus at **[sbyus@fcs.uga.edu](mailto:sbyus@fcs.uga.edu)**, or call her at 706-542-3386.

