

HOME ECONOMICS ALUMNI ASSOCIATION . UNIVERSITY OF GEORGIA

Vol. 1, No. 1 Summer 1979

# HIGHLIGHTS from your Dean, Emily Quinn Pou

This year has consisted of a number of firsts.

Among the more important firsts is this first issue of the Home Economics Alumni Association Newsletter. We are indebted to Dr. Wanda Grogan, who has agreed to serve as editor to receive highlights and news from your membership, the faculty and students. She is requesting in the newsletter that you send information to her as well as suggesting to her the kind of information you would want to see included in further issues. Our appreciation to you, Wanda, for assuming this responsibility.

My congratulations and commendations to your president, Doe Harden, vice-president, Susan Moss, secretary, June Robertson, and treasurer, Charlene Ellis, for serving so conscientiously in furthering the association. Each individual who has been requested to serve on a committee has performed yeoman service. Of particular note is the thoughtful consideration of the financial exigencies experienced by students in the establishment of the Home Economics Emergency Loan Fund. The first contribution was from President Harden. The next ontributions were from the individuals serving as members of the committee cited in President Harden's letter to you.

Those of you who have contributed to the Mary E. Creswell Research Fund will be interested in knowing that the fund has now reached an income-producing level of \$1,000. I have appointed a committee consisting of Dr. W. O. Caster, Chairman, Dr. Mary Ellen Blackburn, Dr. Roy J. Martin, Dr. Joseph G. Painter, Jr., Dr. James Walters, and Mrs. Doe Harden, to select the first recipient or recipients as judged appropriately during the 1979—80 Academic Year. Results of these awards for next year, and thereafter, will be carried in subsequent newsletters. If anyone wishes to make a contribution to this fund, it will be added to the principal. The annual awards will continue to be made from the income generated in each given year.

The beginning of the academic year was our first year in being named the College of Home Economics. The recommendation from our administration at the University of Georgia was approved by the Board of Regents to be effective in September 1978. It has been a delight to receive the expressions of pleasure from a number of you on the name change.

Additional congratulations are extended to the faculty serving on the Accreditation Committee under the leadership of Dr. Theresa A. Perenich, Chairman. During the year faculty members in the College, as well as a number of students, contributed significantly to the preparation processes as well as during the team site visit in January. We were elated to receive communication from President Fred C. Davison that the uncil for Professional Development of the American Home Economics Association approved us for accreditation. We will now be included in all University publications citing the academic units approved by the respective accrediting bodies.

If your travels bring you in the vicinity of Athens, we would be pleased to have you take a tour of Dawson Hall, the Annex, the Margaret E. McPhaul Child and Family Development Center, and the Home Management Residence Laboratories. I believe you would be pleased to visit with the faculty and students and note that we are continuously attempting to improve the quality of education offered in the College of Home Economics.

We are looking forward to the annual meeting in conjunction with Homecoming Weekend and hope to see you here.

## HIGHLIGHTS from your President, Doe Harden

A great big "thank you" to Dean Pou from all of us for getting the School of Home Economics changed to the *College* of Home Economics! Isn't that great? Doesn't that make us feel more important?

Several committees have met since our annual meeting. The Special Awards Committee members are working on criteria for the selection of individuals for special recognition in different categories and will be reporting at the annual meeting in November.

Dr. Caster is making a report in this issue of the Home Economics Newsletter concerning the Mary Creswell Fund.

The Student-Faculty Committee and your officers representing the Home Economics Alumni Association gave a reception June 11 for those graduating this year. Information on the Alumni Association was given to the graduates.

Directors of the association have been asked to work with Dr. Wanda Grogan on a seminar to be held for the Home Economics Alumni Association members during Spring Alumni Day, April 19, 1980.

Thanks to the Scholarship Committee and Ann Willett, faculty advisor, the Home Economics Emergency Loan Fund has been established on behalf of the alumni. The committee consisted of Martha Jones (chairman), Opal Ward, Eva Sanders, and myself.

Our annual meeting will be held on Friday night in connection with Homecoming Weekend, November 2–3, 1979, so make your plans to attend.

A letter with more details regarding the annual meeting will be mailed in September and will include a ballot from the Nominating Committee for your consideration for the offices of President and Treasurer. I am looking forward to seeing you at our annual meeting this fall.

### Home Economics Alumni Officers

## Magazine Drive

The magazine drive which was initiated at the October Alumni Association annual meeting netted \$63.40. For those of you who missed the meeting, members were asked to renew their magazine subscriptions through the Alumni Association via the Saturday Evening Post plan. The Association receives 40 percent of all money collected. Plan now to subscribe to or renew your magazines through the Association.

Regardless of the renewal date of your subscritpion the Association treasurer can receive your check and handle the transaction at the annual meeting in November.

# HIGHLIGHT from Department of Clothing, Textiles, Interiors and Furnishings

During fall quarter 1979, thirteen fashion merchandising majors will be participating in an internship program in Athens and Atlanta. The students will spend the entire quarter obtaining "on the job" training and development in retail establishments such as J. C. Penney's, Rich's, Lord and Taylor, The Limited, and other stores.

# Housing Counseling Workshop

The University has begun an academic housing counseling program, the first of its kind as designed by the National Federation of Housing Counselors.

Students seeking housing counseling certification are required to complete five courses in housing and financial management, participate in a jointly sponsored workshop and intern for at least one quarter in a housing counseling related position.

The first NFHC academic certification workshop sponsored by the Department of Housing, Management and Consumer Economics at the University of Georgia and the National Federation of Housing Counselors was held in Athens, February 15–17. The group consisted of over fifty participants including students seeking NFHC/academic housing counseling certification, agencies involved in housing counseling and interested faculty and students.

Two trainers from the HUD/NFHC Training Project, Ms. Ann Davis, Executive Director, Athens Housing Development Corporation and NFHC member, and Mr. Alva Finck, Rural Housing Specialist, Texas Department of Community Affairs and NFHC education committee chairperson, shared their expertise in counseling techniques and areas, and in administering a housing counseling program.

# Textile Dye Association Chapter Established at University of Georgia

The University of Georgia Chapter of the American Association of Textile Chemists and Colorists has received its official banner signifying the national organization's formal establishment at the University. The purpose of AATCC is to promote knowledge of the application of dyes and chemicals in the textile industry and to encourage research in these areas

Don Durden, plant manager of the Standard-Coosa Thatcher Company in Washington, Georgia, and chairman of the Southeastern Section of

AATCC presented the banner to chapter officers and members at the May meeting.

The University of Georgia chapter, with thirty members, is one of the largest of the twenty-two AATCC student chapters in the nation, and membership is growing as more students become involved in the textile field.

Donna Maddox, Cordele, a graduate student in the clothing and textiles department in the University's College of Home Economics, is past president of the student chapter. Officers for 1979—80 are Tye Penley, Asheville, North Carolina, president; Martha Tate, Warner Robins, vice-president; Yvonne Henderson, Rome, secretary; and Sandy Watson, Griffin, treasurer.

Dr. Theresa A. Perenich, associate professor of clothing, textiles, interiors and furnishings in the College of Home Economics, is faculty advisor to the chapter.

#### Student HIGHLIGHT

Dorothy J. Bouillon, graduate student, Department of Foods and Nutrition, attended the annual meeting of the American Institute of Nutrition in Dallas and presented a paper "Studies of the Role of Glucocorticoid in the Lipogenic Response to Starvation-Refeeding." This represents part of MS thesis work that Ms. Bouillon is completing this June.

Ms. Bouillon, a native of Ohio, was the recipient of the Hazel and Gene Franklin Scholarship in the College of Home Economics for the 1978—79 school year and has been elected to membership in Sigma Xi and Gamma Sigma Delta.

Dr. Carolyn Berdanier, Head of the Department of Foods and Nutrition, directed the research of Ms. Bouillon which relates to the hormonal control of energy metabolism. Some persons trying to lose weight attempt to accomplish this by missing meals or by periodic fasting for as much as one to three days at a time. It is now known that this starvation-refeeding cycle markedly increases the rate at which fat is both made and broken down in the body. This is a protective mechanism that helps the body to withstand periods without caloric in take and does not by itself increase the fat deposition in the body. The present thesis work explored these metabolic changes under stress conditions-that is, under conditions resulting in high levels of adrenal glucocorticoid hormones. The significant finding in this thesis work was that under these stress conditions the starvation-refeeding cycle results in a deposition of fat in the liver. Neither stress nor starvation-refeeding alone causes this condition, but when these two effects are combined there is a noticeable increase in the amount of fat seen in the liver.

Enrollment in
College of Home Economics
Spring 1979

Undergraduate 735 Graduate 65

Mark Your Calendars for November 2, 1979!

The annual meeting of the Home Economics
Alumni Association will be held on
November 2, 1979, at the Navy School in
Athens. Registration information will be
sent to you in September.

# HIGHLIGHTS on Faculty and Staff

Linda B. Wall, Food and Nutrition Specialist, was named to the National 4—H Food and Nutrition Volunteer Leader Forum Planning Committee. The Forum is designed to train volunteer leaders to teach food and nutrition information to other 4—H volunteers. Also, Mrs. Wall was presented the Meritorious Service Award by the Georgia Association of Extension 4—H Agents.

Claire Simpson, Interior Design Specialist, was elected Chairperson of the Southern Region Home Furnishings, Interior Design and Applied Art Specialists. Ms. Simpson, vice-president of the Georgia Chapter of the National Home Fashions League and Alternate Director of the National Board, represented Georgia at the National Board meeting and the National Home Fashions League Conference May 13—20 in Los Angeles, California.

Cindy Gough, Human Development Specialist, was selected to attend the National Youth Workers Education Project, sponsored by the Lily Company and conducted by the faculty at the University of Minnesota.

Janett Gibbs, Family Resource Management Specialist, has been appointed to the Vocational Rehabilitation Independent Living Services Planning Committee. This committee has the responsibility for developing a three-year operational state plan for Title VII funds in Georgia.

Winnie Luffman, Assistant Professor of Home Economics, received the College of Home Economics Outstanding Teaching Award. She was one of 46 faculty members recognized for superior teaching at the University.

Elizabeth Sheerer, Professor of Home Economics, was the recipient of the 1979 award for Superior Service from the Southeastern Council on Family Relations.

Ann R. Willett, who received an Ed.D. with a major in Vocational Education from the University of Georgia, is now head of Home Economics Education at the University of Kentucky.

Aleene Cross, Professor of Home Economics Education, will be heading one of seven Legislative Task Forces for the American Vocational Association which will focus upon reauthorization of the 1976 Vocanal Education Amendments. Her special assignment is Consumer and amemaking Education. Dr. Cross also had an article in the April issue of VocEd, "Charting the course for Consumer-Homemaking Education."

Roy Martin, Professor of Home Economics, joined the department of Food and Nutrition as Professor of Nutrition. Dr. Martin brought with him an active research program directed towards an understanding of the genetic aspects of obesity.

Dan Hobbs, Associate Professor of Home Economics, conducted a workshop on "Family Involvement in Rehabilitation of the Severely Disabled" at the Southeastern Regional Conference for Rehabilitation Counselors and Supervisors.

Sharon Price-Bonham, Associate Professor of Home Economics, completed requirements for Clinical Membership in the American Association of Marriage and Family Therapists. She has also completed the requirements for Certified Sex Educator with American Association of Sex Educators, Counselors, and Therapists.

James Walters, Professor of Home Economics, has served as editor of *The Family Coordinator*. He was also a member of the American Home Economics Association Home Economics Defined Committee.

Mary Lou Dixon, Extension Clothing Specialist, attended a "Clothing and Energy Resources Workshop" at Michigan State University. The workshop focused on limited energy resources, energy conservation, and the impact on clothing requirements.

Carolyn Ashley, Clothing Specialist, presented a seminar on "Selling Sewing Classes," for the American Home Sewing Association Show this spring in Anaheim, California.

Carolyn Joyner, Clothing Specialist, attended a "Clothing for Special Needs Workshop," in Birmingham, Alabama. The conference focused on clothing for the handicapped, elderly, dwarfs, and persons with other disabilities. Ms. Joyner also joined a group of other home economists on a tour of China in which schools, homes, industry, and other the me economics related areas of interest were visited.

va Youngner, University of Georgia Alumna, was named Assistant Director — Home Economics, Cooperative Extension Service. Dr. Youngner replaces Dr. Nan Preas who assumed a position in North Carolina.

#### Students Awards

Hazel and Gene Franklin Scholarship:

Graduate: Julie Ann Thomas, Covington Undergraduate: Pauline Susan Jones, Chamblee

James Coffee Harris Award:

Myra Lynn Fraker, Dalton

Grace Hartley Scholarships:

Graduate: Jill Hayes, Athens Undergraduate: Laurie Scott, Atlanta

Opal Ward Jones Schoarship:

Carol Ann Youmans

College of Home Economics Outstanding Senior:

Terri Amelia King, Marietta

GSHEA Outstanding Senior Award:

Most Outstanding Senior: Bonnie Stephens, Adrian

# Research Proposals Approved for Extramural Funding College of Home Economics

#### Child and Family Development

Brody, Gene H. and Zolinda Stoneman, "Child-oriented Commercials, Family Consumerism, and Food Preferences," USDA/SEA Competitive Grants.

Yang, Raymond, "Intervention Program for High-Risk Parents and At-Risk Children Directed at Prevention of Possible Child Abuse," Appalachian Regional Commission.

#### **Foods and Nutrition**

Berdanier, Carolyn D., "Diet/Hormonal Interactions in Obesity," USDA/SEA Competitive Grants.

Martin, Roy J., "Gestational Diabetes," National Institute of Health.

Martin, Roy J., "Metabolic Regulation of Growth," National Institute of Health.

Martin, Roy J., "Fetal Development and Metabolism in Diabetic Pregnancies," Weight Watchers, Inc.

Martin, Roy J., "Influence of Unsaturated Fatty Acids on Early Growth of Young Animals and Subsequent Life Span," Minnesota Beef Council and National Livestock and Meat Board.

Martin, Roy J., "Nutrient Requirements of Lean and Obese," USDA/ SEA Competitive Grants.

#### Georgia Center — Home Economics Coordinators

Grogan, Wanda and Trudy Cain, "Needs Assessment of Home Economics Teachers," State Department of Education.

Grogan, Wanda, "Domestic Violence in the Home with Focus on Spouse Abuse," Title I.

Grogan, Wanda, James E. Montgomery, and Sandra Shank, "Training Home Economists to Work with the Aged," Title I.

#### Cooperative Extension

Shank, Sandra, "You and Your Aging Parent," Georgia Committee for the Humanities.

# HIGHLIGHTS

published by

Georgia Center for Continuing Education University of Georgia Athens, Georgia 30602

Editor: Wanda J. Grogan
Home Economics Program Specialist

# SILIPOITHOIH

Wanda J. Grogan Room 241–A Georgia Center for Continuing Education University of Georgia Athens, Georgia 30602

Please send address changes or information for HIGHLIGHTS to:

## Summer and Fall Schedule of Activities

Program	Location	Dates
GHEA Leadership Workshop	Macon	July 30-31
Food Sanitation	Cobb County	June 18, 25, July 9
	Athens	September 5, 12, 19
	Macon	October 10, 17, 24
	Brunswick	November 1, 8, 15
Aging Realistically	Athens	October 23-25
School Food Service Supervisors Conference	Athens	October 22–26
Association of Administrators of Home Economics	Atlanta	October 29-November 1

Future issues of HIGHLIGHTS will feature information on outstanding alumni of the College of Home Economics. Please share information about yourself or colleagues with us by sending the following information to Wanda Grogan at the above address. This section will be interesting only if you help.

Name	
Address	
Employer	
Present Position	
Special Awards, Recognitions, Promotions, Professional Involvement, etc.	